

# CONG. AMBEN AMANTE: PAUNLARIN ANG IBAYIW ROAD SA ALAMINOS



Nakipagkita si Vice Mayor Victor L. Mitra ng Alaminos kay Congressman Loreto S. Amante noong nakaraang araw ng Huwebes upang hilingin na ang rehabilitasyon ng Poblacion-Ibayiw Road na tumatahak sa Barangay Cuatro, San Miguel, San Roque, San Gregorio, at Santa Rosa na pinananahanan ng may 10,000 katao ay mapunduhan sa Taong 2024. Ang nabanggit matanda ng lansangan ay tinatawid ng Calabarzon Regional Road, at ng kasalukuyang ginagawang Alaminos-San Pablo City Alternate Road at Proposed Calamba City-Lucena City South Luzon Expressway Extension. (RUBEN E. TANINGCO)

# VM Colago: Kalinisan ng kapaligiran, dapat pansinin

NI RUBEN E. TANINGCO

SAN PABLO CITY, Laguna--Sa pakikipagkuwentuhan ni Vice Mayor Justin C. Colago sa mga senior citizen na dumalo sa isang pagtitipong ginanap sa Laguna State Polytechnic University (LSPU) Campus sa Barangay Del Remedio noong nakaraang Linggo ng hapon, kaugnay ng panunumpa ng mga lider ng National Senior Citizens Ad-



Vice Mayor Justin G. Colago and Senior Citizen Partylist Rep. Rodolfo M. Ordanes

Sundan sa p. 2

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# TESDA regional office sa Laguna, nais isakatuparan ni VG Agapay

NI ALDRIN CACAYAN

Ang pagbubukas ng regional office ng Technical Education and Skills Development Authority (TESDA) sa Laguna ang pinag-usapan nina Director General Danilo Cruz at Vice Governor Atty Karen Agapay kamakailan.

Bunsod ito ng napa-karaming bilang ng mga Lagunenyo na nagnanais na makapasok sa mga skills training programs ng TESDA subalit mahirap para sa kanila ang magawa ito dahil sa malayo sa kanilang mga lugar. Personal na bumisita si VG Agapay sa tanggapan ni DG Cruz upang alamin kung sa paanong paraan magkakaroon ng katuparan ang pagnanais niyang ito. Ilang araw lamang matapos ang naturang pagbisita ng Bise Gobernador ay agad na

SUNDAN SA P. 2



TESDA Director General Danilo Cruz  
 Laguna Vice Gov. Atty. Karen Agapay

## JOIN THE PAW-TY AT THE SM SUPER PETS CLUB

Gain exclusive perks and rewards, access to Paw Parks, and be part of a bigger forever paw-mily at SM Supermalls!



SM Supermalls president Steven Tan with Chloe and Super Pets Club project lead Hannah Carinna Sy with her buddy Katsu.

Heads up, fur moms and dads!

SM Supermalls just launched the biggest pet community in town, the SM Super Pets Club, at the SM Aura Premier's Paw Park.

"Filipinos are known to be the best fur parents and we don't treat them just like pets, but as part of our own families. As everyone is welcome here at SM, including our furry friends, we've made a program that gives them the best benefits when

Turn to p. 2



## Franchise plate para sa rehistradong traysikel, ipinamahagi sa Los Baños

Ipinamahagi ng Pamahalaang Bayan ng Los Baños ang mga Franchise Plates sa 34 na miyembro ng Tricycle Operators Drivers Association o TODA. Ginanap ito sa Los Baños Evacuation Center sa Barangay Baybayin.

Ang Franchise Plate ay ang pagkakakilanlan ng lehitimong tricycle units na dapat ilagay sa harap o likod ng sidecar. Laman nito ang logo at pangalan ng Munisipalidad ng Los Baños, logo ng Bagong Los Banos, Unique Franchise

Code/Identity at Year of Validity.

Tinatayang nasa 2,011 ang registered tricycle units ang mapagkakalooban ng Franchise Plates. Proteksyon din ito sa drivers at maging sa

SUNDAN SA P. 2

## CMDI, CARD MRI and PCCIHRDF strengthens PET programs



(From left to right): CARD MRI Founder and Chairman Emeritus Dr. Jaime Aristotele B. Alip, CMDI President Ms. Flordeliza L. Sarmiento, PCCIHRDF President Dr. Alberto P. Fenix, Jr. and PCCIHRDF Executive Director Mr. Marlon P. Miña.

CARD-MRI Development Institute, Inc. (CMDI), a member institution of CARD Mutually Reinforcing Institutions (CARD MRI) and Philippine Chamber of Commerce and Industry - Human Resources Development Foundation (PCCIHRDF), the implementing arm in human resources development of the Philippine Chamber of Commerce and Industry (PCCI), signed a Memorandum of Understanding (MOU) on February 20, 2023, at CMDI Bay Campus, Brgy. Tranca, Bay, Laguna. CMDI President Ms. Flordeliza

L. Sarmiento and PCCIHRDF President Dr. Alberto P. Fenix, Jr. signed the MOU on behalf of their respective institutions, witnessed by CARD MRI Founder and Chairman Emeritus Dr. Jaime Aristotele B. Alip and PCCIHRDF Executive Director Mr. Marlon P. Miña. The MOU aims to jointly develop and implement Pre-employment Education and Training (PET) programs and short courses in various parts of the Philippines where PCCI local chambers will partner with CMDI in selected priority qualifications.



(From left to right): Above: Research Officer Miguel Angelo Galvez, CMDI AVP for Learning & Development Dr. Carissa Monina C. Ramirez, CMDI Registrar and AVP for Center for Leadership Mr. Neil Poling, CMDI SEVP/COO Dr. Edzel A. Ramos, and Director for RMU & IG Ms. Jean Pauline B. Landicho. Below: CARD MRI Founder & Chairman Emeritus Dr. Jaime Aristotele B. Alip, CMDI President Ms. Flordeliza L. Sarmiento, PCCIHRDF President Dr. Alberto P. Fenix, Jr., and PCCIHRDF Executive Director Mr. Marlon P. Miña.



## Teach Talk: Inclusive Learning Experience



BY ROWELL P. CORCEGA  
MASTER TEACHER I  
SAN VICENTE INTEGRATED HIGH SCHOOL  
DIVISION OF SAN PABLO CITY

An inclusive learning experience is one that takes into account all types of learners, learning styles, and preferences to help us teach the way our learners learn best. It is an open environment where learners have the opportunity to be heard, seen, and unleashed in the pursuit of bold learning outcomes.

It begins with having the right set of principles that become the anchor you leverage every time you embark on creating learning within your organization. There are three main guiding principles I use as my foundation before ever beginning creating learning experiences. I call these the three B's. The first B is to be aware of your own bias, and the potential impact of that bias. We all have biases that can tend to dictate how we interact and see the world. It's important for us to challenge those biases and not let them get in the way of how we create learning experiences. I typically have a bias towards structuring learning experiences to have lots of storytelling to drive learning outcomes, but for others, more detailed facts, figures, and frameworks on a topic may resonate even more. It might be helpful to adjust where you can and challenge yourself on being balanced in your approach when thinking through what works for your learners. What are the biases that trip you up the most? Identify them and then work to mitigate them so they don't impact the learning experience.

The second B is to bring authenticity to the experience. Authenticity creates a deeper connection with your learners. As creators of learning, we hold ourselves back, which can make us inauthentic. I've done it. There have been times where I've questioned how much of my cultural identity or upbringing is appropriate for me to share in the design or approach to delivering training. But when you bring your full self, people connect more with you. Your learners may be dealing with similar challenges with being their authentic selves. When they see you lean into authenticity, they can have their own breakthrough and show up more ready to learn.

The final B emphasizes the need to build bonds and bridges before beginning any learning experience. This is all about understanding the ways you can create connections with your learners. A simple way to do this could be to use some appropriate humor as an opener for your workshop.

The reality is that the work of creating an inclusive learning experience, starts by looking inward to help us ensure our learners outward experiences are consistent with what we are striving to create for them.

## TESDA regional office sa Laguna, nais isakatuparan ni VG Agapay ...mula p. 1

naatasan ni DG Cruz si Regional Director Toni June Tamayo sa Laguna upang agad na mapag-usapan kung sa paanong paraan magiging isang reyalidad ang pagkakaroon ng isang Regional Office ng TESDA sa Laguna.

Sa Tanggapan ni TESDA Provincial Director Cariza Dacuma sa Calauan ginanap ang kanilang pagpupulong at dito ay pinag-usapan kung anong mga programa ng TESDA ang maaaring ibaba sa mga komunidad sa Laguna na isasagawa sa pamamagitan ng Tanggapan ni Vice Gov. Karen Agapay, kasama na rin dito ang planong pagbukas ng mga training centers na mismong mga munisipyo na ang mamamahala.

Isa rin sa naging panukala ni

VG Agapay na gawing mas simple na lamang ang mga kinakailangang requirements ng mga kukuha ng kurso upang hindi maging mahirap at magastos ang pagpagsok sa TESDA, na sinang-ayunan naman ni RD Tamayo.

Marami pa silang ibang mga planong napag-usapan kaugnay ng kahilingan ni Vice Gov. Karen Agapay, ngunit isa lang ang pinakabuod nito, na sa nalalapit na mga araw, tulad ng pagkakaroon ng DFA-Laguna at PRC-Laguna ay magkakaroon na rin ng Regional Office ng TESDA sa Laguna sa pamamagitan ng inisiyatibo ni Vice Gov. Karen Agapay na magbibigay ng mas maraming oportunidad na makapag-hanapbuhay ang mga mamamayan ng Laguna.

## Effective Methods on Improving Learners' Focus

BY: EMMA RUTH G. CARPIO, TEACHER III  
SINILOAN ELEMENTARY SCHOOL  
SUB OFFICE: SINILOAN; SDO: LAGUNA

Concentration is like a muscle that has to be worked out regularly. The more you work on it, the better it will become. If we want our pupils to achieve better grades in school and learn more effectively, then we need to ensure that they have good concentration levels. However, some children are born "stronger" in this area than others, but all children may acquire methods and engage in routines that help them focus and maintain their attention. After all, this is a vital ability for children to learn—school requires pupils to concentrate for extended periods, and as children get older, they have extracurricular activities that need even more concentration. There are many ways for our learners to improve concentration, but here are four particularly effective methods.

One is to establish a routine for focusing on tasks. As we are dealing with young learners, it is important to develop a sense of routine and stability. This could involve setting a daily schedule for homework, reading, and any other activities that require concentration. Younger children may be more receptive to this kind of structure and learn better from knowing what is expected of them. This type of routine will also help parents to better monitor their children's progress and set clear boundaries if necessary.

Another way to improve concentration is by using the "chunking strategy". This involves breaking down a task into smaller, manageable pieces. This makes the task feel more manageable and less daunting, which in turn helps pupils to increase their focus. This strategy can be especially useful when learning new material, as it breaks the information down into manageable chunks. This is specifically useful when teaching reading and math, as these subjects can be very

complex and require a lot of focus to learn.

