

GUINNESS WORLD RECORD HOLDER NA ANG SAN PABLO



Ang West Philippine Sea ay sa Pilipinas – Cong. Amante

SAN PABLO CITY, Laguna - Bilang pangunahin sa 17 kongresista na bumalangkas sa House Resolution No. 192 na nagmumungkahi na ang pamahalaan ay gumawa ng matatag na paninindigan upang maipagtanggol ang West Philippin Sea, at hilingin sa Bansang China na tigilan na ang "hostile and aggressive act" o ang pambu-bully sa Philippine Coast Guard sa sakop ng Philippine water.

Sang-ayon sa mambabatas, dapat paalalahanan ang Bansang China na ang lawak na kinikilalang Philippine Sea ay bahagi ng Philippine Archipelago sang-ayon sa Treaty of Paris of 1898, ang kasulatang naglilipat ng Kapamahalaan sa Kapuluan ng Pilipinas mula sa Pamahalaan ng Castilla sa Pamahalaar

ng Estados Unidos. Na sa paninindigan ito ay dapat magkaisa ang bawat Pilipino. May kasanayan si Congressman Amante na pagbalangkas ng nabanggit na Kapasiyahan sapagkat ang pinag-aralan niya sa kolehiyo ay kurso sa "Foreign Service and Diplor karanasang mag-on-the-job training sa United Nations Headquarter sa New York.



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SAN PABLO CITY SETS GUINNESS The Most People Planting Coconuts Simultaneously (Multiple Venues)

PHILHEALTH ROLLS OUT **OUTPATIENT CANCER SCREENING TESTS**



lated deaths and ease the financial burden on Filipino families, can increase survival rates up

selected patient cancer 📆 a pamamagitan ng bagong screening tests benepisyong ng PhilHealth under its new para sa outpatient cancer YAKAP (Yaman screening, mas pinalawak natin Kalusugan ang akses ng bawat Pilipino sa Program) starting August 14, maagang pagtuklas ng kanser. 2025. Many Filipino patients, PhilHealth Acting President and CEO especially

family breadwinners, face higher risks of premature death from breast. lung, colon, and liver cancer compared to their Asian neighbors. These losses translate to an estimated P35.3 billion in economic impact each year.

Cancer remains one of the leading causes of death in the country, with Globocan 2022 reporting nearly 189,000 new cases and over 113,000 deaths.

According to the World Health Organization, early detection PhilHealth will begin covering to 99 percent for breast cancer

and over 90 percent for cervical cancer. The initiative was announced by

Acting President and CEO -- Dr. Edwin M. Mercado Mercado during

> launch held at the Jose Reyes Memorial Medical Center, one of the accredited cancer screening facilities in the country.

"Sa pamamagitan ng ba gong benepisyong ng PhilHealth para sa outpatient cancer screening, mas pinalawak natin ang akses ng bawat Pilipino sa maagang pagtuklas ng kanser. Hindi na kailangang mag-atubili SUNDAN SA P. 3

BY PAOLO MANUEL C. FULE

n response to President Ferdinand R. Marcos Jr.'s challenge for Filipinos to plant millions of coconut seedlings throughout the country as stated in his recent State of the Nation Address, thousands of citizens of San Pablo City in Laguna province gathered early morning of August 29, 2025 to set a Guinness World Record for the largest number of people planting coconuts simultaneously in multiple venues. Turn to p. 4





THE BOOKS. Mayor Najie Gapangada receives from Swapnil Dangarikar the official certificate from Guinness World People Planting Coconuts Simultaneously (Multiple Venues)' wherein around 10,000 coconut seedling were planted in 11 different barangays. (TWH NEWS TEAM)

BY ROSELLE R. AQUINO

STA. CRUZ, Laguna — Gov. Sol Aragones demanded accountability from the contractor responsible for the Laguna University building's substandard construction, endangering the safety of more than 7,000 students and faculty members.

She personally inspected the university after cracks were discovered in one of its buildings.

The structure, built in 2011 and was turned over to the university in 2017, was found to have serious structural issues.

"I want to know who the contractor of this building is," Gov. Aragones said during her visit.

"First of all. I am not happy about this because the students Turn to p. 4

NEW ERA BEGINS: CALTEX BREAKS GROUND FOR NEW SERVICE STATION



SANTA ROSA CITY, Laguna-MPCALA Holdings Inc., concessionaire of the Cavite-Laguna Expressway (CALAX) and a subsidiary of Metro Pacific Tollways Corporation, has been awarded two Green Awards this year, marking its third consecutive year of recognition in the esteemed program organized by the

City Government of Santa last August 15, 2025.

The Santa Rosa City Green Awards is a platform that acknowledges outstanding efforts and initiatives in promoting sustainability and environmental protection. In this year's Green Awards, MPCALA received two notable recognitions, one of which

Sustainable Development Partner; this award is presented to organizations and individuals who have actively contributed to Santa Rosa City's environmental conservation efforts and have demonstrated meaningful participation in its green programs.

TURN TO P. 3

CALTEX CALAX GROUNDBREAKING CEREMONY (From left to right) Andrew E. Dimaano, Vice President of Treasury, Risk, Insurance, and Commercial Management of MPT South; Arlette V. Capistrano, Vice President of Communication and Stakeholder Management of MPT South; Larry Tiglao, CHEVRON Retail Fuels Manager; Pongtorn Tangmanuswong, CHEVRON General Manager; Roel Faustino, Lubricants Sales Manager; Raphael Melo, Asset Optimization Lead; LTC Richard Antonio M. Tamayo, President of Perpetual Help Medical Center Las Pinas; and Arnold Jose P. Tamayo, Property





IMPULSES

-- Herman M. Lagon --

The quiet beauty of math

There is something profoundly elegant about mathematics that slips past classroom walls, hides beneath the bark of trees, swims through ocean waves, and hums in your favorite song. Math may not use flowery words, moves, or paint, but it speaks through patterns, rhythm, and quiet logic. Einstein called it "the poetry of logical ideas"—and rightly so. What once felt like drills and confusion is really a subtle magic that helps us make sense of a messy world.

ndeed, there is elegance in simplicity, and beauty in clarity. Mathematics at its best is not ornate but honest. Like a bamboo hut that stands firm despite storms, its strength is in proportion and balance.

