

# NGCP strengthens grid readiness with Annual Blackout Drills

NGCP continues to improve its grid response capabilities in case of large-scale power outages or system disturbances with the conduct of its annual Blackout Drills.

Conducted separately for the Luzon, Visayas, and Mindanao grids, the NGCP-led Blackout Drills aligns the contingency response of every player in the energy sector, particularly the

iness: Strengthening Response Capabilities," the Annual Blackout Drill included both tabletop discussions and practical simulation exercises.

"Through these drills, NGCP can evaluate communication protocols, assess response times, and strengthen coordination efforts. We are able to identify weaknesses, if any, and address TURN TO P. 3





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# 'Balikan ang San Pablo', inilunsad; turismo, lalong pasisiglahin



tary of the Embassy of Japan in the Philippines, Laguna Vice Governor JN

brought the sights, sounds, and spirit of Japan to life through Konnichiwa, Japan, an immersive cultural showcase featuring sakura blooms, iconic photo spots, and enriching traditional experiences — launched in time for the celebration of Japan-Philippines Friendship Day.

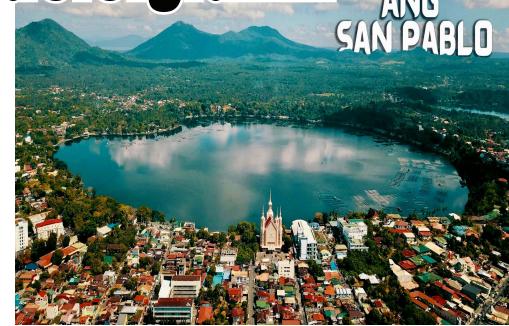
A highlight of the weeklong celebration was the Hel-

SM City Santa Rosa lo! Japan cultural session, held in partnership with the Japan Information and Culture Center (JICC) and SM Supermalls, where students from Polytechnic University of the Philippines - Sta. Rosa Campus were given a unique opportunity to explore Japanese culture, customs, and education opportunities.

To complete their cultural Turn to p. 3

nilunsad ng City Tourism Office Lang kampanyang "Balikan ang San Pablo" na naglalayong hikayatin ang mga San Pableño, saan man sa Pilipinas o sa iba't ibang panig ng mundo, na muling bisitahin ang kanilang lungsod, sariwain ang mga alaala, at muling maranasan ang ganda at sigla ng San Pablo.

Sundan sa p. 3



## LAGUNA LAKE DREDGING SOUGHT TO CURB OVERFLOWING, FLOODING IN LOW-LYING COMMUNITIES



BIÑAN CITY, Laguna-Flooding continues to pose a serious challenge in several coastal barangays of Laguna, weeks after the recent typhoon and southwest monsoon, as climate change worsens and Laguna de Bay struggles to contain excess water.

Representative Arman Dimaguila of the Biñan City Lone District pushes for the dredging of Laguna Lake to address the persistent flooding and improve the lake's water holding capacity, not only for Biñan City but also for neighboring towns surrounding the

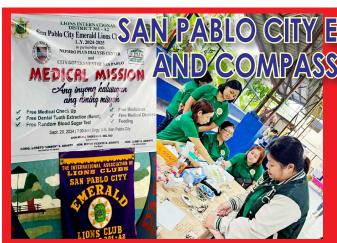
Dimaguila proposed House Resolution No. 33 in the 20th Congress, directing the committee on ecology to conduct a review of all flood control projects along Laguna Lake to prevent flooding, improve water quality and to study the possibility of dredging to increase holding capacity.

tee on Rules, and incidentally, I'm part of that committee so we'll be able to closely monitor and follow up on it."

Through this resolution, the House directs the Laguna Lake Development Authority (LLDA), Department of Public Works and Highways (DPWH), Department of Environment and Natural Resources (DENR), the University of the Philippines Los Baños (UPLB), and other concerned agencies to study the proposed dredging of Laguna de Bav.

He added: "This is something that's really necessary. All LGUs along Laguna Lake are affected. Flooding continues, specifically in our areas in San Jose, Dela Paz, Malaban which are still flooded. San Pedro, Santa Rosa,

Turn to p. 3



San Pablo City Emerald Lions Club proudly upholds its commitment to public service through its continuing Medical Mission Projects, designed to uplift the health and well-being of residents in underserved barangays on the outskirts of San Pablo City.

For Lion Year 2024-2025, the Club, led by President Maria Theresa E. del Rio, successfully con-

across multiple barangays, drawing large turnouts from Barangays San Joaquin, Sta. Cruz Putol, Sto. Niño, II-B, II-C, II-D, II-E, San Isidro, Santisimo Rosario and San Juan.

Notably, President del Rio, a registered nurse, was ably supported by her husband Willy del Rio and daughter Maureen del Rio,







### From chaos to caution

During a quick stop at a quiet café near UP Visayas, I found myself saying something I never thought I would-defending President Bongbong Marcos Jr. It was not because I had changed sides, nor because I had forgotten Martial Law's shadows or the promise of the Leni Robredo movement. It was simply one of those moments when you admit something uneasy: that one contender, at times, feels less reckless with power than the other.

■ e must raise the bar—not just in who we elect, but in what we expect. BBM has shown he is not Duterte. That alone is not an achievement, more of a sigh of relief. Yet, that is a starting point.

"But did you not campaign for Leni?" asked one of the retired professors at the table, raising an eyebrow that felt like a nudge to memory. I nodded. "And I would do it again," I replied. I still believe in her brand leadership—principled, grounded, and people-first. But over his third cup of hot

Caramel Macchiato and my second Iced Chocolate, I admitted what many quietly feel: Marcos Jr. has not driven us into the tailspin we feared. If anything, he has slowed it down, if only a bit.

Saying that in Iloilo, where the pink vote ran deep, felt like standing between waves. But it was not betrayal—it was honesty. Marcos, for all his baggage, has not matched Duterte's chaos. The killings are down. Journalists breathe easier. Foreign policy, at least, has found a steadier, more decent tone. Few appointments suggest some effort to bring in capable hands, or at least more stable ones.

To be fair, the bar was on the floor. After six years of Duterte's bloodsoaked rule, where fear was dressed as law, almost anyone who spoke in full sentences and skipped the expletives felt like an upgrade. The CHR is no longer under siege. The Lower House is holding fiery hearings again. Sara Duterte's impeachment has traction. The ICC continues to try the former president. These are not sweeping wins, but in a nation used to thunder, even the drip of accountability is refreshing.

Still, let us not get carried away. The economy tells another story. Inflation is still hitting ordinary homes hard. The latest PSA data shows underemployment worsening. Education remains stalled—too many students, too low functional literacy, too few classrooms. Hospitals are shortstaffed, nurses still underpaid. The national debt has crossed 14 trillion pesos with not much to show for it. The picture is foggy, and many feel left behind.

