

TULONG SA MGA BIKTIMA NG SUNOG



Sa tagubilin ni Punonglungsod Vicente B. Amante ay personal na pinaabot ni City Administrator Larry S. Amante ang tulong sa mga pamilya na nasunagan sa Brgy. Sta. Filomena na nagmula sa pamahalaang lokal ng San Pablo. Kasama ni City Administrator Larry na bumisita sa Brgy. Sta. Filomena sina City Social Welfare and Development Officer Marilyn S. Escondo; Administrative Officer V, Edward Alcantara; CGDH I, Paul Michael M. Cuadra; at Executive Secretary to the Mayor Kristin A. Picazo. Batid ni City Administrator Larry na kailangan ng agarang tulong ng mga pamilya upang makapagsimula muli matapos ang trahedyang. (CIO/NICKSON/ARCHIE)

PNP beefs up sectoral, inter-agency measures against rape cases

By CHRISTOPHER HEDREYDA
PIA, LAGUNA

SANTA ROSA CITY, Laguna – To address the alarming occurrence of rape cases in the Calabarzon region, the Philippine National Police (PNP) has launched its rape prevention education and police

intervention strategy entitled Project "L.U.K.A.S."

The Project L.U.K.A.S or Labanan, Umakasyon, Kausapin ang buong Pamilya, Abusadong Rapist, Sama-samang Pigilin aims to fortify the grassroots campaign of the police to combat the increasing number of rape cases, which

include statutory rape, rape under the influence of liquor and illegal drugs, fetishism, gang rape, and grave abuse of authority.

In 2023, the Police Regional Office (PRO) IV-A recorded 1,205 total rape cases in the region. The majority falls under the use

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The Wednesday

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Santa Rosa, Glendale to solidify sister city partnership; sign MOA



Si Laguna Vice Gov Atty Karen Agapay sa lingguhang ginaganap na People's Day ng Pamahalaang Panlalawigan sa Cultural Center ng Laguna para sa mga taga 3rd at 4th District na lumalagit ng kanilang pangangailangang pinansiyal o medikal.

The City of Santa Rosa and the City of Glendale, California, have forged a significant milestone in their international relations by officially formalizing their Sister City partnership through the signing of a Memorandum of Agreement (MOA) held at the City Hall of Glendale on March 20, 2024.

Mayor Arlene B. Arcillas, accompanied by Vice Mayor Arnold B. Arcillas, personally traveled to the City of Glendale to sign the agreement and accept the Resolution of the Glendale City Council. They were warmly received by

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Laguna PDRRMO conducts Basic Life Support Training in Alaminos

ALAMINOS, Laguna - The Laguna Provincial Disaster Risk Reduction and Management Office (PDRRMO) in coordination with the Serbisong Tama Action Center (STAC), conducted Basic Life Support (BLS) Training for Batch 06 of Provincial Crisis and Management Council (PCMC) volunteers here on 23-24 March 2024.

The instructors provided lectures on Cardiopulmonary Resuscitation (CPR), the use of Automated External Defibrillator (AED), techniques for Rescue breathing and Foreign Body Airway Obstruction (FBAO), and proper demon-

stration of CPR and FBAO.

Headed by Mr. Aldwin M. Cejo, PDRRMO is continuously providing assistance to different agencies and stakeholders in capacitating their personnel and volunteers to be equipped with the knowledge, skills and to be dependable members of the community under the directive of PDRRMO Chairperson Governor Ramil L. Hernandez.

The training was facilitated by certified trainers from PDRRMO, STAC, MDRRMO Liliw, CDRRMO San Pablo City and Nagcarlan District Hospital. (Article and photo by Laguna PDRRMO/Laguna PIO)



Naging panuhin si Vice Gov. Atty. Karen Agapay sa ginaganap na ika-31 taong General Assembly ng Government Employees Cooperative o GEMCO sa San Pablo City na may temang "GEMCO sa Ika-31 Taon, Kooperatibang Pinatatag ng Panahon, Sandigan ng mga Miyembro Hanggang sa Ngayon."

TRB, MPCALA gathers toll road operators for 2024 GAD Caravan

The Toll Regulatory Board (TRB), in collaboration with MPCALA Holdings Inc., a subsidiary of Metro Pacific Tollways Corporation (MPTC), convened the various toll road operators and concessionaires for the 8th Tollway Industry's Advocacy Caravan, focusing on Gender Equality and Women Empowerment in celebration of National Women's Month.

This year's event, themed "Lipunang Patas sa Bagong Pilipinas: Kakayahan ng Kababaihan, Patutunayan!", was hosted by MPCALA which took place at the Bayleaf Hotel Cavite on Friday, March

22, 2024. The gathering brought together 250 employees from various sectors, including contingents from Cavite-Laguna Expressway (CALAX), Manila-Cavite Expressway (CAVITEX), North Luzon Expressway (NLEX), and Subic-Clark-Tarlac Expressway (SCTEX), along with representatives from toll road companies under the San Miguel Corporation (SMC) and the Villar Group (MCX); as well as teams from the TRB and government partners Philippine Reclamation Authority (PRA), its operating arm PEA Tollway Corporation (PEATC), and Bases Conver-

sion and Development Authority (BCDA).

The event aimed to highlight and honor outstanding women who have broken barriers and excelled in roles traditionally dominated by men. It recognized and honored the contributions of women in male dominated roles Ms. Rebecca Dimasacat (Security Operations) and Ms. Anna Marie Eroy (Patrolwoman), as well as Ms. Karla Carizza Orozco from (Security Operations) MPT South; Ms. Meldvyn Maikie Lacson and Ms. Margarita Miranda (Patrolwomen) from NLEX Corporation;

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SOLVING THE PROBLEM OF HUNGER

Sometimes we seem lost in the flurry of words, but it is clear enough to me that the term "involuntary hunger" is much more real than "perceived hunger". It seems that the former is real "felt" hunger, whereas the latter could be "imagined" hunger to some extent. Knowing that, I felt sick in my stomach when I read that according to the SWS, the number of Filipino families that experienced "involuntary hunger" increased from 9.8 percent in September 2023 to 12.6 percent in December 2023. In layman terms, it could be explained that many Filipino families have no choice but to go hungry, because they could no longer afford to buy food. That could be because they are not earning enough to be able to buy food to eat, or the prices of food have risen for them to be able to afford it. One way or the other, that also means that many Filipino families have also fallen below the poverty line, because they could no longer afford the "imaginary basket of goods". Although it might sound too simplistic, I believe that a practical solution is for Filipino families to grow their own food in their own backyards, or in community farms that are perhaps owned and operated by them through cooperative organizations. Towards that end, I am hoping that all LGUs everywhere will find good reason to help them with technology, financing and marketing. On my own, I have gathered enough contacts among agricultural technology providers, enough to be able to help those who will reach out to me.