To improve the collaboration and concentration of students, it is important to create an environment that promotes active learning. Sometimes kids can't focus because they don't know what to focus on. As teachers, we can make a list of goals for the learners to follow before they begin any task or study session. If the pupils are sitting down to study, for example, their goals may be to review and produce study notes for one chapter or topic. This type of guidance will help learners to stay on track and give them a sense of accomplishment when they complete their goals.

Learning and developing concentration can also become fun and engaging through playing attention-building games and activities. This can be done by grouping learners together and assigning specific goals to them, such as sorting objects into categories or taking turns answering questions. We can also have our students play team games, such as Memory or Concentration, to help them work together and develop better concentration skills.

In the end, it is important to create a positive environment that encourages students to learn and concentrate. By setting up a conducive classroom environment and providing specific strategies and tools, we can help our students to succeed in their academic pursuits. It can be simple as finding what distracts our pupils and changing it up a bit to keep them challenged and engaged. With a little bit of effort, we can help our students to focus and learn in the best way possible.

Getting our students to be engaged and focused on our tasks is one of the most important things we need to do as educators. As our job is to teach, we must make sure that our students can retain information and learn effectively. This can only be achieved if they learn in a way that is fun and engaging, which will keep them focused on the task at hand. By following these simple steps, we can ensure that our learners become focused and learn in the best way possible.

## Join the paw-ty at the SM Super Pets Club ...from p. 1

entering our malls. So, register now and join our club!" shared SM Supermalls SVP for Marketing Jonjon San Agustin.

By joining the community, you get special access to super perks, exclusive rewards, and amazing experiences for you and your fur babies.

### Access the Paw Park conveniently

You can now create up to 5 Pet IDs per owner which will provide access to over 50 Paw Parks in SM Malls nationwide. The ID also provides the mall with information on each dog's latest vaccine so that your fur baby is guaranteed a safe and clean environment at SM's parks.

### Get your hands-on exclusive deals and treats

From an SM Super Pet welcome gift and exclusive e-vouchers, to the grandest

rewards and discounts from partner tenants, members can get their hands on these super perks. Plus, you can reserve the Paw Park exclusively at any SM Mall for 1 hour on your dog's birthday celebration! How cool is that?

### Have a go-to community for pets

Members of the SM Super Pets Club will be given access to a microsite filled with pet-related activities, events, and promos happening at SM. The microsite will have a community feature where you can chat with others about your pets. Talk about a supportive community, right?

To join the SM Super Pets Club, register your fur baby using the QR codes at the SM Paw Park or at the counters in various SM stores. Just input all your pet's details including their vaccination status, and voila! You



can download your Pet ID and claim your welcome gift.

The Pet IDs will only be valid only for one year from your pets' anti-rabies vax date,

so be sure to get them vaccinated annually.

Let's get this paw-ty started by joining the SM Super Pets Club!

## VM Colago: Kalinisan ng kapaligiran, dapat pansinin ...mula sa p. 1

vocate Association of the Philippines, Inc.-Laguna Chapter na dinaluhan ni Senior Citizen Partylist Representative Rodolfo M. Ordanes bilang inducting Officer and principal speaker, kaniyang ipinayong alalahanin ang mga rekomendasyon ni Dr. James Lee Ho, ang City Health Officer ng lungsod,

na dapat isagawa, dahil sa ang nakataya rito ay public health o kalusugang pangmadla kaya dapat na matiyak na ang proseso ng pagsugpo sa pagkalat ng lamok na naghahawa ng sakit na dengue ay naaayon sa pamantayang pangkaligtasan na itinakda ng Department of Health.

Tulad ng fogging operation o pagbubumba ng usok sa kapaligiran, pag-alinsunod sa tagubilin ng Department of Health, ito ay panghuling hakbangin at isasagawa lamang kung sadyang malawakan na at maituturing na epedimya na ang paglaganap ng sakit na Dengue Fever sa lunsod, sapa-

nga't ang bisa ng pagpapausok ay isa o dalawang araw lamang, kung mananatiling hindi maayos ang kapaligiran, ay may mga bagay na nakakalat na maaaring maging pangitugan ng lamok, paalaala ng pangalawang punonglunsod.

Sa mga nakakapanayam niyang mga Barangay Nutrition Scholar at Barangay Health Worker, nagpaalaala si Vice Mayor Justin G. Colago na laging paalalahanan ang mga ina ng tahanan sa mga barangay na kanilang pinaglingkuran sa halaga ng nutrisyon upang mapangalagaang matatag ang kalusugan ng mga bata at kabataan, sapagkat kung maayos ang kalusugan ay tumataas ang immune system ng isang tao. At kalakaran ding ang ina ng tahanan ang may boses kung papaano lili-nisin ang kapaligiran ng kanilang tahanan.

## Franchise plate para sa rehistradong traysikel, ipinamahagi sa Los Baños ...mula sa p. 1

commuters para makaiwas sa colorum.

Ito ay naaayon sa Ordinance No. 2022-2316, "Ordinance approving and adopting the use of franchise plate in franchising and regulation of operation of tricycle-for-hire units in the municipality of Los Baños" na akda ni Councilor Marlo "PJ" Alipon. Iniendorso

rin ito ng policy making body sa pangunguna ng MTFRB Head, Vice Mayor Josephine "Baby" Sumangil Evangelista.

Sa iba pang balita, ibinahagi naman ng Ama ng Bayan sa LB tricycle drivers ang kanyang mga proyekto para sa maganda at convenient na Palengke Terminal sa Batong Malake Public Market.

Ipinakita rin ni Mayor Ton ang design plan nito na hango pa sa first world countries; ito ay may telebisyon, vendo machine at rest area para sa tricycle drivers.

Kasabay ng pamamahagi ng Franchise Plates ay naka-tanggap din ng limang kilo ng bigas ang mga registered tricycle drivers.

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City of San Pablo

following properties with all the improvements existing thereon to wit;

**TRANSFER CERTIFICATE OF TITLE No. 075-2019001295**

**NOTICE OF EXTRA-JUDICIAL SALE**  
EJF-NO. 4261 (2022)

Upon extra-judicial petition for sale under Act 3135 as amended filed by **BANK OF THE PHILIPPINE ISLANDS (SUCCESSOR-IN-INTEREST OF BPI FAMILY SAVINGS BANK, INC)**, with principal and office address at BPI Building, 6768 Ayala Avenue, corner Paseo de Roxas, Barangay San Lorenzo, Makati City, mortgagee/s, against **IAN PIO C. HERNANDEZ**, herein represented by **HAROLD REMY C. HERNANDEZ** as his true and lawful Attorney-in-Fact, both of legal age, Filipino citizens with residence and postal address at 2129 Christmas Circle Blk. 1, Lot 10, Cocoland Village, Brgy. Del Remedio, San Pablo City, Laguna, mortgagor/s, to satisfy the mortgage indebtedness which as of as of September 21, 2022, amounts to **THREE MILLION EIGHT HUNDRED SEVENTY THOUSAND SEVEN HUNDRED SIXTY-FOUR PESOS & 42/100 (P3,870,764.42)** Philippine currency, plus interest, charges, attorney's fees and expenses of foreclosure etc... The undersigned Sheriff IV, RTC-Branch 30, San Pablo City will sell at public auction on **March 22, 2023 at 10:00 A.M.** or soon thereafter at the main entrance of Don Tomas D. Dizon Hall of Justice, San Pablo City to the highest bidder for CASH and in Philippine currency or manager's check the

"A PARCEL OF LAND (LOT 10 BLK. 1 OF THE SUBD. PLAN, PSD-04-152337, BEING A PORTION OF THE LAND AS DESCRIBED IN TCT NO. T-56254, LRC REC. NO. 10661), SITUATED IN THE BRGY. OF SAN ROQUE, CITY OF SAN PABLO, BOUNDED ON THE NE., ALONG LINE 1-2 BY RD. LOT 1, (8.00 M. WIDE); ON THE SE., ALONG LINE 2-3 BY LOT 9 BLK. 1 BOTH OF THE SUBD. PLAN; ON THE SW., ALONG LINE 3-4 BY PROPERTY OF PEDRO GOROSTIZA (NOW COCOLAND VILLAGE SUBD) AND ON THE NE., ALONG LINE 4-1 BY LOT 11, BLK. 1. OF THE SUBD. PLAN. BEGINNING AT A POINT MARKED "1" X-X-X-X-X-X-X-X-X-X CONTAINING AN AREA OF ONE HUNDRED THIRTEEN (113) SQUARE METERS.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the above-stated time and date, it shall be held on **March 29, 2023 or April 12, 2023 at 10:00 A.M.** same place without further notice.

City of San Pablo, February 7, 2023.

(Sgd.) **MARIO S. DEVANADERA**  
Sheriff IV

The Wednesday Herald  
San Pablo City  
Feb. 22, March 1 & 8, 2023

# Anakpawis in Taytay, Rizal withdraw support to communist terrorist group

by Roselle R. Aquino

CAVINTI, LAGUNA – Around 211 members and supporters disaffiliated and withdrew their support from the Anakpawis and Communist Terrorist Groups during a ceremony, facilitated by Taytay Municipal Task Force-ELCAC held at Sitio Pyramid, Brgy. Dolores, Taytay, Rizal, Feb. 26.

Anakpawis, a partylist group claiming to represent the marginalized sectors of workers, peasants, fisher folks, minorities, urban and rural poor, and an electoral wing of the Kilusang Mayo Uno (KMU) and the peasant group Kilusang Magbubukid ng Pilipinas, has long been identified by authorities as one of the legal fronts of the Communist Party of the Philippines (CPP) and recruitment ground for its armed wing, the New People's Army (NPA). CPP-NPA is listed as a terrorist organization by the United States, European Union, the United Kingdom, Australia, Canada, New Zealand, and the Philippines.

The members and supporters of Anakpawis decided to withdraw their support because they felt they were being used for militant actions and indoctrinated to hate the government. They shared their experiences of being deceived by the left-leaning organization. Gratefully, they expressed their appreciation for the government's continuous awareness campaign that led to their withdrawal of support and membership from the CPP-NPA-NDF sectoral organization.

The Commander of the 202nd Infantry Brigade, Brigadier General Cerilo C Balaoro Jr, praised the former Anakpawis members and supporters for their brave decision to discontinue their support for Anakpawis.

"Your disaffiliation and withdrawal of support is an opportunity for all of you to tread your own path away from any deception and manipulation by the communist terrorist groups. I also thank the Local Government Unit of Taytay for making this activity possible and for the continuous support and assistance to its constituents. This occasion reflects the level of cooperation among the security sector, the local government units, and the national government", he continued.

"The military is fighting this long decade insurgency and the

government realized that the security forces cannot solve this insurgency problem alone. If we want a better future for our children, we must do our part and work together to end this insurgency that hinders peace and development in our community." The challenge was posed by Hon. Allan Martine De Leon, Taytay Municipal Mayor, as he reiterated the importance of Executive Order No.70 that institutionalizes the Whole-of-Nation Approach in ending local communist armed conflict. He expressed assurance that the local government unit of Taytay will continue to provide assistance in addressing issues in the community.

As an affirmation of their

disaffiliation and withdrawal from Anakpawis and Communist Terrorist Groups, the former members and supporters took part in the creation of the People's Organization and oath-taking of officers, sharing of testimonies, mass pledging of Oath of Allegiance, Pledge and Signing of Peace Covenant, and the burning of CPP-NPA-NDF flags.