What bothers many of us—especially teachers and public servants is the lack of a clear plan. Marcos often appears more fond of ceremonies  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ than solutions. Many say his decisions run through his wife, the Speaker, and a small circle of loyalists. Corruption whispers have become louder. Officials spend big while many tighten their belts. There is no stronger move to break old systems. The holes in government remain, and the patchwork feels cosmetic.

Among those who once feared a Marcos reboot, the worry has shifted. He is not authoritarian—but maybe too soft. Leadership requires more than calmness. It needs urgency. His quiet response to major issues, from rice crises to classroom shortages, reveals a leader who seems more invested in legacy branding than in solving root problems. Duterte's actions were brutal but swift. Marcos often seems stuck between caution and con-

And yet, when we stack the two side by side, Marcos fares better. Duterte turned violence into spectacle. He declared war on his own people. Marcos, for all his flaws, has not unleashed that level of cruelty. He may be vague, but he is not vicious. Perhaps that is why many, tired but wary. accept this quieter version of flawed leadership.

But we cannot settle. This is not yet good governance—it is just a lighter weight on our backs. The opposition needs to do more than just point fingers. With leaders like Bam Aquino, Kiko Pangilinan, Risa Hontiveros, Chel Diokno, and Leila de Lima stepping up, there is hope. We must look beyond personalities and toward purpose. We need more voices in the room—not just to win elections, but to reshape the rules toward dignity and equity.

Still, I'm hoping—maybe naively, but sincerely—that better days might yet break through before 2028 comes knocking. That more leaders like Vico Sotto, gutsy and grounded, will rise up and show that servant leadership is not a dream but a choice. We need people in power who choose the common good over convenience, dignity over drama. Our democracy deserves more than a pause in dysfunction. It needs a reset.

In the classroom, students sometimes ask if picking between flawed choices is still a choice. I ask them what they are doing to make sure that next time, we have better options. We must raise the bar—not just in who we elect. but in what we expect. BBM has shown he is not Duterte. That alone is not an achievement, more of a sigh of relief. Yet, that is a starting point.

As I left the café, my college professor friend tapped my arm. "Wala ka na-pikon," he said with a grin. I smiled back. Sometimes, that is the win—to disagree without destroying each other. But beyond that small moment, the real task is clear: not to applaud those who are simply not as bad, but to push for those who can be truly good.

Doc H fondly describes himself as a "student of and for life" who, like many others, aspires to a life-giving and why-driven world grounded in social justice and the pursuit of happiness. His views do not necessarily reflect those of the institutions he is employed or connected with.

# AN ORDER LOST IN THE SHADOWS

et's not allow this law to fade into

irrelevance. Let's dust it off, shine

■a light on it, and get it working for

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can mean the world.

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We seem to have a curious habit in this country: we pass good rules... and then forget to implement them. Or maybe we implement them quietly, half-hearted-

ly, or in obscure corners. Either way, the public hardly hears anything about it.

Take for instance Department of Health (DOH) Administrative Order No. 2007-0041. This order—signed way back in 2007 by then Health Secretary Francisco Duque III—requires all private hospitals to allocate 10% of their beds for charity patients. It's a beautiful concept, especially when we talk about universal healthcare. But 17 years later, where are we with it?

Seriously, does anyone even know it still exists? It makes me wonder: why issue an administrative order if we're not going to follow through? Maybe we are implementing it—somewhere, somehow—but there's no monitoring. Or maybe there is monitoring, but no reporting. Or maybe there are reports—but they're sitting in dusty folders on forgotten desks.

Whatever the case, the public doesn't know, and that's the real prob-

lem. Because when the people don't know, they can't claim what's due them. Let's ask the obvious: are private hospitals complying with this 10% charity bed rule? Is anyone keeping track? Is the DOH checking hospital records and publishing results? Are compliant hospitals being recognized or rewarded?

There's certainly a vacuum of information. And when there's no transparency, suspicion isn't far behind. Could the DOH be remiss in its duties? Or—giving them the benefit of the doubt—perhaps this task hasn't even been part of Secretary Ted Herbosa's KPIs. He was, after all, retained by the President.

So maybe it's time to clarify: Whose job is it to ensure this gets done?

To be fair, orders can be overlooked simply because no one is assigned to push them. But this one matters. Think about it: if indigent patients could ac-

cess 10% of beds in private hospitals—for free—it would be a huge boost on top of their PhilHealth coverage and PCSO assis-

> How many lives could be saved? How much suffering could be reduced? The potential is massive. But for all its promise, this order is invisible. Ask the average citizen—and even many doctors—and they've never heard of it.

> Hospitals barely advertise it. Patients certainly don't demand it. And worst of all, no one's talking about it.

So, let us raise a few questions—simple ones that deserve clear answers: 1. Is this order being enforced? Are there statistics

showing how many hospitals are complying? 2. Are there incentives for compliance? Tax breaks? Recognition? Anything to encourage participation? 3. Are there penalties for ignoring it? Or is this just one of those rules that's more of a "suggestion" than a requirement? 4. Who's responsible for monitoring it? The DOH? LGUs? PhilHealth? Someone needs to own this. 5. Can we name at least five hospitals that fully comply?

I'd love to celebrate them in this column. 6. Why isn't this being publicized? Why not run an awareness campaign to inform indigent patients?

This policy—if actively enforced—could be a game changer for the healthcare system. And it doesn't even require new laws or major budgets. The policy is already there. What's missing is intensity and focus.

Or to borrow the President's recent phrasing, we need to implement this order "fiercely and intensely. All it takes is political will—and perhaps, better coordination with PhilHealth and the PCSO, whose assistance programs often get overwhelmed.

Let's not allow this law to fade into irrelevance. Let's dust it off, shine a light on it, and get it working for the people it was meant to help. In a country where healthcare is still a privilege for many, even just ten percent can mean the world.

# Broken roads, broken systems and broken children

We often grumble about our roads and bridges—those pothole-riddled highways and rusting steel spans that were probably last inspected when Marcos Sr. was still in Malacañang. In some places, it takes five decades before anyone even thinks of maintenance.

r. President, this is your moment. If you're serious about quality public service, then make child welfare a cornerstone of your governance. These children are not just statistics.

Now, if that's how we care for concrete and asphalt, what more for our orphanages and childcare facilities, where what's at stake isn't infrastructure—but emotional, mental, and spiritual well-being of real, vulnerable Filipino children?

At least with highways, we know whom to blame—the Department of Public Works and Highways (DPWH). But with orphanages, who's accountable? Is it the DSWD? Or does the blame go even higher?