-----ooOoo-----

THE GOVERNMENT SHOULD PATRONIZE FILIPINO INVENTIONS

Yes, the government should patronize Filipino inventions. And not only that, it should set the example by taking the lead in buying the products that are the results of these inventions, so that the private sector could follow suit. Somehow, the government should find a way to reconcile its own policy decisions with its own procurement actions. For example, the government issued a policy that mandated the consolidation of jeepney operations, but it did not make a policy that would require the buyers of new jeepneys to patronize the Philippine made vehicles. As a result, most of the sales probably went to the dealers of China made vehicles. Some might argue that the Chinese models are cheaper, but then, some Filipino makers like Francisco Motors are saying that their prices are even lower. I think that the government should come up with a policy that for as long as the Filipino inventions are approved or accredited by an authorized agency such as the DTI, the FDA or the DOST, then the entire government could already start buying it. As a matter of fact, all government agencies could dispense with public bidding if the Filipino products are unique and proprietary, meaning that it has no competitors in the local market. As an initial step, perhaps all local inventions should be vetted first by anyone of the local associations of inventors. It would also be good if these associations could unite, so that they can have one solid voice.

PNP beefs up sectoral, inter-agency measures against rape cases...from p. 1

of force, threat, and intimidation modus at 771 cases, followed by statutory rape at 244 cases, under liquor influence at 123 cases, among others.

PBGen Paul Kenneth Lucas, the regional director of PRO IV-A, underscores the need to reinforce the existing police interventions to fight the increasing numbers of rape incidents and other crimes involving women and children.

"I am committed to consolidate and enhance our existing programs and police interventions to prevent the increase of rape cases and other crimes victimizing women. We will not only carry out PROJECT L.U.K.A.S. to put an end to domestic rape, but we will also launch various programs that will provide knowledge and empower our youth and women to combat abuse and wrongdoing," Lucas affirmed.

Under the project, police officers, with the help of barangay officials, will conduct household visitation and present an audiovisual explainer underscoring awareness and education on how to prevent and avoid the occurrence of rape incidents in their household, while using the internet, or while in a public area, regardless of their gender.

Along with information and awareness campaigns, the PRO IV-A continues to carry out arrest warrants and was able to arrest 268 individuals involved in rape, 149 for the crime of Acts of Lasciviousness, 16 involved in violation of VAWC Law while 82 individuals were arrested for violation of the Anti-Child Abuse Law from October

2023 to March 2024.

Quezon Governor Angelina Helen Tan, the chairperson of the Regional Peace and Order Council, commended the PNP leadership for following her orders to further strengthen the surveillance and enforcement of rape cases.

Through the RPOC, a convergence program among government agencies was formed to ensure that initiatives preventing rape are supported through their respective functions. Agencies involved in the program include PRO IV-A, Department of the Interior and Local Government (DILG) IV-A, Department of Social Welfare and Development (DSWD) IV-A, Department of Education (DepEd) IV-A, Department of Health (DOH) IV-A, and the Philippine Information Agency (PIA) IV-A.

"It is commendable that the program will reach the grassroots levels especially in our barangays. It's saddening that these incidents occur in our communities, with victims feeling powerless. When our fellow citizens are armed with information, especially considering that most victims come from poor families, the number one challenge they face is not knowing where to turn or who to talk to," Tan said.

PNP urges the public to actively engage with their community leaders and community police officers to build open and transparent communication that will help law enforcement in the campaign against rape.

Conduct of PhilSys Registration and Authentication during FDS

The Philippine Statistics Authority (PSA), as the lead implementing agency for the registration and issuance of the Philippine Identification System (PhilSys) has partnered with the Department of Social Welfare and Development (DSWD) on the conduct of the PhilSys registration and authentication during the Family Development Sessions (FDS).

On 31 January 2024, the DSWD Regional office staff initiated a meeting with PSA Laguna in preparation for the roll out of the said joint activity. This coordination continued until 12 -13 February with the PhilSys Registration Center Supervisors (RCSs) of each city/municipality and DSWD City/Municipal Link of Laguna to discuss and finalize the schedule of the implementation of PhilSys registration among unregistered Pantawid Pamilyang Pilipino Program (4Ps) beneficiaries from February to March 2024 and authentication of registered beneficiaries.

A virtual training for the RCSs and Registration Kit Operators (RKO) was also held last 06-07 February to prepare the team for



the authentication of registered members.

For additional information, please visit our website at rso04a.psa.gov.ph/laguna or PSA Provincial office with contact details:

Laguna Provincial Statistical Office
Maharlika Highway, Brgy. Bagong Bayan,
San Pablo City, Laguna
Telephone: (049) 562-9605/562-6401
Email: laguna@psa.gov.ph

TeaM Energy Corporation donates ICT equipment to boost education in Quezon Province

In a bid to enhance educational opportunities in Quezon Province, TeaM Energy Corporation collaborated with DOST-CALABARZON to donate ICT equipment in support of the Community Empowerment thru Science & Technology (CEST) Program. The donation ceremony was held at the DOST-CALABARZON Regional office last March 6, 2024.

The Community Empowerment thru Science and Technology (CEST) program extends its impact into the realm of education by integrating science and technology to enhance

learning experiences within remote communities. Through innovative educational initiatives, CEST aims to bridge the gap between traditional knowledge and modern advancements, empowering students and educators.

The event commenced with a warm welcome extended by Ms. Emelita P. Bagsit, Regional Director of DOST-CALABARZON, alongside Engr. Francisco R. Barquilla III, Assistant Regional Director for Technical Operations, and Ms. Janice Irene F. Berris, Supervising Science Research Specialist. Led by Mr. Froilan

Gegory H. Romualdez III, Head for External Affairs of TeaM Energy Corporation. The donation included a set of Desktop Computers with i7 processors, three sets of Desktop Computers with i3 processors, a Printer, Dual-Band Wi-Fi Router, four Computer Tables and Chairs, and a 75-inch Smart TV.