Shakuntala Devi, India's celebrated mental calculator, once declared, "Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers." This may sound overwhelming to the mathematically averse, but it is less of a warning and more of an invitation. It means that the world can be understood, even appreciated, through numerical patterns. Look

around any sari market in Super or the tag prices in Calle Real—each calculation, discount, and peso count is an act of mathematics. The jeepney or bus fare matrix? A living arithmetic puzzle, practiced daily by millions.

What elevates mathematics from a tool to an art is not merely utility but its music—its rhythm and order. Mathematician James Joseph Sylvester phrased it best: "Mathematics is the music of reason." Listen closely, and you will find harmony in well-balanced equations, cadence in geometric symmetries, and tempo in data that pulses through our economic and social lives. Like a Dandansoy that crescendos with feeling, a good mathematical argument builds with careful logic, ends with a satisfying resolution, and sometimes, even leaves you breathless.

Graduate School Dean Charles Schlicter's line, "Go down deep enough into anything and you will find mathematics," resonates in everyday life. Think of weaving a banig, cooking with the right proportion of ingredients, or arranging chairs for a barangay meeting. At some point, you are subconsciously applying patterns, counting, estimating, balancing—math in its most practical form. Even the way we navigate traffic or haggle in markets involves game theory, optimization, and strategy, all rooted in math. It is there if you look hard enough, or simply long enough.

Hungarian-born American probabilist Paul Halmos offered a grounded truth when he said, "The only way to learn mathematics is to do mathematics." In class-rooms, this hits home. You cannot merely read about trigonometric identities or derivatives; you have to engage with them. I remember a senior high student who struggled with math until she began teaching her younger sibling—translating theorems into Hiligaynon. Suddenly, the abstractions made sense. The more she explained, the more she owned the logic. Practice made her fluent not only in math but in confidence.

German philosopher and mathematician David Hilbert reminded the world, "Mathematics knows no races or geographic boundaries; for mathematics, the cultural world is one country." This is true in the truest Filipino sense: math bridges our fragmented islands. Whether one is solving equations in Batanes, estimating harvests in Bukidnon, or budgeting in Davao, the numbers speak the same language. In an era where nationalism is often misplaced, mathematics quietly models unity: every fraction a shared experience, every integer a point of connection.

An anonymous mathematician once said, "Life is a math equation. In order to gain the most, you have to know how to convert negatives into positives." It sounds cliché, but for many learners who see math as their weakest subject, this speaks hope. It reminds us that struggle is part of the solution. That frustration, much like variables, can be transformed. A failed quiz? Just one step in solving for the unknown. For teachers, this quote is both an encouragement and a strategy—each mistake becomes an opportunity for insight, and a minus can be redefined as a turning point.

Einstein, again, brings humanity to the discipline: "Do not worry about your difficulties in mathematics. I assure you, mine are still greater." Coming from one of the brightest minds of all time, this gives room for grace. Students often feel shame when they do not "get it" immediately. But if the genius who theorized relativity had mathematical hiccups, then struggling is not only normal—it is part of the creative journey. Perhaps the true genius lies not in knowing the answer but in being willing to wrestle with the problem.

Low-dimensional topology pioneer William Paul Thurston claimed, "Mathematics is not about numbers, equations, computations, or algorithms: it is about understanding; it is about critical thinking." This has vital implications for the way math is taught and learned. In our classrooms, there is still a tendency to reward memorization over meaning. But the moment students begin to see why theorems work, how formulas connect, and what those numbers represent, math becomes less a burden and more a revelation. Understanding and critical thinking are what makes the subject beautiful, relevant—and even liberating.

Modern functional analysis founder Stefan Banach once proclaimed, "Mathematics is the most beautiful and most powerful creation of the human spirit." Consider Euler's Identity, $e^{(i\pi)} + 1 = 0$, which unites five of mathematics' most important constants in one sublime expression. Or the Golden Ratio, which shows up in sunflowers, seashells, honeybees, pine cones, Santo Niño portraits, and even dad bods. These are not coincidences. These are testimonies. They show that math does not merely solve problems—it interprets the universe, quietly and profoundly. And that makes it beautiful.

Indeed, there is elegance in simplicity, and beauty in clarity. Mathematics at its best is not ornate but honest. Like a bamboo hut that stands firm despite storms, its strength is in proportion and balance. The Filipino soul—resilient, resourceful, and grounded—naturally resonates with this kind of beauty. Perhaps that is why some of our best teachers, often working with chalk on fading green boards in underfunded rooms, can still light the spark of math's wonder with just a story, a riddle, or a real-life

If you ask students when they last felt math was beautiful, most would hesitate. Many were too busy fearing red marks to see its poetry. But if you ask a teacher, a tricycle driver solving fuel expenses, or a Super vendor doing mental division, they will tell you in their own way—math is life's quiet partner. It guides, reveals, and teaches. And if you stay long enough in its company, it starts to hum. To echo. To sing. Indeed, mathematics is not merely a subject. It is a language that describes both the world and the wonder within it.

Doc H fondly describes himself as a "student of and for life" who, like many others, aspires to a life-giving and why-driven world grounded in social justice and the pursuit of happiness. His views do not necessarily reflect those of the institutions he is employed or connected with.

WANTED: FASTER, CHEAPER INTERNET

Our electric power system may not be perfect, but at least we know how it works: there's production (like power plants), transmission (via the national grid), and distribu-

tion (done by Meralco or the electric coops). That structure—clear and layered—helps us manage power more efficiently.

Now, can we do something similar for the internet?

Today, the internet is arguably as essential as electricity. Yet it remains expensive, slow, and—ironically for the

digital age—inequitable. The urban rich get fiber connections, while many in the provinces struggle with unreliable or nonexistent service. But the problem isn't just about infrastructure; it's also about structure.

Who owns the internet highway?
Let's use the power sector as a metaphor. If we think of telcos like Globe,
PLDT, and Converge as the National
Power Corporation of the internet world,
they are doing more than just transmit-

ting. They're also controlling the last mile, the way Meralco controls your neighborhood's electricity lines.

But here's the rub: in the old days, Value Added Networks (VANs)—the backbone providers—stayed out of the Value-Added Services (VAS) or "last mile" business. Smaller Internet Service Providers (ISPs) used to serve the final leg, connecting homes and offices. That model was more inclusive and encouraged competition.

Now, the telcos are doing both: controlling the backbone and the last mile. And as they grow, smaller ISPs get squeezed out, unable to compete in a market where access to the core infrastructure is monopolized or too costly. Why the government needs to step in?

Let the government build and own more of the internet backbone.