We have had a long line of Secretaries—some technocrats, some reformers, many well-meaning—but how is it that basic maintenance, supervision, and care still fall through the cracks? Maybe, just maybe, it's not about individual incompetence but a flaw in our national culture: we simply don't value maintenance—of roads, of buildings, of systems... or

Let's get one thing straight: I'm not just talking about leaky roofs or cracked walls in these orphanages. I'm talking about neglected souls, children left to languish in hureaucratic silence because no one ever bothered to check on how they were really doing.

Let me share what I've learned:

A Catholic volunteer working with disadvantaged children told me that the Bureau of Standards (BOS)—the unit within DSWD that's supposed to monitor these homes—doesn't do unannounced spot visits. They often don't even talk to the children. Instead, they go through checklists, inspect walls and floors, then leave. They might as well be assessing a warehouse.

Worse, most of these homes are unaccredited, and guess what? The unaccredited ones barely get inspected at all.

In some visits, officials told staff to build a "lockdown" room to isolate emotionally disturbed children—yes, like a punishment cell. What year is it again?



These inspections, when they happen, are obsessed with paperwork and plumbing, but blind to the pain in a child's eyes. No conversations, no trauma programs, no emotional healing. Just ticks on a clipboard and a silent child staring through a barred window.

This is not just a failure of bureaucracy—it's a failure of basic hu-

Now ask yourself: Why are we so outraged when we see cracks in a bridge, but not when we hear about cracks in the soul of a child who's been tossed from one failed system to another? Why are our leaders silent when there's damage done not to concrete, but to character?

I ask: Where is the command responsibility? Shouldn't someone at the DSWD answer for this? If the President is truly on a mission to "recalibrate" his Cabinet for efficiency and public service, then this is the perfect time to look under the floorboards of our child welfare system. Here's what I propose:

First, form an independent monitoring team made up of child welfare professionals-not paper-pushers-who can make unannounced visits, talk directly to the children, and file honest, uncensored reports.

Second, revise the accreditation process. Don't let any child live in a home that hasn't passed a thorough assessment—not just on safety and legality but on emotional and psychological care.

Third, use international best practices. Tools like the Child Status Index (CSI) and the Orphanage Information Management System (OIMS) are available globally. Why are we reinventing the wheel—or worse, ig-

Lastly, empower the Bureau of Standards. Give them the authority, the tools, and the independence to do their job without interference. If they're not up to the task, then shake them up and bring in people who

Mr. President, this is your moment. If you're serious about quality public service, then make child welfare a cornerstone of your governance. These children are not just statistics. They are future Filipino adults, and the state has a sacred duty to protect them.

We can't wait another 50 years before someone checks in on these kids. By then, it'll be too late.

And if no one else will say this loudly, I will: we must act now or be

complicit in silence.



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## SM City Santa Rosa brings Japan to Laguna with 'Konnichiwa, Japan' cultural showcase ...from p. 1

MCitySantaRosa #ToriiVibes #SugoiSantaRosa

in a kimono-wearing demonstration and an origami workshop gaining firsthand experience of the elegance of Japan's traditional attire, the art and meaning behind the symbolic paper crane, and the cultural significance of bowing, a gesture of respect deeply rooted in Japanese etiquette.

The one-of-a-kind display - a first in Laguna also became a vibrant playground for cosplayers and a haven of Instagram-worthy photo spots for digital-savvy visitors and content creators.

Throughout the event, mallgoers of all ages were invited to experience Japan in full bloom. From the stur ning cherry blossom tunnel, Torii gate, and Hachiko statue, to the nostalgic Glico Man wall, lantern-lit walkways, and wishing walls - every corner of the mall was transformed into a slice of Tokyo's springtime charm. Traditional performances, cultural installations, and kimono displays further brought the celebration to life.

This cultural initiative marks a meaningful collaboration between the Embassy of Japan in the Philippines and SM Supermalls, fostering deeper understanding and friendship between the Filipino and Japanese communities through shared cultural appreciation.

The Konnichiwa, Japan experience continues at SM City Santa Rosa until August 8 — but the celebration doesn't end there. The exhibit will travel to SM City Dasmariñas from August 15 to September 6, giving Caviteños a unique opportunity to immerse themselves in the vibrant culture of Japan.

As one of the country's largest and most accessible

# Lunas sa kahirapan: Simpleng pang-unawa at pagmamahal

Tahimik akong nagdidilig ng mga halaman sa harap ng aming Naic residence noong kababalik ko mula sa Bohol coverage nang bigla akong lapitan ng isang matandang babae na may dalang maliit na supot na ang laman ay mga sariwang bayabas na pinitas na magkakaibang laki, may hinog, manibalang at medyo bubot pa.

Alam kong ang mga bayabas na yun ay pinagpipitas lang ng matanda habang naglalakad sa mga nadaanan. Ngunit lubhang hinipo ang aking puso sa nakita kong kanyang pangangailangan sa pera para sukat ipagbili sa akin sa halagang P30 ang halos 1/4 na kilo ng bayabas na batid kong sa panahong ito ay medyo mahal dahil bihira na.

Sa nangyari, ako ay hindi lang basta bumili. Kundi nakatulong at nakalunas sa nararamdamang kagutuman ng matandang bigla na lang nagla-

Yan ay nang pumasok ako sa aming tahanan para ikuha siya ng makakain. Wala at hindi ko na nakita sa aking paglabas.

Pagkakataong tumulong: Oportunidad o pagkakataon?

Sa tuwing kakatok ang pagkakataong tumulong ay marami ang tu-



# **DIVINE DOCTOR**

-- DIVINE L. REYES, PHD/DD --

matanggi, nagkakait kundi man nagdaramot.

Ayaw maglaan ng kaunting oras, pagod o anumang mayroon sila para sa iba. Busy sila sa mga bagay na para sa sarili. Gaya ng pagcha-chat, text, call o games. Nakalimutan na ng ganap ang pagkalinga, pagkaawa, pagtulong o pagmamahal sa kapwa.

Ganap ng nilalamon ang henerasyon ngayon ng social media, ng mga bisyo, luho ng katawan. Kailanman ay di nila naiko-konsidera na ang binibigay na ang tulong ay lunas o tugon sa kagutuman, paghihikahos, sakit ng katawan, isip at kalooban.

Sa patuloy na pagwa-walambahala, ang simpleng sakit ay lumalala. O ang maliit na sugat liban sa kumikirot, mas sumasakit hanggang magka impeksiyon, magnana, mamaga at umantak. Gayong karaniwan lamang ang lunas kung susundin ang aral ng ating Panginoon.

Matematika ng buhay na epektibo kung susundin lamang. Divide and subtract your belongings to give to others. Add more help and love which you will share to the most needy and there will be a multiplication of blessings without you asking.