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**HOME DEVELOPMENT MUTUAL FUND,**  
Mortgagee,

-versus- EJF-2023-4823-SPL

**SPS. SONNY XYRUS C. DE LEON and ANNALYN G. DE LEON,**  
Mortgagors.

X-----X

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended filed by the **HOME DEVELOPMENT MUTUAL FUND,** mortgagee, with principal office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against **SPS. SONNY XYRUS C. DE LEON & ANNALYN G. DE LEON,** mortgagors, with residence and postal addresses at (SERVI2) 3245 ME Almendrala St., San Vicente, San Pedro, Laguna and Lot 18, Blk. 21, St. Joseph Village 10 Ph.-1, San Vicente, San Pedro, Laguna to satisfy the mortgage indebtedness which as of January 24, 2023 amounts to **TWO HUNDRED THIRTY NINE THOUSAND NINE HUNDRED FOURTEEN PESOS & 08/100 (P239,914.08)** Philippine Currency, inclusive of interest and other charges, the undersigned will **SELL at PUBLIC AUCTION on March 23, 2023 at 10:00 A.M.** at the OFFICE OF THE CLERK OF COURT & EX-OFFICIO SHERIFF, Hall of Justice, Pacita

Complex, San Pedro City, Laguna to the highest bidder for CASH or manager's check and in Philippine Currency the following described property with all its improvements existing thereon to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 060-2011016526**

A PARCEL OF LAND (LOT 18, BLK 21 OF THE CONSOLIDATION AND SUBDIVISION PLAN PCS-04-023221, BEING A PORTION OF THE CONSOLIDATION OF LOTS 261, 270, 271, 272, 273, 276 & 877, GSS-877, SAN PEDRO GROUP SETTLEMENT SURVEY, L.R.C. RECORD NO. N-39286) SITUATED IN BARRIO OF SAN VICENTE, MUNICIPALITY OF SAN PEDRO, PROVINCE OF LAGUNA, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LINE 1-2 BY ROAD LOT 22; ON THE NE, ALONG LINE 2-3 BY LOT 17, BLK 21; ON THE SE., ALONG LINE 3-4 BY LOT 6, BLK 21; ON THE SE., ALONG LINE 4-5 BY LOT 5, BLK 21 AND ON THE SW., LINE 5-1 BY LOT 19, BLK 21 ALL OF THE CONSOLIDATION AND SUBDIVISION PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN BEING S. 22 DEG. 22' W. 2122 65 M. FROM BLLM # 3, MUN. OF SAN PEDRO, LAGUNA THENCE N. 43 DEG. 48' E. 4.00 M. TO POINT 2; THENCE S. 46 DEG. 12' E. 12.12 M. TO POINT 3; THENCE S. 43 DEG. 48' W. 2.85 M. TO POINT 4; THENCE S. 43 DEG. 48' W. 1.15 M. TO POINT 5; THENCE N. 48 DEG. 12' W 12.12 M. TO THE POINT OF BEGINNING, CONTAINING AN AREA OF FORTY EIGHT (48) SQUARE METERS, MORE OR LESS. ALL POINTS REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED

ON THE GROUND BY P.S. CYL. CONC. MONS 15X40 CMS; BEARINGS TRUE; DATE OF ORIGINAL SURVEY OCT. 1, 1964 TO FEB. 28, 1965 AND THAT OF THE CONSOLIDATION AND SUBDIVISION SURVEY; AUG. 1-15, 2006 & WAS APPROVED ON NOV. 3, 2006.

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on March 30, 2023 at 10:00 A.M. without further notice.

City of San Pedro, Laguna, February 7, 2023.

Prepared & verified by:  
(Sgd.) **ANIKEN P. CANILAN**  
Sheriff IV

Duly Raffled:  
**FRANCISCO DIZON-PAÑO**  
Executive Judge

Noted by:  
(Sgd.) **CHARLTON M. MACAPALA**  
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:  
• Maria Victoria D. Capiral c/o Atty. Simeon P. Madrid -S.P. Madrid & Associates, Unit 2010 20/F Herrera Tower, V.A. Rufino cor Valero Streets, Makati City  
• Sps. Sonny Xyrus C. De Leon & Annalyn G. De Leon - (SERVI2) 3245 ME Almendrala St., San Vicente, San Pedro, Laguna and Lot 18, Blk. 21, St. Joseph Village 10, Ph.-1, San Vicente, San Pedro, Laguna  
• RTC-OCC

The Wednesday Herald  
San Pablo City  
Feb. 15, 22 & March 1, 2023

## SPCIHS Science teachers hold Learning Action Cell

By: JOHN PAULO MATHEW CIABAL PASTORES  
TEACHER I, SAN PABLO CITY INTEGRATED HIGH SCHOOL  
SDO SAN PABLO CITY

Science teachers of San Pablo City Integrated High school realigns and plans during the Science Department Learning Action Cell (SD-LAC), February 6-7.

This quarterly event, where the school teaching community is brought forth by a DepEd order 35 s. 2016, aims to ensure a continuity of teacher improvement through trainings and workshops, an opportunity to reflect on teaching strategies and current trends in curriculum and instruction, and a chance to talk to their peers regarding strengths and points for improvement in the coming months and years.

This SD-LAC focused on the recent results of the first and second grading periods of the school year. Grade level coordinators and their member teachers took turns in presenting their results which show promising improvements in the second quarter. Furthermore, strategies and best practices were featured by their proponents as well as current and future enrichment and intervention programs for students at risk of dropping-out.



Mr. John Roldan Dimaano, Head Teacher I of the School Science Department and Assistant Program Manager, in his opening remarks, further reiterates the importance of having these action cells to mobilize teachers into action over the challenges of the previous quarters as well as celebrate current successes. "In city high, where we always strive for excellence, it is important that we do things collaboratively, systematically and in connection to those who truly need our services".

**Covered ka ba???**  
**Accident...**  
**Hospitalization..!**  
**Sa MOTORLANDIA Covered ka!!!**

**REPUBLIC OF THE PHILIPPINES**  
**FOURTH JUDICIAL REGION**  
**REGIONAL TRIAL COURT,**  
**BRANCH 108**  
**CITY OR CABUYAO, LAGUNA**

**NOTICE OF EXTRA JUDICIAL FORECLOSURE**  
EJF NO. C-223-2022

Upon Petition for Extra-Judicial Foreclosure of Real Estate Mortgage Under Act 3135, as amended, filed by **HOME DEVELOPMENT MUTUAL FUND,** mortgagee/assignee, against **ABIGAIL O. VILLATE,** mortgagor/s single of legal age, Filipino citizen, with postal address at LOT 7, BLK 8, PH 2, LAKESIDE NEST SUBD., BANAY-BANAY, CABUYAO CITY, LAGUNA 4025, ABIGAIL O. VILLATE is represented by ALGEN M. GASTRO as her Atty-In-Fact to satisfy the mortgage indebtedness which as of October 14, 2022 amounted to **SEVEN HUNDRED SEVENTY SIX THOUSAND FOUR HUNDRED NINETY PESOS & 32/100 (Php 776,490.32),** inclusive of interest and other charges, the undersigned Deputy Sheriff will sell at public auction on **April 13, 2023 at 2:00 o'clock pm** in the afternoon or

soon thereafter at the office of the clerk of Court & Ex-Officio Sheriff, RTC Branch 108, 2/F Unit 7, New Annijo Commercial Bldg. along National Highway, Brgy. Sala, Cabuyao City, Laguna (Besides Royal Cable Office) across Cabuyao Public Cemetery, to the highest bidder, for Cash or Manager's Check and in the Philippine Currency, the following described properties with all its improvement to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 060-2017012820**

A PARCEL OF LAND (LOT 1, BLK. 6, OF THE CONSOLIDATION AND SUBDIVISION PLAN, PCS-04-017657, BEING A PORTION OF THE CONSOL. OF LOT 2-A, PSD-04-043052 (AR) LOT 9-A & 9-C, PSU-17166 AMD, LOT 5-A, PSD-043404-064363 (AR) x x x x LRC REC. NO.), SITUATED IN THE BRGY. OF BANAY-BANAY, MUN. OF CABUYAO, PROV. OF LAGUNA, ISLAND OF LUZON. BOUNDED ON THE x x x x CONTAINING AN AREA OF FORTY (40) SQUARE METERS.

All sealed bids must be submitted to the undersigned on the above stated time and date. In the event the public

auction should not take place on the above-mentioned date by reason of fortuitous events/special holidays, it shall be held on April 20, 2023 at 2:00 o'clock pm without further notice.

City of Cabuyao, Laguna, January 30, 2023.

(Sgd.) **ALEX A. MENDOZA**  
Sheriff IV

Copy Furnished:  
**HOME DEVELOPMENT MUTUAL FUND**  
The Petron Mega Plaza Building  
No. 358 Sen Gil Puyat Avenue,  
Makati City

**ABIGAIL O. VILLATE**  
1.) Blk 8, Lot 7, PH 2, Lakeside Nest Subd. Brgy. Banay-Banay, Cabuyao, Laguna  
2.) Lot 1, Blk 6, Lakeside Nest Subd., PH 2, Banay-Banay, Cabuyao, Laguna

**MARIA VICTORIA D. CAPIRAL**  
C/O JEFFREY A. RAMIENTAS, C.P.A.  
Attorney-In-Fact, GREAT SOURCE CORPORATION  
2546-A Bonifacio St., Bangkal, Makati City

The Wednesday Herald  
San Pablo City  
Feb. 15, 22 & March 1, 2023



## Conservation of Natural Resources and Preparation for Natural Disasters

By: ARCHIE M. CONDINO, PRINCIPAL II  
UNSON NHS, SDO LAGUNA

How can we help in the conservation of our natural resources? We should go first to the basics as what we can do as citizens of this country in our own small ways like turning off the lights when we are not using them because if we can conserve energy, we are doing mother nature a really great favor. We should conserve food and water as well. We should only eat what we can consume. Left over foods that are gone into waste are not helpful to the environment. We should also minimize the use of plastics and recycle and reuse them because they are harmful to the environment when they are burned. We should plant more trees so that we can replace those that are being cut down because we are using logs for different purposes such as papers, furniture, etc. It is not wrong to use natural resources that Mother Nature has given us but we should always replace them and replenish them so that the future generation will still see a better planet earth.

In times of natural calamities such as typhoons, we should prepare for it so as to lessen its toll on us. When preparing for typhoons, we should charge batteries, flashlights, cellphones, and other materi-

als that we can use when power shuts down because of a strong typhoon. We should also store food, and be ready with first aid equipment that can easily be accessed at home. Keep calm and stay tuned for updates from reliable sources of news and information.

In times of volcanic eruptions, we should be ready with face masks or cloths so that we will be ready for ash falls when volcanic eruptions strike. If we place is near the volcano, we should evacuate immediately to safer grounds or places. Be ready with first aid kit and very important materials at home so that we can easily get that when emergency situations happen. Keep calm and stay tuned for updates from reliable sources of news and information.