Furthermore, discussions between TeaM Energy Corporation and DOST CALABARZON explored potential collaborations and future projects aimed at maximizing their impact on regional development. The partnership highlights a shared vision of driving sustainable growth through education and technology.

In recognition of TeaM Energy Corporation's invaluable support, DOST-CALABARZON extended an invitation to their team for the launch of the 2nd Mini Science Centrum in Quezon, Quezon, on April 5, 2024, at Cesar C. Tan Memorial National High School. This event will feature a formal turnover and MOA signing of the Deed of Donation to the recipient school and will be followed by the donation to Polillo.

The donation of ICT Equipment by TeaM Energy Corporation signifies its dedication to empowering communities and facilitating access to quality education. As the partnership continues to evolve, Quezon Province can anticipate transformative initiatives that will pave the way for a brighter and more prosperous future.



TRB, MPCALA gathers toll road operators for 2024 GAD Caravan

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Ms. Reizl Vee Marfil (Patrolwoman) from PEA Tollway Corp (PEATC); Ms. Mary Rose Abragar (Patrolwoman) from Tarlac-Pangasinan-La Union Expressway (TPLEX); Ms. Claire Gutierrez (Patrolwoman) from Skyway. Additionally, guest speaker Ms. Xaxa Manalo-Gochangco, a pilot of the nation's flag carrier, turned CEO of an aviation training center, shared her insights, and provided inspiration for women navigating male-dominated fields.

"As we celebrate National Women's Month, let us not only

acknowledge the achievements of women within our organizations but also those across various industries and sectors. Together, let us continue to champion gender equality, create opportunities for women to thrive, and build a more inclusive and equitable society for all," remarked Mr. Raul L. Ignacio, President and General Manager of MPCALA Holdings Inc.

"We extend our gratitude to MPCALA Holdings Inc. for graciously hosting the 8th Tollway Industry's Advocacy Caravan this year. The event provided an invaluable opportunity for all participants to

share and gain insights into their personal definitions of women empowerment and gender equality. Our hope is that the spirit of this event resonates not only within these walls but also across broader communities as we celebrate National Women's Month," stated Atty. Alvin Carullo, Executive Director of Toll Regulatory Board.

In addition to inspiring speeches from the guest speaker, Ms. Xaxa Manalo-Gochangco, participants from different toll roads showcased their talents in special entertaining production numbers.

MPCALA also provided the

guests with a drive-thru tour of its Cavite-Laguna Expressway (CALAX), highlighting the company's efforts in technological advancement and environmental sustainability.

The advocacy caravan provided an opportunity for representatives from the TRB, tollway operators, concessionaires, and local government to network and collaborate. It encouraged the formation of partnerships and cooperation to promote initiatives for Gender Equality and Women Empowerment within both the tollway industry and the wider community.

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The Impact of Slow Waltz on Grade 11 Learners at San Pablo City Science Integrated High School

By: **BRYAN BRYLLE G. EUSEBIO**

The slow waltz at San Pablo City Science Integrated High School transcends dance—it fosters physical coordination, social connection, and artistic expression among Grade 11 learners. Through its elegant movements, students develop coordination and balance while forming bonds of communication and cooperation with their partners. Moreover, the dance serves as a creative outlet for self-expression, fostering confidence and poise. Beyond the dance floor, the slow waltz teaches valuable life lessons in resilience and harmony, enriching the minds and hearts of participants with its timeless elegance and grace.

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SOCIAL SECURITY SYSTEM,
Mortgagee,
-versus- EJF Case No. 2024-5059-SPL

WENCESLAO M. VENUS,
Mortgagor.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended, filed by **SOCIAL SECURITY SYSTEM,** mortgagor, with principal office at SSS Bldg. 2nd Floor M. Paulino St., Corner Balagtas Blvd., Brgy. III-A, San Pablo City, Laguna, against **WENCESLAO M. VENUS,** mortgagor, with postal address at Lot 28 Blk. 1 Jaka Village, Brgy. San Vicente, San Pedro City, Laguna, to satisfy the mortgage indebtedness which as of February 29, 2024 amounts to **THREE MILLION TWO HUNDRED SEVENTY FIVE THOUSAND FIVE HUNDRED FIVE PESOS & 48/100 (Php3,275,505.48)** Philippine Currency, inclusive of interest and penalty charges, all secured by the said mortgage, the undersigned Sheriff-in-Charge will sell at public auction on **June 12, 2024 at 2:00 o'clock in the afternoon** at the Office of the Clerk of Court, Regional Trial Court, Hall of Justice, Pacita Complex 1, San Pedro City, Laguna to the highest bidder for CASH or MANAGER'S CHECK and in Philippine Currency the following described property with all its improvements, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-337362

A parcel of land (Lot 28, Blk. 1 of the subd. plan Psd-043425-074848, being a portion of Lot 2, (LRC) Pcs-22223, LRC Rec. No. N-39286), situated in the Bo. of San Vicente, Mun. of San Pedro, Prov. of Laguna, Island of Luzon. Bounded on the NW., along line 1-2 by Lot 29, Blk. 1, on the NE., along line 2-3 by Road Lot 5; on the SE., along line 3-4 by Lot 27, Blk. 1, all of the subd. plan and on the SW., along line 4-1 by Lot 416, Gss-877. Beginning at a point marked "1" on plan, being S.49 deg. 42'E., 904.75 m. from BLLM No.3, San Pedro, Laguna; Thence N. 82 deg. 45'E., 14.00 m. to point 2; N. 07 deg. 15'E., 4.00 m. to point 3; S. 82 deg. 45'W., 14.04 m. to point 4; N. 06 deg. 46'W., 4.00 m. to the point of beginning; containing an area of FIFTY SIX (56) SQUARE METERS. All points referred to are indicated on the plan and are marked on the ground by P.S. cyl. conc. mons. 15x60 cm.; bearings true; date of original survey, Oct. 1, 1964-Feb. 28, 1965 and that of the subd. survey, Aug. 8-27, 1994 and was approved on Oct. 13, 1994.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date it shall be held on July 24, 2024 at 2:00 o'clock in the afternoon without further notice.

March 20, 2024, City of San Pedro, Laguna.