## 'Balikan ang San Pablo', inilunsad; turismo, lalong pasisiglahin

Ang kampanya ay may kaugnay ng layunin ni Mayor Najie Gapangada Jr, na gawing world-class tourism destination ang Lungsod ng San Pablo.

Para sa mga San Pableñong nasa Maynila man o sa ibang bansa, ang "Balikan ang San Pablo" ay isang paanyayang muling kumonekta hindi lang sa mga dating kaibigan at paboritong lugar, kundi sa patuloy na pagbabago at pag-unlad ng lungsod.

Sa pamamagitan ng kampanyang ito, layunin ng City Tourism Office na

muling gisingin ang damdaming makabayan at pagmamalaki sa sariling pinagmulan

"Alam naming may espesyal na puwang sa puso ng marami ang San Pablo," avon kay An Mercado Alcantara. Tourism Officer for Special Projects.

"Inaanyayahan namin kayong bumalik at muling tuklasin ang ganda ng ating mga lawa, mga makasaysayang pook, at ang lumalawak na eksenang kultural at kulinarya — at ikuwento ang San Pablo sa mundo," aniya.

Idinagdag pa ni Gng. Alcantara

na hindi lamang ito simpleng paanyaya, kundi simula ng isang mas pinalakas na presensya sa social media ng City Tourism Office

Sa pamamagitan ng mga kwento, larawan ng nakaraan at kasalukuyan, tampok na destinasyon, at mga kwento ng komunidad, layunin ng kampanya na maging isang digital na tambayan kung saan muling binubuhay ang alaala, natutuklasan ang bago, at pinapalaganap ang pagmamahal sa San Pablo.

"Habang patuloy na umuunlad ang San Pablo, ang kampanyang ito av isang paraan ng pagpupugav sa nakaraan habang niyayakap ang kinabukasan — ito ay isang imbitasyon sa mga San Pableno na tumulong sa pagpapaunlad ng ating lungsod. Balikan ang San Pablo. Panahon na para muling umuwi," pahayag ni Alcantara.

Kaugnay nito ay inaanyayahan ang lahat ng San Pableño at mga kaibigan ng lungsod na magbahagi ng mga lumang at bagong larawan ng San Pablo gamit ang hashtag #BalikanAngSanPablo at i-tag ang opisyal na Facebook at Instagram account ng City Tourism Office.

## Laguna Lake dredging sought to curb overflowing, flooding

...from p. 1

and even Muntinlupa are also experiencing the same. We really have to take action. It has been a long time, many have already pushed for it, and this time, we're fully committed to seeing it through.

Dimaguila said that the initiative seeks to prevent the lake from becoming a 'large septic tank' filled with not just water but also chemical waste and other pollutants from various industries, which compromise water quality

and threaten the surrounding ecosystem and biodiversity.

Although Marikina has proven the effectiveness of dredging, the Biñan solon emphasized that it would be better to focus on dredging Laguna Lake since it serves as the end point of several rivers. All water from these rivers eventually flows into the lake. Without immediate action, the recurring flood $ing\ issues\ during\ every\ typhoon\ or\ even$ heavy rainfall will continue to worsen.

"There is a big difference be-

end point, while a river flows into the lake. So, no matter how well you manage the river, if the lake is already full, the water won't flow anymore. What we need is to increase the capacity of Laguna Lake so it can accommodate all the floodwater coming from various rivers," Dimaguila further stated during an interview with Philippine

Other local chief executives, together with Laguna governor Sol Ara-

Information Agency Calabarzon.

gones, have expressed their support for this initiative.

Dimaguila also stated that, if given the opportunity, he would be willing to explain this bill to President Ferdinand R. Marcos, Jr, as someone born and raised in the city who is fully aware of the severity of Biñan's flooding situation. He believes this initiative will benefit not only more Filipinos but also the country and its ecosystem. (CO/ PIA4A; Photo from Island Pitiks FB

### NGCP strengthens grid readiness with Annual Blackout Drills

them proactively, in coordination with our partner stakeholders," NGCP said.

The table-top presentations include discussions on black start services, actual restoration experiences, blackout restoration guidelines and procedures, breakout sessions, and workshops focusing on area-specific

blackout restoration highways. A simulation drill is held a week after the tabletop presentation to replicate an actual blackout scenario.

The activity was attended by stakeholders from the generation sector and distribution sector, as well as representatives from the Department of Energy (DOE) and Energy Regulatory

Commission (ERC), Power Sector Assets and Liabilities Management Corporation (PSALM), National Power Corporation (NPC), National Transmission Corporation (TransCo), Wholesale Electricity Spot Market (WESM), Philippine Electricity Market Corporation (PEMC), Independent Electricity Market Operator of the Philippines (IEMOP), Phil-

ippine Independent Power Producers Association Inc. (PIPPA), and National Electrification Administration (NEA).

One of NGCP's main functions as the country's transmission operator is to constantly enhance operational efficiency of power transmission network operations, particularly that of System



lifestyle destinations, SM Super-

malls serves as a hub for interna-

tional cultural exchanges — pro-

viding a dynamic platform where

communities can meaningfully

engage, learn, and celebrate global

traditions. Through partnerships

like this. SM continues to bring the

world closer to Filipino families,

one cultural experience at a time.

# DAVELARA GAMING CORPORATION



	1st Draw	2nd Draw	3rd Draw	
07/28/2025	25/04	02/22	19/32	
07/29/2025	01/10	19/12	19/20	
07/30/2025	01/13	29/26	02/29	
07/31/2025	15/28	10/36	23/15	
08/01/2025	21/06	28/12	09/33	
08/02/2025	30/11	08/27	18/10	
08/03/2025	01/13	38/34	14/13	



# SAN PABLO CITY EMERALD LIONS CLUB: **BRINGING HEALTHCARE** AND COMPASSION TO THE OUTSKIRTS OF SAN PABLO CITY



who are also licensed nurses. Maureen is also an active member of the club. Their professional expertise and compassionate service were instrumental, especially in administering free pneumococcal and flu vaccinations to residents who could not otherwise afford

#### SERVICES OFFERED

These outreach missions provided a comprehensive range of free medical and dental services, including:

- General medical and dental consultations
- · Free medicines and vitamin supplements
- · Tooth extractions • Pneumococcal and flu vaccina-
- tions • Prenatal check-ups for expect-
- ant mothers · Distribution of assistive med-
- ical devices (wheelchairs, quad canes, walkers) Additionally, each mission in-

cluded feeding programs to nourish both patients and the hardworking volunteers, fostering a warm, welcoming environment for all participants.