During earthquakes, landslides, and flashfloods, be prepared for power outage. Stay calm during and after earthquake and be in places where you can be away from falling things. Keep calm and stay tuned for updates from reliable sources of news and information. If we are near rivers or bodies of water or our place is vulnerable to floods, we should have evacuation plans ahead of time especially if we know that possible landslides are going to happen due to heavy rainfall or storms. Keep calm and stay tuned for updates from reliable sources of news and information.

## Tourism as Economic Booster Post Pandemic

By: JEFFREY M. MEER, TEACHER I  
SAN PABLO CITY INTEGRATED HIGH SCHOOL

Tourism is a major contributor to sustainable development of a particular country. Here in the Philippines, one of the backbones of economic growth is a good destination for business opportunities and foreign investments so that local and international tourists can do business in a particular location.

Sustainable development is defined as an approach to developing or growing by using resources in a way that allows for them to renew or continue to exist for others. Using recycled materials or renewable resources when building is an example of sustainable development. (<https://www.yourdictionary.com/sustainable-development>) Tourism as a relatively source of creativity among the people in a particular tourist spot contributes well in the sustainable development of that area because it gives jobs to its people.

No wonder why Vietnam, one of the world's most impressive response during the height of the pandem-

ic in Asia, has still been greatly affected by the covid-19 virus, specifically in the tourism sector. Many localities in Vietnam shut their tourist attractions and deployed anti-pandemic measures to curb the spread of domestic infections. Popular Da Nang, home to many famous beaches, along with Quang Nam, well known for the UNESCO heritage site Hoi An, subsequently became the country's largest coronavirus hotspots, both put under lockdown for more than a month.

Thanks to strict quarantine and tracking measures, Vietnam quickly contained the second Covid-19 outbreak, allowing economic and domestic tourism activities to basically return to normal. We should learn a thing or two about the proactive response of Vietnam and how they used their vaccination program coupled with discipline from its citizens in fighting the pandemic.

May we see this as an opportunity for our country to invest in major research hubs in the Philippines for future pandemic-related cases so that we can continue to have concrete plans and quicker solutions in containing a virus of this magnitude in the near future.

## Find. Keep. Motivate. HR Competencies in Delivering Optimal Results

By: JENINA A. REYES, ADAS II  
STO. TOMAS NORTH CENTRAL SCHOOL  
SDO STO. TOMAS CITY

To deliver optimal results, an organization must have human resource personnel who can find and keep talented employees; motivate them to do their best at work; and provide them with the tools and training they need for them to succeed. To do this, human resource (HR) personnel must work collaboratively with the organization and its employees to develop and implement strategies to help the organization achieve success and create and implement a framework for organizational development (OD) for the department that is relevant to the organization's ambitions to support the provision of basic education. With these, HR competencies are critical components of achieving the goal. To acquire these, a not-so-secret aspect is focusing on achieving this word.

First is knowledge and skills. Human resource personnel must be knowledgeable enough to carry out specific functions effectively. As the old saying goes, you cannot give what you do not have. Thus, having the necessary skills and knowledge to perform one's duties is necessary to provide quality service to the organization and the people it serves.

Second is aspects of self-image and perception. Self-image refers to a person's beliefs regarding themselves and how they view themselves or their performance in comparison to others. To have this aspect, they must be able to challenge the weaknesses in their abilities and believe in their capabilities. Perception refers to the way we perceive our world and everything in it. Being able to differentiate what is real from what is imagined is useful in optimizing one's performance in the workplace.

Third is social motives. Social motives are the motivation to work and develop skills, knowledge, and abilities to perform well for oneself. People with high social motives want to be recognized for their contributions and are given opportunities that will allow them to develop their skills and abilities so they can perform better. Having a strong social motive also helps an employee to see the benefits of being part of a team and helps to create greater collaboration and cooperation among employees. Fourth is the thought pattern.

Thinking in a disciplined manner will help ensure a more systematic approach to work, which in turn will facilitate more optimal results. This can take some practice but it is essential to success. For example, if one is not methodical, and does not take the time to thoroughly plan before embarking on an assignment, the results may be less than desirable and may even fail. An HR personnel must be able to have a thought process like this for the organization to thrive.

Next is the right mindset. Having a growth mindset is important in staying motivated and developing new ideas and approaches to problems. Being open to new possibilities, making mistakes, and learning from them are all important characteristics of someone who possesses a growth mindset. Becoming successful in an organization requires employees to have to deal with uncertainty and ambiguity which are common in every organization. Having a growth mindset will enable employees to embrace these challenges and utilize them in advancing the organization forward.

Lastly, to achieve success in an organization, one has to possess high emotional intelligence. A human resource personnel is in many ways similar to being a counselor or psychologist where one has to be able to empathize with others and treat others with empathy and understanding. Successful leaders are often defined by their strong emotional intelligence. The ability to understand one's emotions, the feelings of others, and the emotions of a group as a whole will enable human resource personnel to enhance trust and cooperation with other team members and enhance overall organizational effectiveness. By developing strong communication skills, employees will be more capable of addressing conflicts within teams and in their relationships with others in the organization.

These aspects in developing competencies for human resource personnel are more important than you think. Having these to achieve competencies is essential to the performance of the HR department and the organization as a whole. However, it is important to realize that no one factor defines a successful person or organization. There will always be competing factors and challenges to face in organizations and no one skill set will be enough to guarantee success; rather than a combination of different skills and attributes is required to succeed.

## Behind the Success of Teaching and Non-Teaching Personnel in Education

By: JENINA A. REYES, ADAS II  
STO. TOMAS NORTH CENTRAL SCHOOL  
SDO STO. TOMAS CITY

Effective and efficient employees is significant to the success of an organization. In education system, teaching and non-teaching personnel is the backbone of Department of Education to ensure the implementation of projects or programs and attainment of objectives. To achieve this, the organization needs a qualified and competent employee to perform their task and responsibility effectively. This is why human resource (HR) management particularly the personnel department is important.

According to Department of Education the four core systems of human resource management includes (1) recruitment, selection, and placement; (2) learning and development; (3) performance management; and, (4) rewards and recognition. The HR department performs a wide variety of duties and is responsible for helping employees feel safe, valued, and properly supported. Exceptional human resource management ensures that the HR department runs smoothly and continues to evolve and adapt to the national standards and needs of the organization.

Human Resource or the Personnel department plays a key role in improving, reinforcing, and changing the culture

of the employees. The personnel department is one of the most important facets of an organization. Because it focuses on the hiring and development of human resources which is an essential part of any department to reach their goal. The role and function of personnel is significant because it concerned with promoting and stimulating personnel or workforce to provide their fullest contribution for the welfare of the organization. Understanding the role and function of personnel is crucial to achieve the common good of the employee like the teaching and non-teaching who is the backbone of the school to attain its mission in providing quality education for learners today.

It is not only necessary to work effectively or do the right things, but must work with efficiency which is able to perform the best results in the least time and effort. Doing the right things right makes an organization achieve its goal that will benefits the whole workforce because it saves time, money, and effort. With the right attitude and skills development, all the tasks and responsibilities of the human workforce can be attained effectively and efficiently. Thus, the role of personnel is not only for hiring, recruitment and hiring process but it has a deeper objectives like achievement of goals, provide training and opportunities for the growth of human workforce and to encourage a healthy and harmonious personnel in the organization.

## The Marungko Method and the Claveria Technique: Variables to Consider in Achieving Effective Reading Performance

By: MARIYA A. CUROD, TEACHER III  
SINOLOAN ELEMENTARY SCHOOL  
SINOLOAN DISTRICT, DIVISION OF LAGUNA

Reading is a complex activity involving word recognition, comprehension, fluency, and motivation. When a student understands what she or he is reading, she or he is more likely to continue reading. Instructors must use tactics and approaches that are appropriate for their interests as young learners, such as the Marungko Approach and Claveria Technique.

The Marungko Method was developed by Nooraihan Ali and Josefina Urbano and was first used at a public elementary school in Marungko, Angat, Bulacan. According to Nooraihan and Urbano, the approach utilized is called "phono syllabic." It teaches accurate single sounds and the blending of sounds into syllables and words. Whereas the Claveria Technique is a process of grouping words into clusters, based on the principle that words are made of similar units, which can then be studied systematically. It is characterized as having "Pananda," which may be used to teach reading in the mother tongue. The Claveria Method is used in teaching reading in Mother Tongue for syllables and words, phrases, and sentences.

These two approaches to teaching reading are proven effective in the development of reading fluency, comprehension, and motivation. In teaching reading -- specifically for grade 1 learners - these two methods can be used together, with modifications to fit the needs of each student. Nevertheless, there are several factors we have to consider that can influence the reading ability of a child and the effectiveness of the Marungko and Claveria Technique.

First is the child's oral language development, which must be assessed to determine what level of instruction is most appropriate. Some grade 1 learners still have difficulty with phonemic awareness, which is the ability to hear and identify individual sounds in words. If we are using the Marungko method, we will need to focus on teaching syllables and words. If we are using Claveria Technique, we will need to focus on teaching a cluster of words. Thus, we have to be aware of the student's oral language skills and make sure that what we are teaching is aligned with the student's needs

to teach them to read effectively.

Second is the level of reading readiness. Reading readiness is the level of knowledge and skill a student has to understand what he or she is reading. It has been described as the moment at which a child is ready to learn to read and the period during which a person progresses from being a non-reader to a reader. Early literacy and emergent reading are two more synonyms for reading preparation. The child must be cognitively, physically, and socially equipped for reading experiences. It has been found that the more ready a student is to learn to read, the better he or she does when learning to read.

Third is the child's ability to learn in a structured environment. To be successful in using the Marungko or Claveria Technique, we must create a learning environment that is conducive to learning. This environment should be organized, consistent, and predictable. It should also be flexible to meet the needs of the students. By posting Marungko and Claveria Technique learning materials in a visible and accessible place, we are providing our young learners with the essential tools they need to be successful in this method.

Lastly, we need to be aware of the child's temperament and motivation. Some children are more active learners, while others prefer a slower-paced approach; some are motivated by praise and others are motivated by threats; some are more independent and others need extra support. By taking this into account, we can create a program that is tailored specifically for our grade one learners. Motivation is one of the most important factors in any learning process. As teachers, we must ensure that our students are always engaged in the learning process.

Effectivity of the Marungko Method and Claveria Technique has long been proven to be effective. By implementing these techniques into our curriculum, we can help our students achieve the level of reading readiness and success they need to be successful in future academic endeavors. Remembering the variables we need to consider when using the Marungko Method or Claveria Technique will help us create a learning environment that is both effective and enjoyable for our pupils. Through this, we can help our young learners become successful readers.