Think of it as building a public internet superhighway. The more lanes we build—meaning more bandwidth capacity—the faster and cheaper our internet becomes. And unlike roads, where land is finite, digital bandwidth is expandable. This isn't theory. This is infrastructure that pays for itself in national productivity.

And why should government intervene? Because the private sector alone will never invest in the far-flung baran-

EDITORIAL

hands of a few big telcos. Let's

or supported by the government, and

open it up to more players—especially

cooperatives and small ISPs.

build a national backbone, managed

gays, or in rural schools, or in mountainside cooperatives. It's not profitable. But the state can—and should—step in where markets fail.

Let's rethink public access.

Here's another idea. Just as private bus companies can use our highways for free, why not let telcos use government-owned internet backbones freely, under certain conditions?

If they benefit from public infrastructure, they must

also create space for smaller ISPs and cooperatives on the last mile. It's not unreasonable. In fact, it's a form of digital

public roads, open your doors to more passengers.

We already have electric cooperatives operating in areas where private distributors don't bother to go. So,

franchise fairness. If you want to run on

here's a challenge: Why not empower these same coops to become ISPs?

With a bit of training, equip-

ment, and incentives, these grassroots institutions could be transformed into last-mile digital heroes—bringing internet to schools, farmers, fisherfolk, and remote communities. This isn't just about internet access. This is poverty alleviation through digital inclusion.

Cooperatives have boots on the ground. They have organizational structure. Most importantly, they have members who want better lives. What they don't have—yet—is the digital backbone to plug into.

If we continue with the status quo, we'll stay stuck with high internet prices, especially outside major cities; low speeds, especially in rural and underserved areas; digital inequality, where only urban centers benefit; missed opportunities for digital jobs, education, and innovation; and all this despite living in the "social media capital of the world."

Let's not put all the power in the hands of a few big telcos. Let's build a national backbone, managed or supported by the government, and open it up to more players—especially cooperatives and small ISPs.

Because just like electricity changed the 20th century, cheap and fast internet will define who thrives in the 21st.

Let's give the people the tools to connect, compete, and create. Not someday—today.

Recycling in the Philippines is failing

Let's stop pretending that recycling in the Philippines is succeedng.

Despite years of government campaigns urging residents and businesses to segregate their waste, we're still burying recyclables in landfills or leaving them to rot in dumpsites. Why? Because even when we segregate, the system doesn't work. Garbage trucks still mix everything together. Segregated bags from households and commercial buildings

eople are willing to recycle. Businesses are willing to cooperate. But government must lead with action, not slogans. Otherwise, we're just throwing more good intentions into the same landfill.

often end up thrown into the same compactor, as if the effort was all for show. What's going on

here?

We keep encouraging people to segregate their trash, but there's no real infrastructure to sup-

port it. It's like asking someone to save water in a house with broken pipes. We've heard the phrase many times— "Reduce, Reuse, Recycle"—but how can people recycle when the government doesn't even honor their efforts?

I see it in my own neighborhood. I separate paper, plastics, bottles—but when the garbage truck arrives, the collectors lump it all together. What message does that send to the public? That their effort is useless. So, they stop trying.

And that's the real tragedy: we've taught people to recycle, but we haven't built a system to make it succeed.

It's time, Mr. President, for a new approach—or more accurately, a return to a time-tested, community-led solution that worked: buying recyclables by the kilo.

Remember the days when itinerant junk buyers roamed neighborhoods buying old newspapers and glass bottles? That grassroots system wasn't just nostalgic—it was functional. And more importantly, it created incentives. People recycled not out of guilt, but because there was value in it.

Let's bring that system back—but with modern tweaks. Scrap paper, plastics, and bottles now come in all shapes and sizes, so let's stop pricing them by the piece or by the inch. Buy everything by the kilo. Make it straightforward, fair, and efficient.



Kalking4U

-- IKE SENERES --

Yes, Mr. President, recyclables are not garbage—they are untapped economic assets. The only difference between "trash" and "resource" is collection and recovery. If recyclables are not picked up, they rot. If they are collected, they become raw materials again.

This is where Materials Recovery Facilities (MRFs) should come in. But let's be real—most barangays are not operating MRFs, despite the law requiring them to do so. Some blame funding, others cite land availability, but ultimately, it's about enforcement. And let's face it, DENR can't do this alone.

This is where the DILG must step in. After all, barangays are under their purview. The DENR can provide technical guidance, but only DILG can compel local compliance. In Metro Manila, perhaps MMDA should take the lead.

So, Mr. President, here's my modest proposal:

- $1. \;$ Issue an Executive Order mandating all barangays to operationalize their MRFs within a set timeframe.
- Direct DILG to monitor implementation and assist with enforce-
- ment.
 3. Incentivize the junk shop economy by helping these micro-en-

terprises get access to micro-financing and legal protections.

Let me emphasize that last point: junk shops are key players in the recycling ecosystem, yet they are often the most neglected. Under-capi-

recycling ecosystem, yet they are often the most neglected. Under-capitalized and under-protected, they are sitting ducks for corrupt local officials who see them not as partners but as prey.

Why not treat them as allies instead?

If we strengthen the business of junk shops—give them credit access, organize them into cooperatives, shield them from extortion—we could build a true circular economy from the ground up.

What's missing isn't awareness. It's execution. People are willing to recycle. Businesses are willing to cooperate. But government must lead with action, not slogans. Otherwise, we're just throwing more good intentions into the same landfill.

As the saying goes: "Insanity is doing the same thing over and over again and expecting different results." It's time to stop the insanity. Let's go back to what works—and build something smarter from there.

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Lowbat Na

ISINULAT NI EARL JOHN FLORES

Sa apat na sulok ng aking silid, ako'y nakatulala. Hindi lang agiw ang naipon sa gilidpati pagod, pati bigat ng mga araw na walang pahinga.

Sinimulan ko ang paglilinis... pero napagod agad. Isang walis pa lang, parang lumaban na sa mundo. Umupo ako sa camping chair, pawisan, nilalamig, at bigla kong tinanong ang sarili:

> "Ano ba 'tong nararamdaman ko? Lagnat ba 'to? Kaartehan lang? O nabigla lang ako sa bigat ng lahat?"

> > Pero hindi. Wala sa mga nabanggit.

Namatay na pala ang kandilayung kandilang dati, sobrang liwanag. Hindi ko naman hinipan. Kusang nawala. At ngayon, tanong ko: Paano ko pa 'to masisindihan ulit?

> Mahangin kasi. Nanginginig pa . Nalilito rin.