#### MAKING AN IMPACT

These missions reached deep into remote communities where access to healthcare remains limited. The Club's mission is to bridge this gap by delivering essential healthcare services directly to those who need them most. As a result, lives were touched, and communities were empowered. In special cases where diagnoses were not possible on-site, the Club extended financial assistance to affected patients, reinforcing its dedication to accessible, quality healthcare

mococcal and flu vaccines.

essential medications.

All patients received a variety of

over-the-counter medications including analgesics, vitamin supplements,

cough and cold remedies, and hydra-

tion packs. Out of approximately 1,100

individuals who arrived and registered,

90% received health screenings, diabe-

tes and hypertension counseling, and

dentists, pharmacists, nurses, and

non-medical personnel volunteered

their time and expertise to serve the

community. These medical profes-

sionals were at the heart of the mis-

sion's success. NEPHRO PLUS Dialysis

Center, led by Dr. Rica Carpio, with

Dr. Earl Avanzado, Dr. Micah Nichole

Manalo, Dr. Carl Andrew Alvero, Dr.

Inakay, Dr. Jomel Vincent Santander,

Dr. Rosnel Kristianne Mercado, si Dr.

Erriza Nicole Avanzado Dr. Algild Yarri

Torres, Dr. Abby Biglete, Dr. Avanzado,

Dr. Blesie Fandialan and Dr. Aisel Cas-

tillo played a central role in supporting

refreshments for all volunteers and

participants, ensuring a comfortable

and nourishing environment through-

sions, the Club attended to more or less

1,050 individuals. Of these: 997 pa-

tients received medical and dental con-

sultations, treatment and medicines;

42 patients were provided with free

medical devices such as wheelchairs,

walkers and quad canes; 185 patients

were given flu vaccines: 145 with pneu-

mococcal vaccinations and 201 women

were provided with pre-natal check-

ons Club headed by its hardworking, assiduous Pres. Del Rio, sincerely

extends its heartfelt gratitude to ev-

eryone who contributed-financially,

materially, or through service-to the

overwhelming success of these medical

missions. These initiatives were made

possible by the selfless efforts of Club

members, volunteers, sponsors, and

ons Club will always remain steadfast

in its mission to serve with compas-

sion, integrity, and genuine care. To-

Pablo—one barangay at a time.

gether, we are building a healthier San

The San Pablo City Emerald Li-

local partners.

The San Pablo City Emerald Li-

GRATITUDE AND COMMITMENT

ups and appropriate care.

The Club also provided food and

Over the course of these mis-

these efforts.

out the missions.

BY THE NUMBERS

A dedicated team of physicians,

VOLUNTEERISM AT ITS BEST

#### SUPPORT AND SPONSORSHIP

The success of these missions was made possible through the generosity of sponsors and donors, particu-

• NEPHRO PLUS Dialysis Center (owned and operated by the family of President Maria Theresa del Rio), shouldered most of the expenses incurred during the medical missions such as transportation, food served during the events, tokens given to medical staff and volunteers and other incidental expenses;

• San Pablo City Health Office, with support from Mayor Vicente B. Amante and City Health Officer Dr. James Lee Ho, provided the bulk of medications used during the project, pneumonia vaccines, X - ray and laboratory examinations, ultrasound, and some medical devices to patients;

• Office of Congressman Loreto Amante, for their donations of pneu-

#### NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE

NOTICE is hereby given that the late WARREN MERCADO CAMPOS, who died on Feb. 17, 2021 in Lumban, Laguna, left a parcel of land situated in Brgy. Balubad Lumban, Laguna covered by Transfer Certificate of Title No. 058-2017000176 which had been the extrajudicially settled among his legitimate and collateral heirs before Notary Public Atty. Jamira Mercado de Ramos as per Doc. No. 82; Page No. 18; Book No. II; Series of 2025.

TWH - Aug. 13, 20 & 27, 2025

#### NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE OF RAUL JABAT AVELINO

NOTICE is hereby given that the estate of the late RAUL JABAT AVELINO, who died on March 27, 2024 in San Pedro City, Laguna, which estate consists of one (1) real property located in San Pedro City, Laguna, covered by TCT No. T-489032 and three (3) real properties located in Pola, Oriental Mindoro, covered by TCT Nos. T-143209, T-143210 and T-143194, which have been the subject of an "Extrajudicial Settlement of Estate of Raul Jabat Avelino" dated August 6, 2025, executed by his surviving heirs, under Doc. No. 187; Page No. 39; Book No. XLV; Series of 2025, under Notary Public ATTY. PAUL GIDEON G. ILAGAN, Notary Public of San Pedro, Laguna.

TWH - Aug. 13, 20 & 27, 2025

This is to correct the error made in the publication of NOTICE OF EXTRA-JUDICIAL SALE filed by NATIONAL HOME MORTGAGE FINANCE CORPORATION against MARLA O. ALUMNO, herein represented by her Atty-in-fact EDITHA BANSALE in the July 2, 9 & 16, 2025 issues of The Wednesday Herald wherein the technical description should be "A parcel of land (Lot 11, Blk. 18 of the cons. subd. plan, Pcs-04-005355, being a portion of the cons. of Lots 46, 47, 48, 50, 52, 62, 63, 65, 66, 67 & 70, Gss-877 & Lots 64-A & 64-B (LRC) Psd-28683, LRC Rec. No. ), situated in the Bo. of San Antonio, Mun. of San Pedro, Prov. of Laguna, Is. of Luzon. Bounded on the NE., along line 1-2 by Lot 143, Gss-877; on the SE., along line 2-3 by Lot 10, Blk. 18; on the SW., along line 3-4 by Rd. Lot 11; on the W., along lines 4-5-6-7-8 by Rd. Lot 10 & on the NE., along line 8-1 by Lot 12, Blk. 18, all of the cons.-subd. plan. Beginning at a pt. marked 1 on plan, being S. 89 deg. 22'W., 2934.08 m. from BLLM No. 1, San Pedro, Laguna; thence S. 83 deg. 34'E., 2.59 m. to pt. 2; S. 6 deg. 36'W., 12.00m. to pt. 3; N. 83 deg. 31'W., 9.74m. to pt. 4; N. 38 deg. 18'W., 4.00 m. to pt. 5; N. 6 deg. 32'E., 3.87 m. to pt. 6; N. 10 deg. 28'E. 4.63 m. to pt. 7; N. 17 deg. 53'E., 0.71 m. to pt. 8; S. 83 deg. 24'E., 9.53 m. to the pt. of beginning, containing an area of ONE HUNDRED FORTY SIX (146) SQ. METERS. All pts. Referred to are indicated on the plan and are marked on the ground by Ps. Cyc. Conc. mons. 15x60 cm. bearings true; date of orig. survey Oct. 20-Dec. 20, 1964 & that of the cons.-subd. survey, Mar. 22, 1990 & was approved on Nov. 7, 1990."