<p><b>REPUBLIC OF THE PHILIPPINES</b> <b>FOURTH JUDICIAL REGION</b> <b>REGIONAL TRIAL COURT</b> <b>OFFICE OF THE CLERK OF COURT</b> <b>&amp; EX-OFFICIO SHERIFF</b> <b>CITY OF SANTA ROSA,</b> <b>LAGUNA</b></p> <p><b>BDO UNIBANK, INC.,</b> Mortgagee,</p> <p>--versus--</p> <p><b>NATHALIE A. TAN,</b> Debtor-Mortgagor.</p> <p><b>EJF No. 0378-SRCL</b> x-----x</p> <p><b>THIRD NOTICE OF EXTRA-JUDICIAL FORECLOSURE SALE</b> <b>(Under Act No. 3135, as Amended)</b></p> <p>Upon Extra-Judicial Petition for sale under Act 3135, as amended by Act 4118 and PD 385, filed by the mortgagee, <b>BDO UNIBANK, INC.,</b> with office address at BDO Valero Towers, 8741 Paseo de Roxas, Makati City, against debtor-mortgagor, <b>NATHALIE A. TAN,</b> with postal address at Lot 37, Blk. 3, Dahlia Street, Phase 1, Garden Villas 3, Brgy. Malusak, Sta. Rosa, Laguna, and/or Lot 37, Blk. 3, Road Lot 3, now Dahlia Street, Garden Villas 3 Subd., Phase 1, Brgy. Aplaya and Labas now Brgy. Labas, Santa Rosa, Laguna, for the satisfaction of the outstanding obligations of the mortgage debt which as of June 30, 2022, amounted to <b>Php1,635,367.29,</b> Philippine Currency, inclusive of accrued interest and penalty charges and all legal fees and expenses incidental to this foreclosure and sale, the undersigned Ex-Officio Sheriff through deputy Sheriff will sell at public auction on <b>April 11,</b></p>	<p><b>2023, Tuesday, between the hours of 10:00 A.M. to 1:00 P.M.</b> at the 4th Floor, Regional Trial Court, Office of the Clerk of Court &amp; Ex-Officio Sheriff, Mayor Leon Arcillas Memorial Bldg., Rizal Blvd., Barangay Tagapo, City of Santa Rosa, Laguna, to the highest bidder for CASH and in Philippine Currency or CERTIFIED CHECK, the following described property with all the improvements existing thereon, to wit:</p> <p><b>Registry of Deeds for the Calamba City</b> <b>TRANSFER CERTIFICATE OF TITLE NO. T-742423</b></p> <p>It is hereby certified that certain land situated in Municipality of Sta. Rosa, Province of Laguna bounded and described as follows:</p> <p>A parcel of land (Lot 37, Blk. 3 of the consol. subd. plan, Pcw-04-021003, being a portion of Lot 500-D to 500-Q, Psd-62598, Lots 503-C, 503-G &amp; 503-H, Psd-04328-070684 &amp; Lot 501, Sta. Rosa Est. LRC Rec. No.), situated in Brgy. Aplaya &amp; Labas, Mun. of Sta. Rosa, Prov. of Laguna, Island of Luzon. xxx Containing an area of SIXTY (60) SQUARE METERS. XXX</p> <p>All sealed bids must be submitted to the undersigned on the above stated time and date.</p> <p>Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrances thereon, if there be any.</p> <p>In the event the public auction should not take place on the above stated time and date by reason of fortuitous event/declared special holiday,</p>	<p>it shall be held on April 25, 2023, at the same time and place without further notice.</p> <p>Please take note that the public auction will proceed even if the City of Santa Rosa, Laguna, is under MECQ (Modified Enhanced Community Quarantine) or its equivalent Covid-19, Alert Level (not ECQ) on the dates indicated above.</p> <p>City of Santa Rosa, Laguna, February 21, 2023. (Sgd.) <b>RONNIE A. PALOYO</b> Sheriff-in-Charge</p> <p>Noted by: (Sgd.) <b>ATTY. CATHERIN B. BERAN-BARAOIDAN</b> Clerk of Court &amp; Ex-Officio Sheriff</p> <p><b>WARNING: IT IS PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF SALE.</b></p> <p>CC: <b>BDO UNIBANK, INC.</b> Mortgagee BDO Valero Towers, 8741 Paseo de Roxas, Makati City</p> <p><b>BERNARDITA A. CADUNGO BDO UNIBANK, INC.</b> Risk Management Group-Remedial Management Unit 11th Floor, BDO Valero Towers, 8741 Paseo de Roxas, Makati City</p> <p><b>NATHALIE A. TAN</b> Lot 37, Block 3, Dahlia Street, Phase 1, Garden Villas 3, Brgy. Malusak, Sta. Rosa, Laguna and/or Lot 37, Blk. 3, Road Lot 3, now Dahlia Street, Garden Villas 3 Subd., Phase 1, Brgy. Aplaya and Labas now Brgy. Labas, Santa Rosa, Laguna</p> <p>The Wednesday Herald March 1, 8 &amp; 15, 2023</p>
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**SAN PABLO CITY TO CALAMBA**  
 DAILY TRAIN SCHEDULE

**SAN PABLO - CALAMBA 6:23 AM**  
**CALAMBA - SAN PABLO 6:30 PM**

**SAN PABLO - CALAMBA FARE MATRIX**

	SAN PABLO	IRRI	COLLEGE	LOS BAÑOS	MASILI	PANSOL	CALAMBA
SAN PABLO							
IRRI	35						
COLLEGE	35	20					
LOS BAÑOS	40	20	20				
MASILI	45	20	20	20			
PANSOL	45	25	20	20	20		
CALAMBA	55	25	20	20	20	20	

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE AMONG HEIRS**

NOTICE is hereby given that the estate of the late **ALBERTO DIAMANTE DANGUE**, who died intestate on Feb. 18, 2012, consisting of conjugal real property situated in Brgy. Perez, Calauan, Laguna covered by Transfer Certificate of Title No. T-107280, has been the subject of a "Deed of Extrajudicial Settlement of the Estate Among Heirs" before notary public Atty. Timothy James M. Belen as per Doc. No. 101; Page No. 22; Book No. III; Series of 2022.

The Wednesday Herald - March 1, 8 & 15, 2023

**NOTICE TO THE PUBLIC**

NOTICE is hereby given that **LEONCIA A. BALLESTEROS**, with office address at Units 9, 10, 13, and 14 Metrococo Export Corp. Building 1B, 105 Industry Road Phase 1, Laguna Technopark, Brgy. Don Jose, Sta. Rosa City, Laguna had executed an "Affidavit of Loss" before notary public Atty. Benedicto M. Jose as per Doc. No. 522; Page No. 106; Book No. 8; Series of 2023, stating among others, that:

- she is the Finance and Accounting Manager of Furukawa Electric Thermal Management Solutions and Products Laguna Inc. which is the surviving entity after the merging with Lemtech Philippine Thermal System Inc.;
- the official receipt of the Meralco deposit of Lemtech Philippine Thermal System Inc. in the amount of Php2,380,550.00 was lost and cannot be found despite diligent efforts to locate it; and
- the previous accounting officer of Lemtech Philippine Thermal System Inc. who was the custodian of said document is no longer connected with the company.

The Wednesday Herald  
 Feb. 22, March 1 & 8, 2023

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF THE ESTATE OF NESTOR K. DIMAANO**

Notice is hereby given that the estate of the late **NESTOR K. DIMAANO** who died on January 10, 2020 in San Pedro City, Laguna which estate consists of one (1) real property located at San Pedro City, Laguna, covered by TCT No. T-060-2017012808, which is the subject of an "Extra-Judicial Settlement of Estate" dated February 23, 2023, executed by his heirs, under Doc. No. 067; Page No. 15; Book No. XXXVI; Series of 2023, under Notary Public ATTY. PAUL GIDEON G. ILAGAN, Notary Public of San Pedro, Laguna.

The Wednesday Herald - March 1, 8 & 15, 2023

**REPUBLIC OF THE PHILIPPINES**  
**REGIONAL TRIAL COURT**  
**4TH JUDICIAL REGION**  
**Office of the Clerk of Court & Ex-Officio Sheriff**  
 Ground Floor, New Hall of Justice, Chipeco Ave. Ext., Bacnotan Rd., Brgy. Real, Calamba City, Laguna  
 Tel. No.: (049) 536-3160 / Email: rtc1cmboccc@judiciary.gov.ph

**NOTICE OF EXTRA-JUDICIAL SALE FORECLOSURE NO. F-7587-2023-C**

Upon extra-judicial petition for sale under Act 3135 filed by **RIZAL COMMERCIAL BANKING CORPORATION** (in its capacity as successor-in-interest of RCBC SAVINGS BANK) represented by Atty. Maria Cielito R. Santos with office at 28th/F AT Yuchengco Center, 25th & 26th Streets Bonifacio Global City, Taguig City against **SPS. DODGIE G. CELESTINO and MARIA DENIA C. CELESTINO**, both of legal age, Filipino citizen, with residence and postal address at Blk 5 Lot 12 Brgy. Barandal, Carmel Village, Phase 2, Calamba City, Laguna, the mortgage indebtedness which as of January 24, 2023 amounts to **Php 1,135,728.70** exclusive of any, penalties and interest, the undersigned Deputy Sheriff will sell at public auction on **March 21, 2023 at 9:00 am to 4:00 pm** in the lobby of Regional Trial Court, Hall of Justice, City of Calamba, Laguna to the highest bidder, for cash or manager's check and in Philippine Currency, the following property with all its improvements, to wit:

**TCT No. T-782775**  
 A PARCEL OF LOT (LOT 12, BLK. 5 OF THE CONSOLIDATION-SUBDIVISION PLAN PCS-04-024376, BEING A

PORTION OF LOTS 1 TO 5, PCS-04-023948, LRC REC. NO.), SITUATED IN BRGY. OF BARANDAL, CITY OF CALAMBA, PROVINCE OF LAGUNA, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LINE 1-2 BY LOT 11, BLK. 5; ON THE NE., ALONG LINE 2-3 BY LOT 14, BLK. 5; ON THE SE., ALONG LINE 3-4 BY ROAD LOT 12 AND ON THE SW., ALONG LINE 4-1 BY LOT 10, BLK 5, ALL THE CONS. SUBD. PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN XXXXX CONTAINING AN AREA OF EIGHTY (80) SQUARE METERS.

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on April 21, 2023 without further notice.

City of Calamba, Laguna, February 6, 2023.