Andami kong dahilan. Pero alam ko, may paraan. Kaya lang... wala eh. Tinamad akong kumuha ng posporo. Hinayaan ko na lang. Tinitigan ko na lang. Hanggang sa tuluyan na akong lamunin ng katahimikan.

> At doon ko napagtanto: Hindi pala kandila ang problema. Ako pala. Pagod lang. Nawalan ng gana. Hinayaan kong mamatay ang apoy.

Pero teka-Hindi naman masama mapagod. Hindi kasalanan ang mawalan ng gana. Ang mali, kung titigil ka na. Kasi gaya ng kandila, may oras talagang mamamatay ang apoy. Pero hindi ibig sabihin, wala ka nang ilaw bukas.

Ang apoy, puwedeng sindihan ulit. Ang gana, puwedeng ibalik. At ang pagod, palatandaan lang na tao ka, humihinga ka, at kailangan mo ring magpahinga.

Kaya kapag dumating ang oras na maghanap ako ng posporomas magiging matatag ang liwanag. Mas ramdam ang init. Mas may saysay ang apoy

At kahit mawalan ng sindi ang kandila, huwag mong kalimutan: ikaw pa rin ang posporo ng sarili mong liwanag.

Lunas sa katiwalian: Tunay na paglilingkod at pagmamahal

Ito ang tinukoy ni Bohol 2nd District Representative Maria Vanessa "Vanvan" Cadorna Aumentado ng makapanayam ng inyong lingkod sa kanila mismong tahanan sa lalaw-

Tinukoy ng butihing mambabatas na kung gusto ng sino man na malutas ang anumang nagaganap na korapsiyon, dapat ay unahin muna ang pagsasaayos ng sarili. Pangalawa ay isapuso ang lantay na paglilingkod sa bayan at pagmamahal sa mamamayan na hindi matatawaran.

Magagawa ito ayon kay Cong. Aumentado kung isasantabi ang pagka-makasarili at pagpapahalaga sa sariling kapakanan.

Habang tunutupad ang tungkulin sa bayan dapat ay wag ring makaligtaan ang malasakit, pag-aasikaso at pag-aaruga sa sariling pamilya na pangunahing pundasyon ng alin mang matagumpay, maunlad at matatag na pamayanan.

Habang aking kausap, napuna ko ang kasyusan ng pamilya Aumentado pati na ang kabuuan ng maayos na namamantineng tahanan ng pamikya Aumentado na nagpapatutoo sa mga una nitong naipahayag.

Ang kanya namang magandang relasyon sa nga kasambahay ay bakas na bakas sa ganda ng pakikitungo at pati na rin sa mga tawag nitang ate, nanay, kuya sa mga kawaksi sa bahay

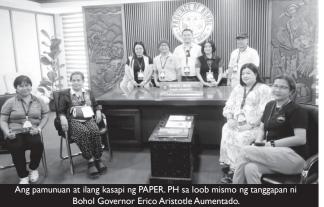
May mga sumabay sa amin sapagkain na sabi'y mga kaibigan, kamag anak at kapitbahay. Di madaling pagsama-samahin ang ganuong mga samu't saring panauhin kundi likas ang pagiging tao at makonsiderang ugali at pananaw ng mayuming kon-



DIVINE DOCTOR

-- DIVINE L. REYES, PHD/DD --

Ang kanya namang magandang pananaw sa pampublikobg paglilingkod ay bibigyang daan po ng pitak na ito sa mga susunod na labas ng pahayagang ito na ang founder av ang advider ng PAPER.PH o Prime Alliance of Publishers Editors and Reporters na ang buong pamunuan ay aking nakasama sa paglalakbay at pagbisita sa Lalawigan ng Bohol.





NEW ERA BEGINS: CALTEX BREAKS GROUND FOR NEW SERVICE STATION AT CALAX ...from p. 1

MPCALA earned this recognition for its outstanding commitment to foster a culture of conservation and environmental awareness in the areas it serves through programs like clean-up drives, various tree planting activities, and its active participation in the annual International Coastal Cleanup.

The second award presented to MPCALA was the Earth Hour Advocate Award, recognizing its utmost support in the global Earth Hour movement, encouraging communities and industries along the expressway corridor to participate in the global movement to switch off non-essential lights, underscoring the importance of energy conservation in mitigating the effects of climate change.

In addition to these, MPCALA continues to advance sustainable and eco-friendly practices in infrastructure development, living up to its vision of being a green expressway. Its design integrates renewable energy technologies and nature-inspired features that not only reduce its carbon footprint but also provide a more

pleasant driving experience.

"These recognitions are more than just honors; they are responsibilities that we embrace wholeheartedly. These awards affirm the direction we've taken in ensuring that our expressways are built with the environment and the communities in mind. It fuels our motivation to further expand our sustainability efforts, to craft even more impactful programs that care for the environment while uplifting lives," said Arlette V. Capistrano, Vice President for Communication and Stakeholder Management, MPCALA Holdings Inc.

"We recognize everyone's vital contributions through the Gearing towards Robust, Engaging, and Eco-friendly Nature or "GREEN" Awards, spearheaded by our CENRO. These awards are not just accolades; they are a celebration of your commitment to sustainable development. As we mark the 21st year of Santa Rosa as a city, and the 14th anniversary of the enactment of our environment code, we also embrace this year's green awards theme: Ending plastic



Management of MPT South; Pongtorn Tangmanuswong, CHEVRON General nager; and Dr. Anthony Jose M. Tamayo, President of University of Perpetual Help System DALTA, engage in a meaningful discussion during the gro

pollution: #beatplasticpollution. Plastic pollution remains one of the most pressing environmental challenges of our time. It threatens not only our ecosystem, but also our health and future generations. As a city that values innovation and responsibility, we must lead by example, in reducing plastic waste through policy, practice, and personal action. Environmental protection is not a responsibility of

a few. It is a shared duty. Every act of conservation, every step away from single-use plastics is a step towards a greener and healthier future." said Hon. Arlene B. Arcillas, City Mayor of the City of Santa Rosa, Laguna.

The awards received by MPCA-LA Holdings Inc. reflect its continued efforts to promote sustainability not only within its expressway but also in the communities it serves

PhilHealth rolls out outpatient cancer screening tests

na agarang magpa-screening da hil ang serbisyong ito ay para sa lahat." said the APCEO.

...from p. 1

This initiative directly strengthens cancer prevention and promotes early detection nationwide, fully supporting President Ferdinand R. Marcos Ir.'s vision for Universal Health Care, as highlighted in his recent State of the Nation Address.