Prepared by:
(Sgd.) **CARILLO M. CAPILI, JR.**
Sheriff IV

Noted by:
(Sgd.) **ATTY. CHARLTON M. MACAPALA**
Clerk of Court VI

Copy Furnished:
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c/o ENGR. EVANGELINE B. RIVERA
SSS Bldg. 2nd Floor M. Paulino St., Corner Balagtas Blvd., Brgy. III-A, San Pablo City, Laguna

WENCESLAO M. VENUS
Lot 28 Blk. 1 Jaka Village, Brgy. San Vicente, San Pedro City, Laguna

The Wednesday Herald
San Pablo City
April 3, 10 & 17, 2024

BEAT: Boosting Effective Activities for Transformation - Empowering Health and Wellness at San Pablo City Science Integrated High School

By: **BRYAN BRYLLE G. EUSEBIO**

BEAT, short for Boosting Effective Activities for Transformation, is an initiative spearheaded by the Physical Education teacher, Mr. Bryan Brylle G. Eusebio, in collaboration with Grade 11 and Grade 12 students at San Pablo City Science Integrated High School. This innovative event aims to address prevalent health issues and concerns among our student body while promoting holistic well-being.

Through BEAT, we provide a platform for students to actively engage with topics such as physical fitness, mental health, and healthy lifestyle choices. The event features a variety of interactive workshops, fitness challenges, informative seminars, and hands-on activities designed to empower students with practical knowledge and skills to lead healthier lives.

From fitness exercises and dance sessions to mental health work-

shops and stress management techniques, BEAT offers something for everyone, catering to diverse interests and preferences. By involving students in the planning and execution of the event, we foster a sense of ownership and empowerment, ensuring that BEAT truly reflects the needs and aspirations of our school community.

Moreover, BEAT serves as a catalyst for fostering a culture of health and wellness within our school, extending its impact beyond the event itself. By raising awareness, promoting positive change, we aim to create a lasting legacy of health and vitality among our students.

As their Physical Education teacher, I am proud to be part of a school community that prioritizes the well-being of its students. Through BEAT, we are not only addressing immediate health concerns but also laying the foundation for lifelong habits of self-care and empowerment. Together, we are shaping a healthier, happier future for the students of San Pablo City Science Integrated High School.

Harnessing the Power of Experiential Learning: Transforming Physical Education at San Pablo City Science Integrated High School

By: **BRYAN BRYLLE G. EUSEBIO**

In the vibrant halls of San Pablo City Science Integrated High School, a paradigm shift is underway in the realm of Physical Education. Embracing the principles of experiential learning, our approach to teaching and learning has been revolutionized, with profound implications for the holistic development of our Senior High School students.

Experiential learning in Physical Education transcends the traditional confines of the classroom, empowering students to actively engage with the subject matter through hands-on experiences, real-world applications, and reflective practices. By immersing themselves in practical, meaningful activities, students not only acquire knowledge and

skills but also develop critical thinking, problem-solving, and interpersonal abilities essential for success in an ever-changing world.

One of the hallmarks of experiential learning approach is its emphasis on active participation and student-centered inquiry. Rather than passively receiving information, students are encouraged to explore, and discover for themselves, under the guidance of their supportive educator. Every activity becomes an opportunity for discovery and growth. By engaging students in meaningful, hands-on experiences, we are empowering them to become active participants in their own learning journey, fostering a deeper understanding of the subject matter, and equipping them with the tools they need to succeed in all aspects of life.

<p>REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FOURTH JUDICIAL REGION BRANCH 108, CABUYAO CITY, LAGUNA Official Contact No.: 09514918839 Official Email Address: rtc2cby108@judiciary.gov.ph EJF NO. 439-C-2023-EJ</p> <p>Upon Petition for Extra-Judicial Foreclosure of Real Estate Mortgage Under Act 3135, as amended, filed by HOME DEVELOPMENT MUTUAL FUND, mortgagor, against JULITA M. MOJICA, mortgagor/s, single, of legal age, Filipino citizen, with postal address at 655 TENEMENT BLDG TAGUIG METRO MANILA to satisfy the mortgage indebtedness which as of August 15, 2023 amounted to SIX HUNDRED FIFTY SEVEN</p>	<p>THOUSAND FIVE HUNDRED FIFTY SIX PESOS & 93/100 (Php 657,556.93) inclusive of interest and other charges, the undersigned Deputy Sheriff will sell at public auction on June 6, 2024 at 2:00 o'clock pm in the afternoon or soon thereafter at the office of the Clerk of Court & Ex-Officio Sheriff, RTC Branch 108, 2/F Unit 7, New Annijo Commercial Bldg. along National Highway, Brgy. Sala, Cabuyao City, Laguna (Besides Royal Cable Office) across Cabuyao Public Cemetery, to the highest bidder, for Cash or Manager's Check and in the Philippine Currency, the following described properties with all its improvement to wit:</p> <p>TRANSFER CERTIFICATE OF TITLE NO. T-392815</p> <p>A PARCEL OF LAND (LOT 3, BLK. 7 OF THE</p>	<p>SUBD PLAN, PSD-04-090608, BEING A PORTION OF LOT 5751-A, PSD-04-026417, LRC REC. NO. 21582), SITUATED IN BRGY. MAMATID, MUN. OF CABUYAO, PROV. OF LAGUNA, ISLAND OF LUZON. BOUNDED ON THE xxxx CONTAINING AN AREA OF NINETY (90) SQUARE METERS. xxx*</p> <p>All sealed bids must be submitted to the undersigned on the above stated time and date.</p> <p>In the event the public auction should not take place on the above-mentioned date by reason of fortuitous events/special holidays, it shall be held on June 13, 2024 at 2:00 o'clock pm without further notice.</p> <p>City of Cabuyao, Laguna, March 22, 2024. (Sgd.) ALEX A. MENDOZA</p>	<p>Sheriff IV</p> <p>Copy Furnished: HOME DEVELOPMENT MUTUAL FUND The Petron Mega Plaza Building No. 358 Sen Gil Puyat Avenue, Makati City JULITA M. MOJICA 1. 655 Tenement Bldg Taguig Metro Manila 2.) Lot 3 Blk 7 Crystal Ville, Mamatid, Cabuyao, Laguna MARIA VICTORIA D. CAPIRAL C/O ATTY. JULIUS VOLTAIRE ROMMEL C. CUBELO Attorney-In-Fact, 24K ACCOUNTS CONSULTANT, INC. 3F Fass Inteli College Bldg., No. 11, Pittsburgh St., Brgy. Silangan, Cubao, Quezon City</p> <p>The Wednesday Herald San Pablo City April 3, 10 & 17, 2024</p>
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NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE

NOTICE is hereby given that the late **FLORA GUNDAYAO SAJONAS PERALTA**, who died intestate on April 13, 2019 at San Pedro City, Laguna, left behind the following properties:

- Residential land (Transfer Certificate of Title No. T-324776; Registered owner: Filinvest Dev't Corp; Tax Declaration No. 24-0002-00599; Area: 50 square meters
- Residential building/house (Registered owner: Narciso E. Peralta and Flora S. Peralta; Tax Declaration No. 24-0002-01410; Area: 30 square meters
- Rights awarded to Flora Peralta as evidenced by Entry Pass No. 012 by the Public Estates Authority, Filinvest Alabang Incorporated issued on January 5, 1994

which had been the subject of a "Deed of Extrajudicial Settlement of Estate" among her only surviving heirs before notary public Atty. Urane Leslie F. Maambong-Singh as per Doc. No. 34; Page No. 08; Book No. 03; Series of 2022.

TWH -- April 3, 10 & 17, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE

NOTICE is hereby given that the late **Spouses LEONARDO LIM DE MESA and OPTARZA L. DE MESA**, who both died intestate, left behind the following properties:

- a parcel of land situated at Poblacion, Santa Cruz, Laguna covered by Transfer Certificate of Title No. T-238292;
- a building located at P. Guevarra St., Barangay II, Sta. Cruz, Laguna declared under TD No. 25-0002-00448 & PIN 023-25 002 046-1001;
- a commercial lot located at P. Guevarra St., Barangay II, Sta. Cruz, Laguna declared under TD No. 25-0002-00447 & PIN 023-25-007-04-046;
- a parcel of land situated at Poblacion, Pila, Laguna covered by Transfer Certificate of Title No. T-105945;
- a residential house situated at Gen. Luna St., Bullilan Norte, Pila, Laguna declared under TD No. 0001-00226 & PIN 023-22-0001-007-04-100;
- a commercial lot situated at Brgy. Poblacion, Los Baños, Laguna declared under Tax Declaration No. 11-0001-00174 & PIN 023-11-0001-003-27;
- a residential lot situated at Brgy. Poblacion, Los Baños, Laguna declared under TD No. 11-0001-00176 & PIN 023-11-0001-003-28; and
- a residential building situated at Brgy. Poblacion, Los Baños, Laguna declared under TD No. 11-0001-00175 & PIN 023-11-0001-003-27-1001;

which had been the subject of an "Extrajudicial Settlement of Estate" among their sole surviving legitimate heirs before notary public Atty. Urane Leslie F. Maambong-Singh as per Doc. No. 199; Page No. 41; Book No. 13; Series of 2023.

TWH -- April 3, 10 & 17, 2024

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NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH SALE

NOTICE is hereby given that the late **ROWENA C. SARMIENTO**, who died intestate on May 5, 2021 in San Pablo City, left a real property with improvement located at Brgy. San Rafael, San Pablo City, Laguna covered by Transfer Certificate of Title No. 075-2010000947 which had been extrajudicially settled among her heirs and that a portion of the said parcel of land described as Lot 6-B containing an area of 24 sq. meters was sold to **DONDON BUENSALIDA BONAYON married to ROSIE BONAYON**, before notary public Atty. Lorna D. Ruba as per Doc. No. 52; Page No. 11; Book No. XII; Series of 2023.

TWH -- April 3, 10 & 17, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH SALE

NOTICE is hereby given that the late **Spouses IRINEO I. EXCONDE and AUREA G. EXCONDE**, who both died intestate on July 9, 1975 and Dec. 25, 1995 respectively, left a real property located at Brgy. Dolores, San Pablo City covered by Original Certificate of Title No. P-4237 which had been extrajudicially settled among their heirs and sold to **LOUIE ANGELO P. GONZALES**, before notary public Atty. Lorna D. Ruba as per Doc. No. 318; Page No. 64; Book No. XV; Series of 2024.

TWH -- April 3, 10 & 17, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH SALE

NOTICE is hereby given that the late **Spouses RICARTE BRION BALDOVINO and LUZ BANAAD**, who died on Oct. 2, 2000 and June 22, 2015, respectively, in San Pablo City, left a parcel of land situated in Brgy. San Roque, San Pablo City, Laguna under Transfer Certificate of Title No. T-36378 which had been the extrajudicially settled among their children and sold to **Spouses EMMANUEL REYES AGRAMON and CYNTHIA POLOAN AGRAMON**, before notary public Atty. Victorino F. Javier, Jr. as per Doc. No. 155; Page No. 32; Book No. 283; Series of 2023.

TWH -- March 20, 27 & April 3, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF BANK ACCOUNT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **ALBERT VILLALOBOS HOLGADO**, who died on Nov. 27, 2023 in Biñan City, Laguna, left a bank deposit with Sterling Bank of Asia, Biñan, Laguna (Barangay Canlalay) branch under account number 543/1/002041/65 and Savings Account Passbook No. 127447 which had been the subject of a "Deed of Extrajudicial Settlement of Bank Account With Waiver of Rights" among his legal heirs before notary public Atty. Avelino T. Iglesias, Jr. as per Doc. No. 307; Page No. 64; Book No. I; Series of 2024.

TWH -- March 27, April 3 & 10, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE AMONG HEIRS WITH DEED OF ABSOLUTE SALE

NOTICE is hereby given that the late **CORNELIO PONTANOZA DEQUITO**, who died on Dec. 21, 2018 in San Pablo City, left his conjugal share of a co-owned property by Noemi D. German married to Efen P. German situated at Brgy. San Crispin, San Pablo City, Laguna under Transfer Certificate of Title No. (T-25757) 075-2024000039 which had been extrajudicially settled among his legal heirs and sold to **EUFEMIA G. NAPOLES and EUNICE S. VILLAPANDO** married to **JAN RICK M. VILLAPANDO**, before notary public Atty. Lorna D. Ruba as per Doc. No. 61; Page No. 13; Book No. XV; Series of 2024.