**ERRATUM** 

TWH - Aug. 13-19, 2025

#### ZHIYUEXIAN PRECISE PLASTIC INC.

Career Opportunity in ZHIYUEXIAN PRECISE PLASTIC INC.

Bldg. 5 & 6 EZP Business Park, CPIP, Brgy. Batino, Calamba City, Laguna, 4027 Tel No.: 0917-624-3545

#### Machine Technician Manager

#### Job Description:

- Planning and organizing production schedules.
- Determining quality control standards

  Overseeing production process

  Supervising the work of production people

Organizing the repair and routine maintenance of production equipment

Qualification (Education, Experience, Professional License, Skills Certification, Specialized Training)

- Graduate of any 4-year course
- Minimum of 3 years' experience as managerial with 10 years technical background in injection molding industry
- With professional background and strong personality to control the system align with the ISO organization

Can perform technical mold design analysis for one-time and effective product improvement

Applications may be sent to Hr@zhiyuexianph.com

Company Name Zhiyuexian Precise Plastic Inc. Complete address: Bldg. 5 & 6 EZP Business
Park CPIP, Brgy. Batino, Calamba City, Laguna
Nature of business: Manufacturing

Company/ Employer

Name of foreign national intending to apply for the position Name: Guosheng Ou

Address: Blk 02 Lot 03 Montebello Village Ciudad De Calamba Brgy. Punta Calamba City, Laguna Nationality: Chinese Intended period of employment: Two (2) years

Zhiyuexian Precise Plastic Inc. hereby declares that the above-named foreign national is able, willing, and qualified to perform the services and job description for this position. The company has the intention to employ the said foreign national and apply for an Alien Employment Permit with the Department of Labor and Employment - Regional Office No. IV-A located at 3rd and 4th Floor, Andenson Bldg. II, Brgy. Parian, Any Filipino jobseeker who is competent, able and willing to perform the services for which the foreign national is intended to be hired for, may file an objection at DOLE Regio nal Office No . IV-A located at 3rd and 4th Floor, And enso n Bldg. II, Brgy. Parian, Calamba City, Lag una within 30 days after

Please inform DOLE Regional Office No . IV -A if you have any information on criminal offenses committed by the foreign nationals.

REPUBLIC OF THE **PHILIPPINES FOURTH JUDICIAL** REGION **REGIONAL TRIAL COURT** OFFICE OF THE CLERK **OF COURT & EX-OFFICIO SHERIFF** CITY OF SANTA ROSA,

**LAGUNA** rtc1srcocc@judiciary.gov.ph 0966-687-6092 / 0929-625-0353

EJF CASE NO. 1116-SRCL

SECOND NOTICE OF EXTRA-JUDICIAL **FORECLOSURE SALE** (Under Act No. 3135, as amended)

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118, filed by the mortgagee, DEVELOPMENT HOME MUTUAL FUND (Pag-IBIG FUND) with principal office address at The Petron Mega Plaza Bldg., No. 358 Sen. Gil Puyat Avenue, Makati City, against Mortgagor, ALLAN C. LUNA married to EVELYN **G. LUNA**, with postal address at 5775 ME Bienvenido Tan PCS-04-023382, BEING A Street, Leyco Subdivision, Balibago, Santa Rosa City, Laguna, for the satisfaction 12, PCS-04-016271, LOTS of the outstanding of the mortgage debt per Statement of Account as of July 2, 2024 amounted to **Php949,584.76** LRC REC. NO. 8375, 6710), Philippine Currency, inclusive of interest and penalty charges and all legal fees and expenses incidental to this foreclosure and sale. The undersigned Ex-Officio through Sheriff deputy

Sheriff will SELL AT PUBLIC AUCTION on September 5, 2025, Friday, between the hours of 10:00 A.M. to 1:00 P.M., at the 4th Floor, Regional Trial Court, Office of the Clerk of Court and Ex-Officio Sheriff, Mayor Leon Arcillas Memorial Building, Rizal Blvd., Barangay Tagapo, City of Santa Rosa, Laguna, to the highest bidder, for CASH and in Philippine Currency or CERTIFIED CHECK the following described properties with all its improvements existing thereon, to wit:

#### TRANSFER CERTIFICATE OF TITLE No. 060-2011003626

IT IS HEREBY CERTIFIED that certain land situated in BRGY. IBABA, APLAYA & LABAS, MUN. OF STA. ROSA, PROV. OF LAGUNA, ISLAND OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 17, BLK. 8, OF THE CONSOL. SUBD. PLAN, ROSA EST., LOT 3, BLK- LUNA 2 & 3. BLK-12. ROAD LOT 9, PCS-04-021003 & LOTS 2105-A & C, PCS-04-182435, SITUATED IN BRGY. IBABA, APLAYA & LABAS, MUN. OF STA. ROSA, PROV. OF LAGUNA, ISLAND OF LUZON. XXX

**CONTAINING AN AREA** OF SIXTY (60) SQUARE METERS, MORE OR LESS. All sealed bids must be

submitted to the undersigned on the above-stated time and

In the event the public auction should not take place on the above stated time and date by reason of fortuitous event/declared special holiday, it shall be held on September 19, 2025, Friday, same time, and place without further notice

City of Santa Rosa, Laguna, 25 June 2025.

#### (Sgd.) CHRISTIAN **BENEDICT A. PASCUAL**

Sheriff-in-Charge 0932-5334203

Copy furnished: (1116-SRCL) **RECEIVERS &** LIQUIDATORS, INC. Unit C, 10th Floor, Strata 2000 Bldg., F. Ortigas, Jr. Road, Ortigas Center, Pasig City, Metro

CONSOL. LOT 499, STA. ALLAN C. LUNA/ EVELYN G.

- 5775 ME Bienvenido Tan Street, Leyco Subdivision, Balibago, Santa Rosa City, Laguna \* Lot 17, Block 8, Phase 2,

Sta. Rosa Garden Villas III, Brgy. Ibaba, Aplaya & Labas, Santa Rosa City, Laguna

The Wednesday Herald San Pablo City Aug. 6, 13 & 20, 2025



• TIAONG • CANDELARIA • SAN ANTONIO, QUEZON • STO. TOMAS, BATANGAS

# PRESIDENT MARIA THERESA E. DEL RIO'S VISIONARY LEGACY: A CLUBHOUSE, A LION STATUE, A LITTLE FREE LIBRARY AND A HOME FOR THE HOMELESS

BY: LION EMMA C. CABRERA, MJF

When Lion Maria Theresa E. Del Rio accepted the presidency of the San Pablo City Emerald Lions Club, PMJF, for Lion Year 2024–2025, she did so with a clear and ambitious goal in mind: to bring to life the long-held dream of every Emerald Lion—to build a multifunctional clubhouse they could proudly call their own.