The new benefit packages cover essential screening procedures for breast, lung, liver and colorectal cancers, with the following rates:

- Mammogram at Php 2,610
- · Breast Ultrasound at Php 1,350 · Low Dose Chest Computed Tomography (CT) Scan at Php
- Alpha Fetoprotein at Php 1,230 • Liver Ultrasound at Php 960
- Colonoscopy at Php 23,640 To avail of this benefit. members must first register at their chosen PhilHealth YAKAP Clinic. Following a thorough medical assessment, their primary care doctor will then issue a valid prescription to refer the member to an accredited cancer

screening facility. For more details on benefits and services, members may call PhilHealth's 24/7 touch points at (02) 866-225-88 or at mobile numbers (Smart) 0998-857-2957. 0968-865-4670. (Globe) 0917-1275987 or 0917-

DAVELARA GAMING CORPORATION STL WINNING NUMBERS



	1st Draw	2nd Draw	3rd Draw	
08/25/2025	33/35	19/36	30/31	
08/26/2025	26/06	09/16	01/04	
08/27/2025	32/02	35/38	14/12	
08/28/2025	09/38	15/36	03/08	
08/29/2025	25/33	27/12	32/12	
08/30/2025	26/36	03/11	13/03	
08/31/2025	15/28	15/35	13/09	



NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **GREGORIO CELIS MONTES** and **JUANA GARCIA MONTES**, who died on June 23, 1986 and Oct. 25, 1986, respectively, at Pakil, Laguna, left real properties with improvements located at Brgy. Burgos, Pakil, Laguna covered by Tax Declaration No. 20-0004-00826 and Tax Declaration No. 20-0005-00228 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 296; Page No. 61; Book No. 2; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **SIMEON SAGRITALO** and **EMILIA SAGRITALO**, who died on Sep. 2, 1994 and Aug. 26, 1980, respectively, at Pakil, Laguna, left a parcel of land located at Rizal, Pakil, Laguna covered by Tax Declaration No. 20-0004-00771 which had been the subject of an "Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. Norlito C. Briones as per Doc. No. 417; Page No. 84; Book No. VIII; Series of 2023.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF ADDENDUM TO THE DEED OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that Teresita S. Salem, Rodolfo Isorena, Roberto Isorena and Rodelio Isorena had executed an ADDENDUM TO THE EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS in relation to the Deed of Extrajudicial Settlement With Waiver of Rights of deceased SIMEON SAGRITALO and EMILIA SAGRITALO over a parcel of land located at Rizal, Pakil, Laguna covered by Tax Declaration No. 20-0004-00771 before Notary Public Atty. Norlito C. Briones as per Doc. No. 417; Page No. 84; Book No. VIII; Series of 2023.

The said addendum was executed before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 160; Page No. 33; Book No. III; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late MARCOSA PASANG REYES and DOMINGA IGLESIA REYES, who died on June 1, 2019 in Santa Cruz, Laguna and April 26, 1993 at Quezon City, respectively, left a parcel of land located at Brgy. Rizal, Pakil, Laguna covered by TD No. 20 0004 00122 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. Ronald L. Solis as per Doc. No. 130; Page No. 27; Book No. 130; Series of 2022.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **RODRIGO MACABASCO ASINAS**, who died on May 15, 2019 at Pasay City, left a real property with improvements located at Brgy. Rizal, Pakil, Laguna covered by Tax Declaration No. 20-0004-00776 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 244; Page No. 50; Book No. III; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **PEDRO ESPINA PASANG and JULIANA RANCE**, who died on Feb. 18, 1990 and March 18, 1951, respectively, at Pakil, Laguna, left a real property with improvements located at Brgy. Rizal, Pakil, Laguna covered by Tax Declaration No. 20-0005-00275 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 304; Page No. 62; Book No. III; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **SERGIO GALING HERNANDEZ** and **ANITA SALEM HERNANDEZ**, who died on July 21, 2007 at Sta. Cruz, Laguna and Feb. 20, 2009 in Pakil, Laguna, respectively, left a property located at Brgy. Rizal, Pakil, Laguna covered by TD No. 20-0004-01792 which had been the subject of an "Extrajudicial Settlement With Waiver of Rights" among their heirs before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 154; Page No. 32; Book No. 01; Series of 2024.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **JOSE BALISBISAN SAGRITALO**, who died on Sep. 21, 2005 in Pakil, Laguna, left a real property with improvements located at Brgy. Rizal, Pakil, Laguna covered by Tax Declaration No. 20 0004 015393 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among his heirs before Notary Public Atty. John Marvin T. Tayabas as per Doc. No. 92; Page No. 20; Book No. II; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025



San Pablo City sets Guinness world record

...from p. 1

This was announced by Guinness adjudicator Swapnil Dangarikar who travelled all the way from India to observe, verify, and certify the official world record attempt.

"Around 10,000 coconut seedlings were planted in 11 rural barangays. The event marks the beginning of a massive three-year coconut planting program to restore San Pablo City's standing as the number one coconut-producing area in the Philippines," quipped San Pablo City Mayor Najie B Gapangada Jr.

He further clarified that many of San Pablo's coconut trees are already decades old, making replanting necessary for a healthy environment.

He also linked the effort to future economic growth, particularly with the planned expansion of the San Pablo City-based Franklin Baker Company (FBCo), recently acquired by businessman Manuel V. Pangilinan. FBCo, a 100-year old company, will need a huge supply of coconuts.

"Mr. Pangilinan has assured me that the factory will be relocated to a new agri-industrial zone to be established in San Pablo to expand its operations. This means more jobs for San Pableños. Thus, planting coconuts today will translate into employment opportunities tomorrow," the mayor explained.

The effort was spearheaded

by two volunteer groups: the Maiba Naman Movement and One San Pablo Movement, headed by Ernie Empemano, in partnership with the City Government.

The Guinness World Record attempt coincided with the nationwide observance of National Coconut Week, celebrated every last week of August in the Philipnines

"Tayo po ay magtulong-tulong at ipakita po natin sa mundo na ang San Pablo City ay may mga katangian. We are selling the character of the City--very polite, understanding, and willing to help. Dito na kayo sa San Pablo. Halina na kayo at dito mag negosyo. Lugar na pinagpala at lugar na bukas para sa mga negosyante", the good Mayor added in his second Meet the Press held at PLSP library right after the tree planting activity.