(Sgd.) **VINCENT PATRICK R. MATABAN**  
 Sheriff IV

**DULY RAFFLED:**  
 REFER TO CERTIFICATION OF EXECUTIVE JUDGE ON MINUTES OF RAFFLE FOR PUBLICATION DATED FEB. 9, 2023

Copy furnished:  
 RCBC SAVINGS BANK  
 28th /F AT Yuchengco Center,  
 25th & 26th Streets Bonifacio Global City, Taguig City

**SPS. DODGIE G. CELESTINO and MARIA DENIA C. CELESTINO**  
 Blk 5 Lot 12 Brgy. Barandal, Carmel Village, Phase 2, Calamba City, Laguna

The Wednesday Herald  
 San Pablo City  
 Feb. 15, 22 & March 1, 2023

**REPUBLIC OF THE PHILIPPINES**  
**FOURTH JUDICIAL REGION**  
**REGIONAL TRIAL COURT**  
**OFFICE OF THE CLERK OF COURT**  
**AND EX-OFFICIO SHERIFF**  
**CITY OF SANTA ROSA, LAGUNA**

**HOME DEVELOPMENT MUTUAL FUND, (otherwise known as Pag-IBIG Fund),**  
 Mortgagee,

EJF CASE NO. 0420-SRCL

**PERPETUO I. VILLANERA, married to EDNA B. VILLANERA.**  
 Mortgagor.

x ----- x

**SECOND NOTICE OF EXTRAJUDICIAL FORECLOSURE SALE (Under Act No. 3135, as Amended)**

Upon Extra-Judicial Petition for Sale Under Act 3135, as amended filed by the mortgagee, **HOME DEVELOPMENT MUTUAL FUND, (otherwise known as Pag-IBIG Fund)**, with principal office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against Mortgagor **PERPETUO I. VILLANERA, married to EDNA B. VILLANERA**, with postal address at Rizal Street,

Aplaya, Muntinlupa City, Metro Manila, and/or Lot 6, Block 39, Phase 2E, Golden City Mabuhay Homes 2000, Brgy. Dila, Sta. Rosa, Laguna, for the satisfaction of the outstanding obligations of the mortgage debt which as of September 5, 2022, amounted to **(Php247,392.93)**, Philippine Currency, inclusive of interest and penalty charges and all legal fees and expenses incidental to this foreclosure and sale. The undersigned Ex-Officio Sheriff through deputy Sheriff will **SELL AT PUBLIC AUCTION on April 11, 2023, Tuesday, between the hours of 10:00 A.M. to 1:00 P.M.**, at the 4th Floor, Regional Trial Court, Office of the Clerk of Court and Ex-Officio Sheriff, Mayor Leon Arcillas Memorial Bldg., Rizal Blvd., Barangay Tagapo, City of Santa Rosa, Laguna, to the highest bidder, for CASH and in Philippine Currency or CERTIFIED CHECK the following described properties with all its improvements existing thereon, to wit:

**REGISTRY OF DEEDS FOR THE CALAMBA BRANCH Transfer Certificate of Title No. T-355188**

It is hereby certified that certain land situated in the Municipality of Sta. Rosa, Province of Laguna, bounded and described as follows:

A parcel of land (Lot 6, Blk.

39 of the consol. subd. plan. Pcs-04-009957, being portion of the consol. of Lots 1655-A-2, Psd-043428-064810, 1655-B-2, Psd-043428-064809; 1665-A, Psd-043428-073173, LRC Rec. No.) situated in the Brgy. of Dila, Mun. of Sta Rosa, Prov. of Laguna. xxx containing an area of SEVENTY (70) SQUARE METERS. xxx

All sealed bids must be submitted to the undersigned on the above stated time and date.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrances existing thereon, if there be any.

In the event of the public auction should not take place on the above stated time and date by reason of fortuitous event/ declared special holiday, it shall be held on April 25, 2023, at the same time and place without further notice.

Please take notice that the public auction will proceed even if the City of Santa Rosa, Laguna, is under MECQ (Modified Enhanced Community Quarantine) or its equivalent Covid-19, Alert Level (NOT ECQ) on the dates indicated above.

City of Santa Rosa, Laguna, February 21, 2023.

(Sgd.) **RONNIE A. PALOYO**

Sheriff-In-Charge  
 (Sgd.) **ATTY. CATHERIN B. BERAN-BARAOIDAN**  
 Clerk of Court & Ex-Officio Sheriff

**WARNING:**  
 It is prohibited to remove deface or destroy this Notice of Sheriff's Sale on or before the date of Sale.

**CC:**  
 HOME DEVELOPMENT MUTUAL FUND (Otherwise known as Pag-IBIG Fund) Mortgagee  
 The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

**MARIA VICTORIA D. CAPIRAL**  
 c/o Atty. Paulino E. Cases, Jr.  
 Cases Collection Management, Inc.  
 Unit 408 Cityland Condominium 10 Tower II, 154 H.V. dela Costa Street, Salcedo Village, Makati City

**PERPETUO I. VILLANERA, married to EDNA B. VILLANERA**  
 Mortgagor  
 Rizal Street, Aplaya, Muntinlupa City, Metro Manila and/or Lot 6, Block. 39, Phase 2E, Golden City Mabuhay Homes 2000, Brgy. Dila, Sta. Rosa, Laguna

The Wednesday Herald  
 San Pablo City, Laguna  
 March 1, 8 & 15, 2023

**REPUBLIC OF THE PHILIPPINES**  
**FOURTH JUDICIAL REGION**  
**REGIONAL TRIAL COURT**  
**OFFICE OF THE CLERK OF COURT**

City of Santa Rosa, Laguna  
 rtc1sroccc@judiciary.gov.ph  
 CP No. 0966-687-6092/ 0945-9823918

**Re: APPLICATION FOR APPOINTMENT AS NOTARY PUBLIC FOR AND WITHIN THE CITY OF SANTA ROSA, PROVINCE OF LAGUNA,**

**A.N.C. No. 0078-SRCL**

**ATTY. CELSO C. MIQUIABAS, JR.,**  
 Petitioner.

x ----- x

**NOTICE OF SUMMARY HEARING**

Notice is hereby given that a summary hearing on the application for appointment as notary public of **ATTY. CELSO**

**C. MIQUIABAS, JR.** shall be held on **March 10, 2023 at 1:00 in the afternoon** at the courtroom of Regional Trial Court, Branch 101, sitting at the 4th Floor, Leon C. Arcillas Building, City of Santa Rosa, Laguna. Any interested person who has any cause or reason to object the grant of the petition may file a verified opposition thereto, received by the undersigned before the date of the summary hearing,

February 13, 2023 at the City of Santa Rosa, Laguna.

(Sgd.) **ROSAURO ANGELITO DAVID**  
 Executive Judge

Copy furnished:  
 IBP- Laguna Chapter  
**ATTY. CELSO C. MIQUIABAS, JR.**  
 miquiabaslawoffice@gmail.com

The Wednesday Herald  
 San Pablo City  
 March 1-7, 2023

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE OF REGALINE H. GUILLERDO AMONG HEIRS WITH WAIVER AND TRANSFER OF RIGHTS**

NOTICE is hereby given that the estate of the late **REGALINE H. GUILLERDO**, who died intestate on Oct. 18, 2021 at Abu Dhabi, UAE, consisting of two (2) condominium units and one (1) parking unit described as follows:

- Unit 1 (co-owned by Cyndirella G. Manayan)  
 - Location: Light 2 Residences, EDSA cor. Madison St., Barangka Ilaya, Mandaluyong City  
 - Unit/Slot No.: 3034  
 - Location of Unit: 30th Floor, Tower 1

- Unit 2  
 - Location: Gold Residences, Ninoy Aquino Ave., Brgy. Sto Niño, Parañaque City, Metro Manila  
 - Unit/Slot No.: 1236  
 - Location of Unit: 12th Floor, Tower B

- Unit 3 (co-owned by Cyndirella G. Manayan)  
 - Location: Light 2 Residences, EDSA cor. Madison St., Barangka Ilaya, Mandaluyong City  
 - Unit/Slot No.: Parking Slot P577  
 - Location of Unit: P5, Tower 1

which has been the subject of an "Extra-judicial Settlement of Estate of Regaline H. Guillardo Among Heirs With Waiver and Transfer of Rights" before notary public Marcelino U. Arellano as per Doc. No. 225; Page No. 46; Book No. III; Series of 2022.

The Wednesday Herald - March 1, 8 & 15, 2023

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE**

NOTICE is hereby given that the estate of the late **NOLASCO ILAGAN ZARA**, who died on November 7, 1998, consisting of a parcel of land located in Brgy. Don Jose, Santa Rosa City, Laguna covered by Transfer Certificate of Title (TCT) T-158448, has been extrajudicially settled by the his legal heirs before notary public Atty. Raymond A. Ramos as per Doc. No. 487; Page No. 99; Book No. 252; Series of 2023.

The Wednesday Herald - Feb. 15, 22 & March 1, 2023

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE**

NOTICE is hereby given that the estate of the late **NORBERTO R. ILAW**, who died on February 12, 1980, in San Pablo City, which estate consists of Lot 23826 (OCT No. P-7470) located in Brgy. San Diego, San Pablo City, has been the subject of an "Affidavit of Self-Adjudication" dated July 4, 2022 by the heir and owner of Lot 23826, as per Doc. No. 377; Page No. 77; Book No. 79; Series of 2022, before Atty. Deogracias C. Reyes, Jr., Notary Public for San Pablo City.

The Wednesday Herald - Feb. 15, 22 & March 1, 2023

**NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE OF FE RICAFORTE WITH DEED OF DONATION**

NOTICE is hereby given that the estate of the late **FE RICAFORTE**, who died intestate on March 25, 1999 at San Pablo City, consisting of one-half (1/2) of Lot 10 Block 6 situated in San Pablo City covered by Transfer Certificate of Title No. T-22961, has been the subject of an "Extrajudicial Settlement of the Estate of Fe Ricaforte With Deed of Donation" among her heirs before notary public Atty. Cyrus James G. Laure as per Doc. No. 491; Page No. 100; Book No. XVI; Series of 2023.

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# Mathematics is Everywhere

By: ARLENE B. BACOD  
 AMMES-Sto. ANGEL DISTRICT

Can you see the beauty of everything around us? Can you feel the breeze of the air? Can you measure how high the airplane, the tallest mountain of the world or even the sky? Can you estimate how far the stars and other planets from us or even the lifespan of a person's existence in this world? Lots of questions come to my mind and think that "Mathematics is everywhere!"

Yes it is! Mathematics is used everywhere and play an important role in our daily living. There are lots of real life situations that can prove that mathematics is everywhere. The following are some of my personal experiences that can best define mathematics. It is not only the subject I taught but indeed it is everywhere. As I wake up each morning and feel that every second of my life is important. Think the time schedule for the day and feel how time flies fast as I spend it to my pupils, colleagues, work place and loved ones, Waiting for the day to end and get ready again for another day to start to count my blessings. Setting my mind to become positive as always even there are negative thoughts that can block my hopes, dreams and goals in life. Walking about 300 meters every day before I ride on a tricycle just to beat the clock of my bread and butter.

Geometry is life! I really appreciate the beauty of different structures like houses, church, building, stores and school and realize that even in simple counting of nails and pieces of wood to build a house is really important. With the correct plan and measurement, proper estimation and proportion of cost and materials of the people working are vital in making good constructions and establishment. Upon entering the portal of my own school, I receive greetings from pupils, par-

ents and other members of the community and as I look into their eyes with a big smile another idea come to my mind and that is how perfect God's creation are, with the perfect ratio of the different parts of the body from toes to head and recognizing how grateful we are as one of the creations. Loving pupils with 100% love and dedication just to give what is best for them. Think of different strategies to make decisions and solve to help the struggle pupils to improve their learning level and give what is necessary for them to learn, some of the real life scenario that needs an application of steps in solving problem, where in I can use the Plan, solve and check. As a math teacher, I let my pupils to explore not only on the four sides of my room but as well as the different sides of whole school and community. Everyday, I hope that 100% probability in achieving high mastery of the lessons among my pupils. Until late afternoon when I feel tired and begun to collect possible solutions to improve my teaching techniques and strategies for the next day. Everyday with this simple scenario makes my life as a teacher more meaningful, motivating myself for another 30 days to receive my monthly salary and budgeting it properly with the right decision on how to manage time and spend money makes me a wise saver. Monthly bills that make me feel more active and made me strive for another 50 years of my life.