TWH -- March 20, 27 & April 3, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF REAL ESTATE OF A DECEASED PERSON WITH DEED OF SALE

NOTICE is hereby given that the late **RUBEN G. MESINAS**, who died on March 19, 2016 in San Pablo City, Laguna left his one-half (1/2) share over the conjugal property covered by Transfer Certificate of Title No. 65926 which had been extrajudicially settled among his legitimate heirs and sold to **Sps. MA. GELEN M. BRIONES and REGINALD ANTON SANTOS**, before notary public Atty. Lorna D. Ruba as per Doc. No. 528; Page No. 106; Book No. XIV; Series of 2024.

TWH -- March 20, 27 & April 3, 2024

NOTICE OF EXTRAJUDICIAL WITH DEED OF ABSOLUTE SALE

NOTICE is hereby given that the late **GREGORIA DAQUIL**, who died on Dec. 27, 1997 in San Pablo City, married to **SIMPLICIO CORTEZ**, who died on Jan. 10, 1986 in San Pablo City, left a parcel of agricultural land situated in Brgy. San Crispin, San Pablo City, Laguna under Original Certificate of Title No. P-6077 which had been the extrajudicially settled among their surviving heirs and sold to **SPS. JEDDAH YAP and JERRALD YAP**, before notary public Atty. Alfredo Lao Belen Jr. as per Doc. No. 31; Page No. 8; Book No. 179; Series of 2024.

TWH -- March 20, 27 & April 3, 2024

SUDOKU ANSWER

5	3	4	6	2	1	9	8	7
6	2	8	5	7	9	3	1	4
7	9	1	8	3	4	2	5	6
8	5	2	1	6	3	4	7	9
1	6	9	4	8	7	5	2	3
3	4	7	9	5	2	8	6	1
4	8	3	7	1	5	6	9	2
9	1	5	2	4	6	7	3	8
2	7	6	3	9	8	1	4	5
8	6	9	7	1	4	2	3	5
1	5	7	9	2	3	4	6	8
3	4	2	5	6	8	9	7	1
7	9	1	6	4	5	8	2	3
4	2	3	8	7	9	5	1	6
5	8	6	1	3	2	7	9	4
6	3	4	2	5	7	1	8	9
2	1	8	4	9	6	3	5	7
9	7	5	3	8	1	6	4	2

Santa Rosa, Glendale to solidify sister city partnership

...from p. 1

Glendale City Mayor, Hon. Dan Brotman, and the entire City Council, signifying the mutual respect and enthusiasm for collaboration between the two cities.

The Sister City partnership between Santa Rosa and Glendale opens numerous opportunities for economic development, cultural enrichment, tourism promotion, technological innovation, and various other collaborative endeavors beneficial to both cities.

Elen Asatryan, a Member of Glendale's City Council, highlighted the vibrant Filipino community residing in Glendale and the pivotal role played by organizations like the Filipino American Business Association of Glendale (FABAG-GLAC) in facilitating this partnership.

Santa Rosa proudly stands as

Glendale's first and only sister city in the Philippines, chosen for its shared commitment to advancing modern technology initiatives.

The MOA serves as a blueprint for mutually beneficial educational, professional, economic, and cultural exchanges between the two communities, symbolizing not just a partnership but a bridge connecting them towards growth and development.

Mayor Arlene and her delegation extended heartfelt gratitude to their counterparts in Glendale for their warm hospitality and gracious reception, nurturing a sense of camaraderie and cooperation.

The exchange of kind words and tokens of appreciation further cemented the bonds of friendship between Santa Rosa and Glendale, laying a solid foundation for enduring collaboration and mutual prosperity.

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH DEED OF ABSOLUTE SALE

NOTICE is hereby given that the late **RENATO B. BRION**, who died intestate on May 28, 2015 in San Pablo City, left a parcel of land situated at Brgy. San Juan, San Pablo City, Laguna covered by Transfer Certificate of Title No. T-42855 which had been extrajudicially settled among his heirs and sold to **GIAN CARLO SALUPADO and DUSTIN MEER**, before notary public Atty. Lorna D. Ruba as per Doc. No. 212; Page No. 43; Book No. XIV; Series of 2024.

TWH -- April 3, 10 & 17, 2024

NOTICE OF EXTRAJUDICIAL SETTLEMENT WITH WAIVER OF RIGHTS

NOTICE is hereby given that the late **GAUDENCIO S. ESPOLOG**, who died on Nov. 20, 2017 in Biñan City, Laguna left a certain property with improvement erected thereon located at Brgy. Canlalay, Binan City, Laguna covered by Transfer Certificate of Title No. T-238009 which had been the subject of a "Deed of Extrajudicial Settlement With Waiver of Rights" among his surviving heirs before notary public Patricio L. Boncayao, Jr. as per Doc. No. 393; Page No. 80; Book No. 233; Series of 2018.

TWH -- April 3, 10 & 17, 2024

REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT, BRANCH 108 CITY OF CABUYAO, LAGUNA

NOTICE OF EXTRA JUDICIAL FORECLOSURE EJF NO. 406-C-2023-EJ

Upon Petition for Extrajudicial Foreclosure of Real Estate Mortgage Under Act 3135, as amended, filed by **HOME DEVELOPMENT MUTUAL FUND**, mortgagee, against **SPS. CECILIA C. DEL MUNDO and RAMIL L. DEL MUNDO**, mortgagor/s both of legal age, Filipino citizens, with postal address at LOT 25 BLK 7, VILLA ESTELA SUBD., BRGY. BACLARAN, CABUYAO, LAGUNA to satisfy the mortgage indebtedness which as of May 16, 2023 amounted to **ONE HUNDRED FORTY TWO THOUSAND ONE HUNDRED**

FOURTEEN PESOS & 90/100 (Php 142,114.90) inclusive of interest and other charges, the undersigned Deputy Sheriff will sell at public auction on **May 23, 2024 at 2:00 o'clock pm** in the afternoon or soon thereafter at the office of the Clerk of Court & Ex-Officio Sheriff, RTC Branch 108, 2/F Unit 7, New Annijo Commercial Bldg. along National Highway, Brgy. Sala Cabuyao City, Laguna (Besides Royal Cable Office) across Cabuyao Public Cemetery, to the highest bidder, for Cash or Manager's Check and in the Philippine Currency, the following described properties with all its improvement to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-420297

A PARCEL OF LAND (LOT 52 BLK 72 OF THE CONS/SUBD. PCS-04-012602, BEING A PORTION OF THE CONSOL. OF PLAN PSU-50910 LOT

JOB VACANCY

Position: Wire Harness/Solar Harness Manager

Job Description:

1. Manage and supervise the production flow of Wire Harness and Solar Harness Section.
2. Plan and organize with the production and employees.
3. Keeps tracks of production activities.
4. Contributes to follow up activities and trainings.
5. Manage team work.
6. Monitors resolution of non-compliance issue.
7. Coordinate studies and projects for improvements in processes, equipment, and cost reductions.