The event also drew support from local and provincial leaders, including Governor Sol Aragones (represented by Vice Mayor Antonio Aurelio), Vice Governor Atty. JM Carait, Board Members Karla C. Adajar-Lajara and Jigcy Pecaña Ir., City Councilors John Adaiar, Carmela Acebedo, Richard Pavico, and Gel Adriano, as well as Mr. Philip C. Young Special Assistant to the Secretary of Dept. of Agriculture, Regional Director Bibiano C. Consibido Jr. of PCA Region IV-A and Provincial PCA Manager Warren De Guzman. (With report from CIO Rolly Inciong)

Gov. Aragones finds Laguna University unsafe...from p. 1

are in danger—these are lives at stake." she stressed.

Provincial Administrator Jerry Pelayo confirmed that cracks were visible throughout the building, adding that the structure showed "swing movement" even when there were no earthquakes.

The school stopped using the building in April 2025 after the problems were discovered.

According to Pelayo, the provincial government wrote to the contractor regarding the matter, but the reply was, "We don't know about that project. Our license was just used."

Shockingly, there are no ex-

isting records or documents for the building's construction.

Gov. Aragones emphasized the risk of tragedy if the problem were ignored.

"Imagine the worst-case scenario, that there could be casualties. Remove and hold accountable those who must be held accountable," she declared, announcing that the \$\mathbb{P}68\$-million facility would be demolished.

She further noted that the demolition would not end the issue.

"This is not the end of the matter. Those responsible for this faulty construction will be held fully accountable," Aragones said, vowing legal action and investigations to ensure the contractor and any officials involved face consequences for negligence.

The governor also highlighted the effect of the unsafe building on students' education. "Half of them are attending face-to-face classes while the others are online. Imagine the impact of that?" she pointed out.

Addressing the contractor directly, she said, "To the contractor of this project, I want to speak with you. You must answer for this and explain to us why this happened."

She also issued a stern warning to anyone hiding documents.

"To all those hiding the papers, bring them out, because we will not stop until we find out who is responsible for this," she warned.

The surprise inspection underscored the provincial government's commitment to student safety and accountability. With demolition of the hazardous building set in motion, Gov. Sol Aragones made it clear: negligence and corner-cutting will not be tolerated, and those at fault will face strict consequences both legally and administratively.

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH SALE OF PORTION OF A PARCEL OF LAND

NOTICE is hereby given that the late **ROMEO DE GUZMAN**, who died intestate on May 2, 2012, left a parcel of land covered by Transfer Certificate of Title No. T-13219 which had been the subject of a "Deed of Extrajudicial Settlement of Estate With Sale of Portion of a Parcel of Land" among his heirs before Notary Public Atty. Lorna D. Ruba as per Doc. No. 382; Page No. 77; Book No. 43; Series of 2025.

TWH - Aug. 20, 27 & Sep. 3, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH DEED OF ABSOLUTE SALE

NOTICE is hereby given that the late **FRANCISCO MAGNAYE** and **FRANCIA BABOR-MAGNAYE**, who died on June 15, 1986 and May 31, 2012, respectively, at Naga City, left a parcel of land embraced under Tax Declaration No. 11-0006 06989 and Property Identification No. 023-11-0006-42-54 situated in Brgy. Bayog, Los Baños, Laguna had been the subject of an "Extrajudicial Settlement of Estate With Deed of Absolute Sale" among their heirs before Notary Public Atty. MArimar T. Nieto as per Doc. No. 31; Page No. 8; Book No. 12; Series of 2025.

TWH - Sep. 3, 10 & 17, 2025

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH SIMULTANEOUS SALE

NOTICE is hereby given that the late **AVELINO DEBLOIS**, who died on Aug. 31, 2015, left a parcel of land with improvement which he co-owned, situated at Brgy. Malitlit, Sta. Rosa, Laguna covered by Transfer Certificate of Title No. T674723 which had been the subject of an "Extrajudicial Settlement of Estate With Simultaneous Sale" among his legal and compulsary heirs before Notary Public Atty. Donato C. Manguiat as per Doc. No. 286; Page No. 03; Book No. XVI; Series of 2024.