It was not an easy job. At the time, the club had only \$\mathbb{P}341,000.00 in savings—ten years' worth of careful allocation from the administrative fund. But Pres. Del Rio was undeterred. Even before officially beginning her term in July 2024, she took decisive action.

Together with Club Treasurer Lion Susan N. Alcazar, PMJF, she sought support for the lot where the envisioned clubhouse would stand. With determination and faith, they reached out to then San Pablo City Mayor Vicente B. Amante, a known staunch supporter of community causes. On July 02, 2024, Pres. Del Rio personally appealed to Mayor Amante for land where the clubhouse could be built. Without hesitation, the good mayor graciously granted her request, and donated a 200-square-meter parcel of land along Amante Drive in Barangay San Jose, San Pablo City, right there and then.

The groundbreaking ceremony was held on July 29, 2024, with Mayor Amante as the honored guest. Construction began shortly after, under the supervision of project manager and club treasurer Lion Susan Alcazar. Though funds were limited, the dream had taken root.

Despite the ongoing construction, and implementation of equally significant projects such as medical missions and sight-for-kids projects, Pres. Del Rio launched two additional legacy projects: the installation of a Lions statue with pedestal and the establishment of a little free library on the clubhouse grounds. The little free library is the brainchild of Club Marketing and Communications Chairperson Lion Elaine L. Monasterial. These projects would symbolize not only the Lions' service and spirit but also their commitment to literacy and community development.

To turn these dreams into reality, Pres. Minnie worked tirelessly to raise the necessary funds. She welcomed the challenge, reaching out to family, friends, associates, business partners, and fellow Lions for support. Her dedication and prayers bore fruit.

Through the collective efforts of President Del Rio and her fellow Emerald Lions, the club was able to raise additional funds to finance these projects garnered through both cash and in-kind donations. These contributions made possible the construction of the clubhouse, the installation of the Lion statue, and the establishment of the free little library.

The blessing and official inauguration of these legacy projects were held on April 9, 2025, in a celebration marked by warmth, camaraderie, and generous feasting, graced by fellow Lions and honored guests including then District Governor Sol Wilfredo Flores, Jr., 30 PMJF, and

First Vice District Governor Apolinar U. Cortez, 5 PMJF. But Pres. Del Rio's compassion didn't stop there.

Upon learning about the plight of abandoned, abused, and homeless children once roaming the streets of San Pablo City, she was moved to take action. Together with Club Services Chairperson Lion Theresa Viela A. Tolentino, they sought assistance from Congressman Loreto "Amben" S. Amante of Third District of Laguna, and Congressman Ivan Howard A. Guintu of PINUNO Party List. In response, the two lawmakers promptly allocated sufficient funds to rehabilitate and reconstruct the Center for the Welfare and Protection of Children - now known as

The groundbreaking of Center 1 was held on January 18, 2025 with officers and staff from the Department of Social Welfare and Development in attendance, alongside Congressman Amante. By June 18, 2025, Center 1 was ready for occupancy.

The joy on the children's faces as they stepped into their new home was deeply moving. The rooms—each equipped with beddings, furniture, television sets, and electric fans—offered not only shelter but dignity and comfort. The Emerald Lions ensured that the space would be a true home. In addition to the furnished rooms, an anonymous Emerald Lion donated wall fans, stand fans, tables, benches, rice cooker, 43" Smart television set, dryer, dish racks, pillows, foams and t-shirts - making daily life easier and more comfortable for the children.

Heartfelt thanks are therefore due to the following generous donors - City Mayor Vicente B. Amante, Congressman Loreto "Amben" Amante, Wilfrando L. del Rio, Emerald Lions Leila Aquino, Susan N. Alcazar, Nancy Young, Aida Ong-Herrera, Maria Luisa B. Pasia, Emma C. Cabrera, Mini Winnie A. Surbano, Albina D. Gutierrez, Analiza S. Tan, Anna Korina Tan, Erlyn R. Saspa, Erica B. Cabrera, Michelle A. Arizabal, Aisa Joy Lee Ho, Patricia T. Alvero, Kristin Ann A. Picazo, Aileen A. Manansala, Elaine L. Monasterial, Dr. Loyda P. Dalisay, Brigida B.Alican and Rosa Lee Tiu; Lion Dignitaries Second Vice District Governor Imelda Pechera, LEO District Chairperson Cecille Asprec, and Past District Governor Wennie B. Bico; PID Michael So; and close friends Cheung Tin Chee, Lorenzo Co, Larry Amante, Salvador Alcazar and James Uy.

Through unwavering determination, heartfelt service, and able leadership, President Maria Theresa E. Del Rio has not only fulfilled the Emerald Lions' decades-old dream of a clubhouse, but has also uplifted the lives of the most vulnerable.

Congratulations to President MARIA THERESA E. DEL RIO, MJF, as well as to all the officers and members of the SAN PABLO CITY EMERALD LIONS CLUB, PMJF for their remarkable legacy projects and exemplary service. Your achievements stand as a shining testament to what it truly means to be a Lion – serving with courage, compassion, and commitment.....without expecting anything









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# Bicomong, De Mesa, Mallorca win LDSP Mr. Junior High 2025



# Up Yvan Matteo Mallorca (Best in production attire, Best in formal wear, Mr. Photogenic). The event was held in Liceo de San Pablo on August 8, 2025, Friday. Pageant Director: Sir Joel Tan, Photographer: Sir Robert Bryan C. DelaRosa, Grooming: Amer Manzanero Pangilinan, Trainor: Pasarela PH, Handler: Ghune Katigbak. (PAOLO MANUEL C. FULE) IHAWAN NI PABLOSAN Chill & Grill:

#### Delectable, affordable restaurant for food lovers

BY PAOLO MANUEL C. FULE

Ihawan ni Pablo San is a Filipino barbecue restaurant that offers variety of Pinoy ihaw-ihaw. They offer dine-in, take-out and pick-up delivery orders in the City of San Pablo.

"All great things start from small beginnings". A story of success fueled by perseverance, hard work, and faith. In 2013, with just 1,500 pesos amount of capital, the business owners McEmil Asistin and Andrea Bernales started their barbecue business at Barangay San Anton, San Pablo City providing the neighborhood quality and affordable grilled foods from 9:00am to 4:00pm. Despite having some bad days, the two entrepreneurs continued with their business giving themselves a good source of income.

In 2014 with the aim to develop a medium-size franchise, the business owners, decided to relocate their store in from of San Anton barangay Hall calling it McInasal.

Along the road, the business reached more customers – students, motorcyclist, commuters and was enable to maintain their repeat customers. Store hours



opened from 4:00pm to 8:00pm.