Mathematics is really everywhere. From the food we eat to the clothes we wear, from childhood to adulthood, application and integration of math is really real and a must. All around us are full of mathematics. All aspects of life need proper measurement and right ratio of the elements in life. Everyday we struggles in solving not only word problem but its application in our daily living. Decision making that helps us in estimating the result, we learn all of these in Mathematics!

# Palarong Panlunsod, inabangan at dinaluhan: Mga AMMESian, hindi nagpahuli sa laban

Ni: RAMESES D. BATHAN, TEACHER I  
 ANTONIA MANUEL MAGCASE ELEMENTARY SCHOOL

Matapos ang mahigit dalawang taon na kawalan ng taunang palaro hindi lamang sa buong paaralan kundi sa buong lungsod dahil sa pandemya at patuloy na banta nito. Sa unang pagkakataon ay muling nanumbalik ang sigla ng mga manlalaro matapos na ianunsuyo ang pagbabalik ng palarong panlunsod ngayong taon na ito. Dama at kita sa mga mata ng mga batang manlalaro ang pananabik at kaiglasan nila para magsanay sa iba't ibang larangan.

Ang mga tagapagsanay at mga manlalaro ng Paaralang Antonia Manuel Magcase na kinatawan ng Distrito ng Sto. Angel sa pamumuno nina Gng. Doris Ortega, tagamasid pampurok ng Sto. Angel at ni Gng. Myra C. Fabros, punong-guro ng Paaralan para sa Basketball, Lawn Tennis, Table Tennis at Taekwondo ay nagsanay upang mapaghandaan ang naturang Palarong Panlunsod. Masisagisig ng mga manlalaro at lumahok ang nasa 33 manlalaro ng AMMES kasama ang 6 na tagapagsanay sa mga nabanggit na larangan.

Matagumpay na nabuksan ang nasabing Palarong Panlunsod 2023 sa pangunguna ng mga tagapamahala sa edukasyon, mga guro, coaches at higit sa lahat ang mga atleta na nagsilahok sa iba't ibang paligsahan. Damang dama ang kasiyahan sa mukha ng bawat manlalaro, coaches at mga manonood na dumalo sa nasabing kick off ceremony na

ginanap noong Pebrero 19, 2023 sa San Pablo City Gymnasium. Sa pasimula ng palarong panlunsod 2023 nagpakitang gilas muli ang iba't ibang manlalaro sa iba't ibang larangan ng isports. Matapos ang dalawang araw ng sabado at dalawang araw ng linggo matagumpay na naidaos at natapos ang palarong panlunsod 2023. Hirap at pawis ang naging puhunan ng bawat isa upang makasungkit ng mga medalya. Hindi naman nagpatinag ang mga manlalaro ng AMMES dahil nagkamit ito ng iba't ibang medalya sa iba't ibang larangan. Nagkamit ng medalyang tanso sina Enzo Bacod at Cris Justine A. Macandili na kapwa manlalaro ng Table Tennis. Sina Maria Edcel Angelyn C. Tubera na manlalaro naman ng Taekwondo. Nagkamit naman ng medalyang pilak sina Denzel A. Gailo sa larangan ng Lawn Tennis, Shyra Nicole C. Avellana sa Table Tennis ( Girl ), Jacob Lawrence M. Atajar , Table Tennis( Boy) at Jayril L. Clacio sa larangan ng Taekwondo, samantalang sina Precious Terence A. Uri ng Table Tennis at sina Calix Nathan D. Pasugac at Lars James Corinado naman ay mga kapwa nag-uwi ng medalyang gintong mula sa larangan kanilang sinalihan. Hindi naging madali ang kanilang pinagdaananan kaya saludo ang buong Distrito ng Sto. Angel sa ipinakitang nilang galing at husay.

Ang mga manlalarong nanalo at nagkamit ng medalyang gintong ang siyang ipapadala sa darating na regional meet competition 2023 na kakatawan para sa delegasyon ng Lungsod ng San Pablo.

# Find. Keep. Motivate. HR Competencies in Delivering Optimal Results

By: JENINA A. REYES, ADAS II  
 STO. TOMAS NORTH CENTRAL SCHOOL  
 SDO STO. TOMAS CITY

To deliver optimal results, an organization must have human resource personnel who can find and keep talented employees; motivate them to do their best at work; and provide them with the tools and training they need for them to succeed. To do this, human resource (HR) personnel must work collaboratively with the organization and its employees to develop and implement strategies to help the organization achieve success and create and implement a framework for organizational development (OD) for the department that is relevant to the organization's ambitions to support the provision of basic education. With these, HR competencies are critical components of achieving the goal. To acquire these, a not-so-secret aspect is focusing on achieving this word.

First is knowledge and skills. Human resource personnel must be knowledgeable enough to carry out specific functions effectively. As the old saying goes, you cannot give what you do not have. Thus, having the necessary skills and knowledge to perform one's duties is necessary to provide quality service to the organization and the people it serves.

Second is aspects of self-image and perception. Self-image refers to a person's beliefs regarding themselves and how they view themselves or their performance in comparison to others. To have this aspect, they must be able to challenge the weaknesses in their abilities and believe in their capabilities. Perception refers to the way we perceive our world and everything in it. Being able to differentiate what is real from what is imagined is useful in optimizing one's performance in the workplace.

Third is social motives. Social motives are the motivation to work and develop skills, knowledge, and abilities to perform well for oneself. People with high social motives want to be recognized for their contributions and are given opportunities that will allow them to develop their skills and abilities so they can perform better. Having a strong social motive also helps an employee to see the benefits of being part of a team and helps to create greater collaboration and cooperation among employees. Fourth is the thought pattern.

Thinking in a disciplined manner will help ensure a more systematic approach to work, which in turn will facilitate more optimal results. This can take some practice but it is essential to success. For example, if one is not methodical, and does not take the time to thoroughly plan before embarking on an assignment, the results may be less than desirable and may even fail. An HR personnel must be able to have a thought process like this for the organization to thrive.

Next is the right mindset. Having a growth mindset is important in staying motivated and developing new ideas and approaches to problems. Being open to new possibilities, making mistakes, and learning from them are all important characteristics of someone who possesses a growth mindset. Becoming successful in an organization requires employees to have to deal with uncertainty and ambiguity which are common in every organization. Having a growth mindset will enable employees to embrace these challenges and utilize them in advancing the organization forward.

Lastly, to achieve success in an organization, one has to possess high emotional intelligence. A human resource personnel is in many ways similar to being a counselor or psychologist where one has to be able to empathize with others and treat others with empathy and understanding. Successful leaders are often defined by their strong emotional intelligence. The ability to understand one's emotions, the feelings of others, and the emotions of a group as a whole will enable human resource personnel to enhance trust and cooperation with other team members and enhance overall organizational effectiveness. By developing strong communication skills, employees will be more capable of addressing conflicts within teams and in their relationships with others in the organization.

These aspects in developing competencies for human resource personnel are more important than you think. Having these to achieve competencies is essential to the performance of the HR department and the organization as a whole. However, it is important to realize that no one factor defines a successful person or organization. There will always be competing factors and challenges to face in organizations and no one skill set will be enough to guarantee success; rather than a combination of different skills and attributes is required to succeed.



Lot 11A Blk 10 Light Science Industry Park IV  
 Malvar, Batangas

## JOB OPENING

### R & D MANAGER

Job description:

- In charge in the improvement of existing product and the development of new product
- In charge in the technical aspects of the products
- Manage the activities of the Mold department

Job Requirements:

- Bachelors degree in business or related field
- Male
- Excellent people management skill
- Strong analytical, creativity and project management skills
- Ability to lead a team
- Confident, articulate and has dynamic personality
- Willing to assigned in LISP IV Malvar, Batangas

Interested applicant may email your resume at [analy.n.ricafrente@yahoo.com](mailto:analy.n.ricafrente@yahoo.com)

## NOTICE TO THE PUBLIC

Notice is hereby given that **NATIVIDAD C. PARRIS** also known as **NATIVIDAD CAPISTRANO PARRIS**, married and resident of 65 E Monroe St #4206 Cook County, Chicago, Illinois 60603, died at the age of 67 years old last February 25, 2016 at her friend's residence located at 2593 Diamond St, San Francisco County, San Francisco City, CA as per Certificate of Death (State of California) with State File No. 3052016040125 and Local Registration Number 3201638000873 issued on March 15, 2016 and signed by Tomas Aragon, Country Health Officer.

The Wednesday Herald -- March 1, 2023

## NOTICE OF EXTRA-JUDICIAL SETTLEMENT OF ESTATE

NOTICE is hereby given that the estate of the late **CIRIACO ARBILO**, who died intestate on Dec. 29, 2021 in South Wales, Australia, consisting of the following: 1) a parcel of land situated at Brgy. Sibulan, Nagcarlan, Laguna covered by Original Certificate of Title No. P-7743; 2) a parcel of land situated at Brgy. Sibulan, Nagcarlan, Laguna covered by Original Certificate of Title No. P-7742; 3) a parcel of land situated at Brgy. Wakat, Nagcarlan, Laguna covered by Original Certificate of Title No. P-2274; 4) a parcel of land situated at Brgy. Talangan, Nagcarlan, Laguna covered by Tax Declaration No. 17-0048-00381; 5) a parcel of land situated at Brgy. Talangan, Nagcarlan, Laguna covered by Tax Declaration No. 17-0048-00383; and 6) a parcel of land situated at Brgy. Sibulan, Nagcarlan, Laguna covered by Tax Declaration No. 17-0040-00285, have been extrajudicially settled by the his legal heirs before notary public Atty. Edgardo R. Marilim as per Doc. No. 452; Page No. 91; Book No. CDXC1; Series of 2022.