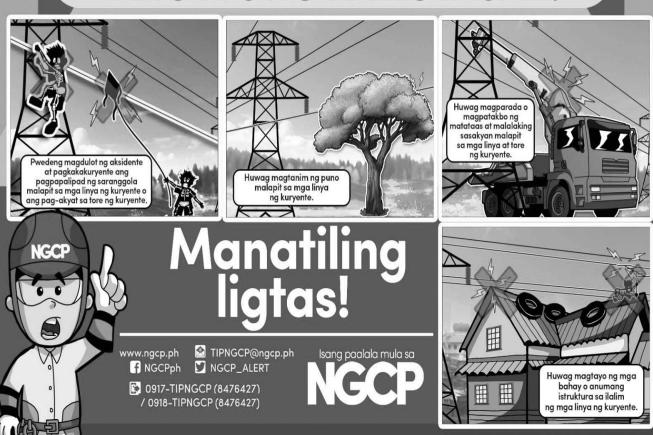
TWH – Aug. 20, 27 & Sep. 3, 2025

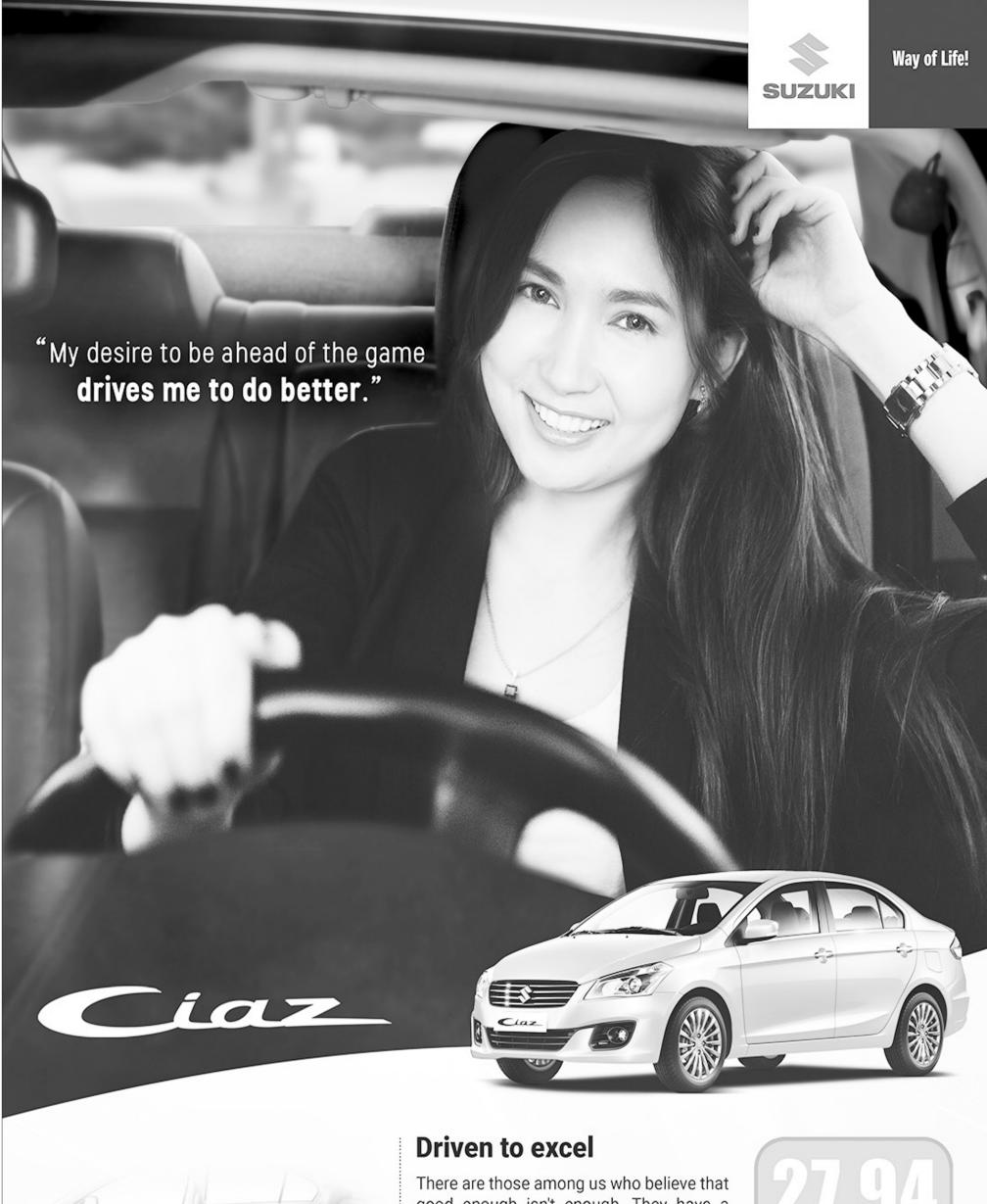
NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **ROLANDO SOBREPEÑA MANALAOTAO**, who died on Aug. 7, 2018 in Santa Rosa City, Laguna, left a parcel of land located at Block 71 Lot 36, Phase 4, Laguna Bel Air 2, Brgy. Don Jose, City of Santa Rosa, Laguna which had been the subject of a "Deed of Extrajudicial Settlement of Estate With Waiver of Rights" among his heirs before Notary Public Atty. Andrew G. Lanzuela as per Doc. No. 294; Page No. 60; Book No. 3; Series of 2025.

TWH - Aug. 20, 27 & Sep. 3, 2025

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KAPIHAN SA BIR REGION 9B SA SM CITY SAN PABLO



NI RUBEN E. TANINGCO

SAN PABLO CITY, Laguna – Maayos na naisagawa ang Kapihan na tinangkilik ng Bureau of Internal Revenue-Region 9B (LaQueMar) rito noong nakaraang Huwebes, Agosto 28, na ginanap sa atrium ng SM City San Pablo sa koordinasyon ng Philippine Information Agency-Laguna Provincial Office.

Itinampok dito ang pagka-pagulat ni (OIC) Regional Director Michael Remir H. Macatangay ng mga naipatupad at ipatutupad pang mga itinakdang gampanin ng kawanihan sa mga Lalawigan ng Laguna, Quezon, at Marinduque na binubuo ng anim (6) na Revenue District Office sa paglikom ng mga tamang buwis sa pamamaraang umaalinsunod sa tagubilin ni BIR Commissioner Romeo D. Lumagui Jr. na nagsasabing "sa tamang buwis, pag-asenso'y mabilis."

Si PIA Information Center Manager Christopher M. Hedreyda ang aktwal na naging coordinator ng pagpupulong, samantalang si Maine Odong ang naging host/moderator ng talakayan.

Natalakay rin ni Director Macatangay ang mga isinasagawang pagsusuri sa mga bahay kalakal sa rehiyon; pagsugpo sa paglaganap ng mga artikulo ng kalakalan na walang kapahintulutan, at mga paggawaang hindi nakarehistro sa pamahalaan; at panghahabol sa mga tax evader o mga umiiwas magbayad ng tamang buwis, na ang kanilang mga pagkilos ay malinaw at hayagan o transparent.

Ang "Kapihan" ay isang inisyatibo ng Presidential Communications

Office (PCO) sa pamamagitan ng Philippine Information Agency (PIA) upang maipaunawa sa lahat ang mga gawain ng iba't ibang ahensya o tanggapan ng pamahalaan na ang pagkilos ay hayagan upang ganap na maakit ang pagtitwala ng mga mamamayan sa pamahalaan.

Ang kapihan ay naging isang magandanag pagkakataon upang mapasalamatan ni Regional Director Michael Remir H. Macatangay ang mga local mediamen at newsweekly publisher sa kanilang tulong upang maunawaan ng karaniwang mamamayan ang mga tuntunin at alituntuning ipinatutupad ng Kawanihan ng Rentas Internas, sapagkat ang pagbabayad ng tamang buwis ay marangal na pagmamalasakit at pag-ibig sa sarili, sa pamilya, at sa bayan

The Wednesday Bernard Remail: heraldgroup 96@gmail.com ONE OF LAGUNA'S OLDEST AND MOST TRUSTED WEEKLY NEWSPAPER

VOL. 44 NO. 42 / SEPTEMBER 3-9, 2025 / LAGUNA PROVINCE & CALABARZON / P12.00 • ISSN: 2599-3984

MPBL All-Star starter Kyle Dominic "Mr. Hotshot" Tolentino joins PBA draft 2025

Kyle Dominic Tolentino, the hot-shooting guard/forward from GenSan Warriors will start for the South All-Stars of the MPBL All-Star Game on September 6, 2025 in Binan, Laguna. Kyle Dominic Tolentino also applied for the 2025 PBA Draft.