Working with just two employees, business owners were really determined to go big with their franchise. Rising above the challenges brought by the pandemic, the owners relocated at M. Paulino St., San Pablo City, the business began to be known under the name Ihawan ni Pablo San.

Satisfied with the product, customers began to share the words to town. From less than ten employees in their previous location, they were now able to provide more jobs to their relatives

and neighbors. Today, both their branches are continuously succeeding. The owners continue to venture in opening more branches in the future—being able to achieve their dreams while also being a blessing to other people is beyond success in measure.

For more inquiries, you may contact 09483496187 or their fb page Ihawan ni Pablosan. It is located at Zamora St., Brgy VII-B (near Security Bank) and Sta. Maria Magdalena, San Pablo City.

Email the author at: paolomanuelfue@yahoo.com

# The Wednesday website: thewednesdayherald.net email: heraldgroup96@gmail.com ONE OF LAGUNA'S OLDEST AND MOST TRUSTED WEEKLY NEWSPAPER

VOL. 44 NO. 39 / AUGUST 13-19, 2025 / LAGUNA PROVINCE & CALABARZON / P12.00 • ISSN: 2599-3984

# Kyle Dominic Tolentino shines as Best Player of the game for 6th time in MPBL

Kyle Dominic Tolentino of GenSan Warriors made waves anew as he scored his 6th Best Player of the Game in the Maharlika Pilipinas Basketball League against Marikina with 30pts, 7 rebounds and 2 steals. Kyle also scored 18 points, 3 rebounds and 3 assists as they pummeled Imus in MPBL 2025 while against Isabela, he scored 16pts, and 3 rebounds. Kyle Dominic P. Tolentino is the son of former basketball plaver from CSB Blazers and MPBL head coach Marikina Councilor Elvis Tolentino. He is also the grandson of PBA legend Loreto "Ato" Tolenting who earned his moniker Mr. Hotshot during his PBA days. Being a basketball player and playing for the MPBL and the son of a City Councilor and basketball coach, the expectations for a young lad are genuinely there. That is why by no means, this heartthrob athlete from GenSan Warriors is doing his best to meet everyone's expectations with his stature. Let us take a glimpse of this young lad's basketball career and

Born Kyle Dominic P. Tolentino on September 25, 2001 in New York, USA to Marikina City Councilor Mr. Elvis Tolentino and Ms. Aileen Tolentino, the 6-foot-





3 cager is currently playing for Gen San Warriors in the MPBL. He also played in 2021 for the Chooks-to-Go MPBL Invitational Cup held at Mall of Asia Arena for the Marikina Shoemasters team. He won the 2022 NCAA Men's Basketball Championship with the Letran Knights.

Kyle's basketball idols in the PBA and NBA are Paul Lee and Golden State Warriors' Klay Thompson. With determination to succeed and an unceasing faith in God, this young lad will surely go the distance.

Email the author at: paolomanuelfule@vahoo.com

# KAUNLARAN CARAVAN GOES TO PALOMPON, LEYTE

BY JOSEPHINE RAMOS

Hosted by CARD RBI on its fourth run this year, CARD Mutually Reinforcing Institutions' (CARD MRI) Kaunlaran Caravan was held in Palompon, Leyte on July 16, 2025.

The Kaunlaran Caravan is an initiative of CARD MRI, aimed at bringing community development programs to different provinces across the Philippines.

"Through this initiative, we aim to assist better Filipinos, especially economically challenged individuals and their families. We hope that through offering free community development programs and other essential services, we can contribute to CARD MRI's mission of poverty eradication," said CARD MRI Rizal Bank President Ms. Lyneth Derequito.

#### Event Highlights

One of the highlights during the program was the mass wedding where six couples officially legalized their union. This effort by CARD MBA aimed to help its members officially recognize their partners as legal dependents.

CARD MRI Publishing House

Kalabasa chips making was one of the activities held during the Kaunlaran Cin Leyte on July 16, 2025.

facilitated a storytelling session featuring the storybook Ang Magic Alkansiya ni Carding, attended by 35 children. The activity aimed to promote financial literacy and teach the value of saving.

A livelihood training on Kalabasa Chips making was attended by 35 participants, aiming to empower the community by teaching them valuable skills to generate additional income and improve their livelihoods.

Furthermore, a total of 365 attendees benefited from free medical,

dental, and optical check-ups, while 75 received massages, 60 had haircuts, and 55 were treated to manicures and pedicures, all for free. To combat hunger, the event also included a feeding program, serving champorado to over 100 people.

Kaunlaran Caravan is a CARD MRI initiative that brings various community development services to different areas, with the goal of uplifting and empowering local communities. The fifth leg of the caravan is set to take place in Polomolok, South Cotabato, on August 20, 2025.

# Laguna SK Federation President Board Member Bhenj Stephen Felismino continues to be a diligent public servant

BY PAOLO MANUEL C. FULE

In the Sangguniang Panlalawigan (SP), Bokal Bhenj Stephen Felismino chairs the committee on youth and sports development and he is a member of the committee on barangay affairs.

With many tasks and works upon the shoulders of Board Member Bhenj Felismino, SK Federation President, he makes sure that he gives his full support and help to the youth of San Pablo City for their respective projects in barangays and schools. This is proof of his unwavering and continuous service to his constituents.

"Collaboration with our local government and with the help of our Governor are the keys when it comes to sports development, education, and youth" quipped the beaming young legislator of Laguna



# SEPTUAGENARIAN DAPAT NA RING TUMANGGAP NG 'GRANT'



Ang bilang ng mga septuagenarian (o taong may gulang na mula sa 70 hanggang 79 taon) na lumalapit sa District Office, at maging sa mga satellite office, ni Congressman Loreto S. Amante upang humingi ng tulong bunga ng kanilang katandaan ay nagpapatotoo na dapat pagtibayin ang kanyang bagong panukalang batas na natala bilang House Bill No. 360 sa 20th Congress na naglalayong masusugan ang Centenarian Act sa bisa ng Republic Act No. I 1982, na siya rin ang pangunahing may akda, upang ang mga septuagenarian ay tumanggap na rin ng "Centenarian Grant," tulad ng mga octogenarian (80 at 85 taong gulang), at nonagenarian (90 at 95 taong gulang). Ayon pa sa mambabatas, ilang kilalang manggagamot ng matatanda o geriatrician na ang pinangangalagaan ay mga nakatatandang mamamayan ang nag-ulat na ang kalakaran nilang nagiging pasyente ay babae at lalaking may gulang na mula sa 65 taon, at kanilang nagkakaisang obserbasyon na ang taong mula sa gulang na 65 taon pataas ay kinapapansinan ng pagbabago sa kanilang pangangatawan at maging sa pag-iisip. (Ruben E.Taningco)