Qualification:

1. At least 10 years of experience in Wire Harness/Solar Harness manufacturing.
2. With excellent organizational and managerial skills.
3. Can speak Japanese language is an advantage.

Employer's Name and Address:
HEWTECH PHILIPPINES CORP.
 Lot C2-9 Carmelray Industrial Park II Calamba City, Laguna and Lot 6 Blk 9 Light Industry & Science Park III, San Rafael and Sta. Anastacia, Sto. Tomas, Batangas

All applications must be sent to
meckael.alvaro@hewtech.com.ph

TWH -- April 3, 2024

2-A, PSD-69192; PSU-38527; LOT 1-C, PSD-04-088893; LOT 2-C, PSD-17905; PSU-50911; LOT 2, PSD-04-044771, L.R.C. REC. NO.), SITUATED IN THE BRGY. MAMATID, MUN. OF CABUYAO, PROV. OF LAGUNA. BOUNDED ON THE x x x CONTAINING AN AREA OF THIRTY SIX (36) SQ. METERS. X x x

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the above-mentioned date by reason of fortuitous events/special holidays, it shall be held on May 30, 2024 at 2:00 o'clock pm without further notice.

City of Cabuyao Laguna
 March 5, 2024.

(Sgd.) **ALEX A. MENDOZA**
 Sheriff IV

Copy Furnished:
 HOME DEVELOPMENT MUTUAL FUND
 The Petron Mega Plaza Building No. 358 Sen Gil Puyat Avenue, Makati City

SPS. CECILIA C. DEL MUNDO AND RAMIL L. DEL MUNDO
 1.) 103 Baclaran, Cabuyao, Laguna
 2.) Lot 52 Blk 72 Ph 1, Mabuhay City Subd Mamatid, Cabuyao, Laguna

MARIA VICTORIA D. CAPIRAL C/O ATTY. JULIUS VOLTAIRE ROMMEL C. CUBELO
 Attorney-In-Fact, 24K ACCOUNTS CONSULTANT, INC.
 3F Fass Inteli College Bldg., No. 11, Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

The Wednesday Herald
 San Pablo City
 April 3, 10 & 17, 2024

Republic of the Philippines Fourth Judicial Region REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT & EX-OFFICIO SHERIFF City of Biñan, Laguna

BDO UNIBANK, INC., Mortgagee,
 -versus-
 EJF Case No. 2024-438

MARIE DAWN EDNALINO ALBA, married to JOLLY SAINT MEDINA NICOLAS, Mortgagor/s.
 X-----X

NOTICE OF EXTRA-JUDICIAL FORECLOSURE SALE

Upon extra-judicial petition for sale under Act 3135, as amended, filed by **BDO UNIBANK, INC.,** mortgagee, against **MARIE DAWN EDNALINO ALBA, married to JOLLY SAINT MEDINA NICOLAS,** mortgagor, with residence and postal address at 128 Pulo, Cabuyao, Laguna

4025, and Lot 31 Blk 67 Road Lot 1 Laguna Bel Air Drive, Laguna Bel Air 3, Brgy. Loma, Biñan, Laguna, to satisfy the mortgage indebtedness which as of February 29, 2024 amount to **PESOS: P8,888,632.31** inclusive of interest and penalty charges, the undersigned Sheriff-in-Charge will sell at public auction on **June 11, 2024 at 2:00 o'clock in the afternoon** or soon thereafter at the Courtroom of RTC-152, City of Binan, Laguna located at West Gate Area, Alonte Sports Arena, Brgy. Zapote, City of Binan, Laguna to the highest bidder for CASH or MANAGER'S CHECK and in Philippine Currency the following described property with all its improvements, to wit;

TRANSFER CERTIFICATE OF TITLE NO. 060-2019012813

IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF LOMA, MUN. OF BINAN, PROV.OF LAGUNA, ISLAND

OF LUZON, bounded and described as follows:
 A PARCEL OF LAND (LOT 31, BLK. 67, OF THE CONSOL. & SUBD. PLAN PCS-04-016829, BEING A PORTION OF THE CONSOL. OF LOTS 2674, 2709 AND 3143, BINAN ESTATE, L.R.C. REC. NO.), SITUATED IN THE BRGY. OF LOMA, MUN. OF BINAN, PROV. OF LAGUNA, ISLAND OF LUZON. BOUNDED ON THE NW., X-X-X CONTAINING AN AREA OF ONE HUNDRED FORTY FOUR (144) SQ. METERS. X-X-X

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the above-mentioned date by reason of fortuitous events/special holidays, it shall be held on July 16, 2024 at 2:00 o'clock in the afternoon without prior further notice.

March 06, 2024, City of Binan, Laguna.

(Sgd.) **VAUGN ANGELO G. EVANGELIO**
 Sheriff IV

Copy Furnished:
 LEINE A. DE CASTRO
 BDO UNIBANK, INC.
 Risk Management Group- Remedial Management Unit 11th Floor, BDO Towers Valero, 8741 Paseo De Roxas, Makati City, Metro Manila

MARIE DAWN EDNALINO ALBA
 JOLLY SAINT MEDINA NICOLAS
 128 Pulo, Cabuyao, Laguna 4025

Lot 31 Blk 67 Road Lot 1 Laguna Bel Air Drive, Laguna Bel Air 3, Brgy. Loma, Biñan, Laguna

OFFICE OF THE CLERK OF COURT
 Biñan City, Laguna

The Wednesday Herald
 San Pablo City
 March 20, 27 & April 3, 2024

CARD MBA's 91st PO inaugurated in Romblon; extends microinsurance services to more than 40,000

BY MARY ROSE JAVIER

The CARD Mutual Benefit Association, Inc. (CARD MBA), the insurance arm of CARD Mutually Reinforcing Institutions (CARD MRI), has marked another significant milestone with the opening of its 91st Provincial Office (PO) in Romblon on March 18, 2024.

With the recent establishment of the 90th PO in North Cotabato on March 5, 2024, this latest expansion highlights CARD MBA's steadfast commitment to bringing affordable insurance services to hard-to-reach areas across the Philippines.