Born Kyle Dominic P. Tolentino on September 25, 2001 in New York, USA to Marikina City Councilor Mr. Elvis Tolentino and Ms. Aileen Tolentino, the 6-foot-3 cager is currently playing for Gen San Warriors in the MPBL.

Kyle made waves anew as he scored his 6th Best Player of the Game in the Maharlika Pilipinas Basketball League (MPBL) against Marikina with 30pts, 7 rebounds and 2 steals. Kyle also scored 18 points, 3 rebounds and 3 assists as they pummeled Imus

in MPBL 2025 while against Isabela, he scored 16pts, and 3 re-

He also played in 2021 for the Chooks-to-Go MPBL Invitational Cup held at Mall of Asia Arena for the Marikina Shoemasters team. He won the 2022 NCAA Men's Basketball Championship with the Letran Knights. Kyle's basketball idols in the PBA and NBA are Paul Lee and Golden State Warriors' Klay Thompson. Kyle Dominic P. Tolentino is the son of former basketball player from CSB Blazers and MPBL head coach Marikina Councilor Elvis Tolentino. He is also the grandson of PBA legend Loreto "Ato" Tolentino who earned his moniker Mr. Hotshot during his

Email the author at: paolo-manuelfule@yahoo.com



HILING PARA SA MAAYOS NA BRGY. ROAD AT DAY CARE CENTER



Gener Reyes ng Barangay Perez, Calauan, Laguna kay Congressman Loreto S. Amante noong nakaraang Huwebes ng tanghali upang ilahad ang dalawang resolusyon ng Sangguniang Barangay na humihiling na paunlarin ang barangay road at pagpapatayo ng isang day care center building para sa kagalingan ng may nasa 3,000 residente rito. Bagamat positibo ang naging tugon ng mambabatas, kanyang ipinagunita na bagamat ang lahat ng ito ay maipagkakaloob ng pamahalaan, ay hindi kaagad ito maisasagawa dahil sa kinakailangang ang pondo para sa mga paggawain ay kinakailangang mapasama sa 2026 National Budget, kaya dapat asahang sa taong 2027 na ito maipatutupad. (RUBEN E.

SANTA ROSA, HALL OF FAMER NA SA PAG-IBIG FUND STAR

Kinilala ng Pag-IBIG Fund ang **Pamahalaang Lungsod ng Santa Rosa** bilang **Top Employer in the Government Sector sa South Luzon** sa ginanap na **Stakeholders' Accomplishment Report (StAR)** para sa unang kalahati ng 2025, noong **Agosto 15** sa **Muntinlupa City, Metro Manila**.



Personal itong tinanggap nina <mark>Ms. Cherry Odoño, Department Head ng Santa Rosa Human Resource Management Office, at Ms. Shiela Manuel, City Accountant.</mark>

Ang karangalang ito ay nagpapatunay sa patuloy na kontribusyon at suporta ng Pamahalaang Lungsod ng Santa Rosa sa misyon ng Pag-IBIG Fund na maglingkod at magbigay ng benepisyo sa mga miyembro nito.

Noong 2022, ginawaran na rin ng parehong parangal ang Santa Rosa bilang pagkilala sa pagsuporta nito sa mga programa ng Pag-IBIG, partikular sa pagbibigay sa mga manggagawang Pilipino ng mas madaling access sa savings programs at abot-kayang home financing.







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TO FORTUNE

BY EDRIAN B. BANANIA

In Talon-Talon, Zamboanga City, a community known for its dried fish trade, lives Anabell Gibaga, a 50-yearold entrepreneur whose journey is deeply rooted in resilience and hard

Through dedication and the support she has received along the way, Anabell has transformed the family dried fish venture into a thriving livelihood, proving that with determination and the right opportunities, success is within reach.

Her journey began not with a grand business plan, but with a legacy. "The bulad (dried fish) business was our family's way of living," she shared. It was a livelihood passed down by her parents, a humble venture supported by a single fishing boat and long hours of drying fish under the sun. What began as a means to make ends meet soon evolved into something much bigger.

As the quality of their dried fish gained attention, larger fishing corporations in Zamboanga started to take notice. This marked a turning point. "We shifted from catching to processing. The companies would supply us with the fish, and we'd handle everything else from cleaning to drying to packing," she explained. In just 2–3 days, the raw catch would be transformed into high-quality dried fish, boxed and ready for delivery across Cebu, Davao, and other nearby provinces in Zamboanga.

The demand is steady. Customers, both big and small, remain loyal because of the quality and consistency of the products. "Even with stiff market competition, people keep coming back because they trust our product's quality," Anabell said.

But the journey hasn't always



artnership can turn dreams into reality. Alongside her husband, she proves that

been smooth. "Weather is our greatest challenge," Anabell admitted. Rainy days disrupt the fish-drying process, often requiring them to shift to careful fermenting and freezing methods. Despite these setbacks, the business has continued to grow and persevere through every obstacle.

Anabell's dried fish business offers popular varieties like galunggong (mackerel scad), hasa-hasa (short mackerel), tamban (sardinella), and more. Prices range from under PHP 2,600 to PHP 4,000 per box. Customers can purchase in kilos or bulk, depending on their needs. "Our pricing may vary based on the type of fish," Anabell stated.

on the type of ish, 'Anabell stated.

Behind her success lies another key player, CARD SME Bank, a thrift bank under CARD MRI. In 2011, Anabell became a client, starting with a modest PHP10,000 loan to open a small store. Today, her loan capacity has grown to PHP500,000, which has helped scale her dried fish operations and improve logistics, including the purchase of two vehicles now used for both personal and business needs.

"Success is within reach if you believe in yourself and God," she said. "Also, with the right support system, anything is possible. CARD SME Bank has been part of that journey."

With the success of the business, Anabell was able to send her children to school, and both are now degree holders. One graduated with a degree in Criminology and has since become an entrepreneur, poised to take over the family business in the future. The other is a licensed nurse currently employed in the healthcare field.

What started as a small venture has grown into a livelihood for many. Anabell now employs four regular workers, five laborers, and some on-call staff, most of them from her community and assigned according to their expertise. "It's fulfilling to help others find work," she said with pride.

Located at A.F. Torres Subdivision, Talon-Talon Loop, Zamboanga City, Anabell's business remains a trusted name—committed to providing quality dried fish products and reliable service to her community, suppliers, and loyal customers.

From the salty shores of Zamboanga City to dining tables, Anabell Gibaga's dried fish business tells a powerful story—one of family, faith, and fearless entrepreneurship.