"Continuing our expansion into remote provinces is pivotal to our mission of serving clients in urgent need of microinsurance," emphasized by CARD MBA CEO Jocelyn Dequito during the inauguration ceremony.

Dequito elaborated, "CARD MBA's goal is to ensure that no one gets left behind through the products and services that CARD MBA offers. Aside from microinsurance, we also provide immediate assistance during times of calamities." She also highlighted the institution's 8-24 strategy, which prioritizes settling insurance claims to its members and beneficiaries within eight to 24 working hours.

Since its establishment in 1999, CARD MBA aims to provide benefits to members in case of death and uncertainties, offering a range of microinsurance products designed to provide protection and assistance.

These products include the Basic Life Insurance Program, Retirement Fund, Loan Redemption Fund Plus, Golden Life Insurance Program, Family Security Plan, Acci Plan, and Remitter Protek Plan.

Additionally, CARD MBA actively participates in community development programs such as mass weddings and the CARD MRI Disaster Relief Assistance Program.

The newly opened PO is situated at Festin Street,



Selected staff and officers of CARD MBA attended the grand opening and office blessing of Romblon Provincial Office on March 18, 2024.

Sitio Torre, Barangay Dapawan, Odiongan, Romblon will be serving a total of 43,386 members from CARD, Inc. (A Microfinance NGO).

The inauguration of this PO signifies CARD MBA's unwavering commitment to expanding its reach and ensuring financial security for Filipinos nationwide. It represents the institution's ongoing efforts to empower communities and build resilience against life's uncertainties.

To know more about CARD MBA, please visit <https://cardmba.com/>

Green Archer Kieffer Louis Alas shows mettle inside the hard court

Every success is forged in a dream, for every journey starts with a beginning. The quest for sports glory is underway for this persevering and handsome basketball player from De La Salle Zobel. Meet Kieffer Louie Alas.

Born Kieffer Louie P. Alas on April 4, 2007 in Manila to Mr. Louie Alas and Ms. Liza Alas, the 6-foot-2 De La Salle Zobel student plays point guard for his team. Kieffer Louie is also a talent of Virtual Playground sports agency.

Asked how he balances his studies and sports, he said that proper time management is the key. "My most unforgettable game was our last game of the UAAP season against Ateneo. It was my first game against our archrival, and we pulled out a win," quipped the handsome cager.

Aside from basketball, his other hobbies include video games, chess and meditation. His idols in basketball are Stephen Curry, his brother Kevin Alas, and Kieffer Ravena because he wants to model his game after them. His career high in points is 74 in Las Pinas barangay league. His ambition in life is to be able to play professional basketball abroad.



MOMENT OF TRUTH

-- Paolo Manuel C. Fule --



With faith in God and the perseverance to succeed, the road to success is not far-fetched for

this handsome young lad. (Photos by: Virtual Playground and Jomari Carreon)

S U D O K U	5		6		9	8	7
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6	3	4		5			
			9		3		
				1			



Echoes of Wisdom: The Noble Stroll

BY: CRISTY B. MACALINO
TEACHER III
BARANGHAWON ELEMENTARY SCHOOL

In busy halls where dreams take off,
Teachers in the Philippines shine brightly,
guiding brains through the day and night.
In classrooms filled with wisdom's light.

Their hearts burning with genuine passion.
Nurturing seeds that will endure.
Every child has a secure future.
Their love will be a gift forever.

Despite the hurdles they confront,
Their unwavering spirit leaves a trace.
Of resilience and grace.
In shaping tomorrow's embrace.

So heed the call and embrace the job.
Where every soul discovers its own goal.
In developing minds and hearts, overall,
A teacher's journey is a lovely stroll.

Information and Communications Technology (ICT) and its helps to the 21st Century Teachers and Learners



BY: MARIA BIDA L. SANCHEZ
TEACHER III, AMBRAY ELEMENTARY SCHOOL

Schools use a diverse set of ICT tools to communicate, create, disseminate, store, and manage information. In some contexts, ICT has also become integral to the teaching-learning interaction, through such approaches as replacing chalkboards with interactive digital whiteboards, using students' own smartphones or other devices for learning during class time, and the "flipped classroom" model where students watch lectures at home on the computer and use classroom time for more interactive exercises.

When teachers are digitally literate and trained to use ICT, these approaches can lead to higher-order thinking skills, provide creative and individualized options for students to express their understandings, and leave students better prepared to deal with ongoing technological

change in society and the workplace.

Teachers need specific professional development opportunities to increase their ability to use ICT for formative learning assessments, individualized instruction, accessing online resources, and fostering student interaction and collaboration. Such training in ICT should positively impact teachers' general attitudes towards ICT in the classroom, but it should also provide specific guidance on ICT teaching and learning within each discipline. Without this support, teachers tend to use ICT for skill-based applications, limiting student academic thinking. To support teachers as they change their teaching, it is also essential for education managers, supervisors, teacher educators, and decision-makers to be trained in ICT use.

We believe that the use of this ICT, it will increase the engagement and participation of our students in the classroom. For us teachers, with the use of technology, we can create more interactive and dynamic lessons that capture the attention of students and keep them engaged throughout the class.

Fil-British cager Eric Ramos Hall: The 'hard-court heartthrob' of Mindoro

BY: PAOLO MANUEL C. FULE

The Philippines is a country known for world-class sports figures like boxing icon Manny Pacquiao, kegger Paeng Nepomuceno, runner Lydia De Vega, the magician Effen "Bata" Reyes, to name a few. These athletes are products of hard work and training that they developed when they were still young. Such is the case of this upcoming basketball star from Oriental Mindoro, Filipino-British cager Eric Ramos Hall.

Born Eric Ramos Hall on September 10, 2003 in Guiguinto, Bulacan to Mr. Mark A. Hall and Ms. Rosemarie R. Hall, the 5-foot-11 cager is currently studying in LPU Batangas.

His career high in points for a basketball game is 46 during an intramurals in his school. Aside from playing basketball, Eric is also into swimming and taekwondo as his recreation. Eric's idol in basketball is NBA star and Portland Trailblazer guard Damian Lillard. "I liked him because he is an unselfish player," said Eric. His ambition in life is to be a successful PBA player in the near future. With determination, perseverance and unceasing faith in God, the future for this young lad is definitely bright.

Email the author at: paolomanuelefule@yahoo.com



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