The Wednesday Herald - March 1, 8 & 15, 2023

<p><b>REPUBLIC OF THE PHILIPPINES</b>  <b>FOURTH JUDICIAL REGION</b>  <b>REGIONAL TRIAL COURT</b>  <b>OFFICE OF THE CLERK OF COURT</b>  <b>&amp; EX-OFFICIO SHERIFF</b>  <b>CITY OF SANTA ROSA,</b>  <b>LAGUNA</b></p> <p><b>BDO UNIBANK, INC.,</b>  <b>Mortgagee,</b></p> <p>--versus--</p> <p><b>NATHALIE A. TAN,</b>  <b>Debtor-Mortgagor.</b></p> <p><b>EJF No. 0378-SRCL</b>                  x-----x</p> <p><b>THIRD NOTICE OF EXTRA-JUDICIAL FORECLOSURE SALE</b>  <b>(Under Act No. 3135, as Amended)</b></p> <p>Upon Extra-Judicial Petition for sale under Act 3135, as amended by Act 4118 and PD 385, filed by the mortgagee, <b>BDO UNIBANK, INC.,</b> with office address at BDO Valero Towers, 8741 Paseo de Roxas, Makati City, against debtor-mortgagor, <b>NATHALIE A. TAN,</b> with postal address at Lot 37, Blk. 3, Dahlia Street, Phase 1, Garden Villas 3, Brgy. Malusak, Sta. Rosa, Laguna, and/or Lot 37, Blk. 3, Road Lot 3, now Dahlia Street, Garden Villas 3 Subd., Phase 1, Brgy. Aplaya and Labas now Brgy. Labas, Santa Rosa, Laguna, for the satisfaction of the outstanding obligations of the mortgage debt which as of June 30, 2022, amounted to <b>Php1,635,367.29</b>, Philippine Currency, inclusive of accrued interest and penalty charges and all legal fees and expenses incidental to this foreclosure and sale, the undersigned Ex-Officio Sheriff through deputy Sheriff will sell</p>	<p>at public auction on <b>April 11, 2023, Tuesday, between the hours of 10:00 A.M. to 1:00 P.M.</b> at the 4th Floor, Regional Trial Court, Office of the Clerk of Court &amp; Ex-Officio Sheriff, Mayor Leon Arcillas Memorial Bldg., Rizal Blvd., Barangay Tagapo, City of Santa Rosa, Laguna, to the highest bidder for CASH and in Philippine Currency or CERTIFIED CHECK, the following described property with all the improvements existing thereon, to wit:</p> <p><b>Registry of Deeds for the Calamba City</b>  <b>TRANSFER CERTIFICATE OF TITLE NO. T-742423</b></p> <p>It is hereby certified that certain land situated in Municipality of Sta. Rosa, Province of Laguna bounded and described as follows:</p> <p>A parcel of land (Lot 37, Blk. 3 of the consol. subd. plan, Pcw-04-021003, being a portion of Lot 500-D to 500-Q, Psd-62598, Lots 503-C, 503-G &amp; 503-H, Psd-04328-070684 &amp; Lot 501, Sta. Rosa Est. LRC Rec. No.), situated in Brgy. Aplaya &amp; Labas, Mun. of Sta. Rosa, Prov. of Laguna, Island of Luzon. xxx Containing an area of SIXTY (60) SQUARE METERS. XXX</p> <p>All sealed bids must be submitted to the undersigned on the above stated time and date.</p> <p>Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrances thereon, if there be any.</p> <p>In the event the public auction should not take place on the above stated time and date by reason of fortuitous event/ declared special holiday, it shall</p>	<p>be held on April 25, 2023, at the same time and place without further notice.</p> <p>Please take note that the public auction will proceed even if the City of Santa Rosa, Laguna, is under MECQ (Modified Enhanced Community Quarantine) or its equivalent Covid-19, Alert Level (not ECQ) on the dates indicated above.</p> <p>City of Santa Rosa, Laguna, February 21, 2023.                  (Sgd.) <b>RONNIE A. PALOYO</b>                  Sheriff-in-Charge</p> <p>Noted by:                  (Sgd.) <b>ATTY. CATHERIN B. BERAN-BARAIDAN</b>                  Clerk of Court &amp; Ex-Officio Sheriff</p> <p>WARNING: IT IS PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF SALE.</p> <p>CC:  <b>BDO UNIBANK, INC.</b>                  Mortgagee                  BDO Valero Towers, 8741 Paseo de Roxas, Makati City</p> <p><b>BERNARDITA A. CADUNOG</b>  <b>BDO UNIBANK, INC.</b>                  Risk Management Group-Remedial Management Unit                  11th Floor, BDO Valero Towers, 8741 Paseo de Roxas, Makati City</p> <p><b>NATHALIE A. TAN</b>                  Lot 37, Block 3, Dahlia Street, Phase 1, Garden Villas 3, Brgy. Malusak, Sta. Rosa, Laguna and/or                  Lot 37, Blk. 3, Road Lot 3, now Dahlia Street, Garden Villas 3 Subd., Phase 1, Brgy. Aplaya and Labas now Brgy. Labas, Santa Rosa, Laguna</p> <p>The Wednesday Herald                  March 1, 8 &amp; 15, 2023</p>
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## Sepak Takraw: A Way of Life

By: JOSEPH D. AVERILLA, TEACHER III  
SAN PEDRO CENTRAL ELEMENTARY SCHOOL  
CITY DIVISION OF SAN PEDRO

Sports are essential for every child to learn and grow in life. It teaches them about teamwork and competition. It also helps them to develop their physical and mental abilities. But to learn the proper skills, children need to be exposed to different sports and activities. Playing the sport they love is an important part of the learning process. One great sport to learn in school is sepak takraw.

Sepak takraw, sometimes known as kick volleyball, is a Southeast Asian sport that is played with the feet, knees, head, and chest. In the game, two teams of three players are playing against each other. The team who must serve first begins the first set, and the side that wins the first set has the option of choosing Service. When the Tekong kicks the ball, all players are free to move around their respective courts. The service is valid if the ball passes over the net and inside the opponent's boundary lines, regardless of whether it touches the net.

As with the rules, it can be seen that teaching sepak takraw to our learners will provide them with a unique experience that will help them develop a sense of discipline in their lives. It is a game that will teach our young learners several important skills which they could use throughout their lives. This includes teamwork, leadership, discipline, and even a little bit of strategy.

First, teamwork is essential to any sport; however, this is also applicable in real-life scenarios. It is equally important in education and work. As no man is an island, every single person needs to work with others to succeed. If there is an example of teamwork that can be easily seen during sepak takraw, it is the case when a team has to move a ball trying to get it to the opponent's court. As in life, teams will always have disagreements and different opinions during their game, but they all must work together to solve any problem

they come across.

Leadership is another important skill that sepak takraw teaches us. The leader of the team decides how to attack the opponents' court, depending on their skill level and the number of players in the team. In other words, the leader will give suggestions to the team, which will be followed by all the players. Learning to be a good leader and being a member of a good team is something we can learn from this. For our learners to have a successful future, they need to be responsible and help others in school and the community.

Discipline is something that we often find in sports, especially those where there is a lot of physical contact between the players. All sports players know that they need to maintain their discipline to achieve success in their sport. In the same way, in school, our young learners must develop the discipline necessary to be successful in their studies or any endeavor they would like to pursue. For example, a good student will do their homework without any excuses; attend classes regularly, and develop a positive attitude toward their studies. If our students can learn to develop this, they will be prepared for whatever life throws at them.

Lastly, our young learners need to develop the skill of strategy. In sepak takraw, the strategy involves moving a ball toward a certain goal. The main difference between a good player and a great one is their ability to know when to push the ball away and when to push it toward the target. Without this skill, a player is just like any other in the game, but with the right strategy, they are more likely to achieve their goals.

These are just some of the many skills that our young learners need to develop to become globally competitive citizens in the 21st century. Through learning a sport like sepak takraw, they will learn to work together as a team to achieve success. This sport teaches them valuable life lessons, including teamwork, leadership, and discipline. Through these skills, they will become responsible members of society and contribute to the betterment of the world.

## Enrichment of Numeracy Skills

By: RODALYN GARCIA SANTOS, TEACHER 3  
SANTA CRUZ ELEMENTARY SCHOOL  
STA. CRUZ SUB OFFICE, SDO LAGUNA

For a youngster to succeed in school and later in life, learning to count is essential. The rate at which a kid advances in these fundamental skills is one of the best indicators of academic achievement. Although children's numeracy skills get better as they get older, the most crucial years for numeracy development are the early years, from birth to age eight. No one learns to count naturally or without careful planning and training. To promote the frequent practice of counting, it is crucial that materials for kids that are age- and culturally-appropriate are accessible and available.

There are already a number of best practices that can make it simpler for learners to comprehend and transmit numerical information. The following techniques are provided to help make numerical information more understandable, easier to explain, and simpler to utilize.

1. Combine figures and language to offer a thorough

knowledge

2. Perform the Math
3. Be reliable

4. Give only the most crucial details, yet just enough for the learner to completely understand them

5. Be visual; represent the significance of the numbers through pictures and shapes.

6. Consider your presentation or description of a risk.

Whether learners are Grades One or Grade Three, they will be able to solve problems with the aid of numeracy. Everyone can agree that being alive implies that we will certainly run against issues that need to be resolved and these may be numbers that confuses them. Teachers may suggest as a conclusion that numeracy skills—both the ability to explore numbers and the ability to effectively communicate numerical information—will be useful across the diverse range of problems learners may encounter in their everyday lives. Through enrichment of numeracy skills, learners can enhance their decision-making, efficiency, and may affect even their health by stating numbers and their implications more understandable to more people.

## Conduct of In Person Activities in School

By: THERESA FLORES TAQUIKID, TEACHER III  
SILANGAN ELEMENTARY SCHOOL  
SUB OFFICE-SDO LAGUNA

As long as they take place after school hours, conducting in-person events at schools is now permissible, according to the Department of Education (DepEd).

On January 26, Vice President and Secretary of Education Sara Duterte signed DepEd Order No.003 series of 2023 to allow face-to-face activities to continue in schools despite the Covid-19 outbreak.

The meeting of multiple people in person for academic or extracurricular purposes is now permissible. In accordance with the department's commitment to giving kids a quality foundational education in a secure learning environment, the order has been issued "for the direction of students, staff, parents, guardians, and other stakeholders

relating to the conduct of in-person school activities. Also, during the academic quarter, curricular activities must be completed in order to ensure that learners can easily connect and integrate their learning across all learning areas.

According to the previously published calendar of activities, only those extracurricular activities that are carried out during class time are forbidden, and these extracurricular activities should be undertaken after the quarterly exams to avoid disturbing classes.

Officials from public schools must adhere precisely to these standards when conducting on-site co-curricular, extracurricular, and curricular activities. For the administration of curricular, co-curricular, and extracurricular activities that take place in person, private schools, community learning centers, state/local universities and colleges (SUCs/LUCs), and other organizations may choose to use the provisions of the most recent issuance as a foundation.

## Reading Enhancement

By: DORACEL MALAPAYA BAUTISTA, TEACHER III  
SANTA CRUZ ELEMENTARY SCHOOL  
SUB OFFICE-SDO LAGUNA

As part of the Department of Education to support learning recovery at the elementary education level, schools must provide reading programs for students in Grades 1 through 3 which will go beyond just slogans and holding contests. The Reading Programs must solidify existing reading programs already being implemented in their respective schools.

Each school's reading program shall enhance the department's currently offered reading initiatives, such as the Every Child A Reader Program and Bawat Bata Bumabasa (3B) (ECARP). The 3B program was launched in 2019 by then Secretary Leonor Briones. It emphasizes the six components of reading—oral language, phonological awareness, phonics, vocabulary, fluency, and comprehension—that pupils must comprehend and use in order to learn to read.

The Department of Education (DepEd) urged teachers, parents, and other reading specialists to use various

reading tools to develop and evaluate children's reading abilities. Schools must adapt different strategies that can assist teachers in assisting their students in improving their reading ability and cultivating a love of reading. These activities include storytelling, dugtungang pagbasa, reading competitions, and reading challenges.

Schools must understand the essentiality of remediation. There are alarming reports of learning gaps, which showed the discrepancies between what students should know at the end of a particular school level and what they actually know. Schools must have created its own measures to close the gaps, including the profiling of students according to their academic demands, stepping up the implementation of reading programs, and lengthening the learning period to advance reading and numeracy abilities.

The teacher herself must be voracious reader. Seeing the next generation transform into rounded readers, it will manifest positive effects on wellbeing and learning of the learners. Teachers must become "independent problem solvers" of the literacy problems in their respective schools.

## Partnership: A Strong Links



By: MARIA TERESA A. MALVEDA

Schools, business and industry groups derive mutual benefits by strengthening links with each other. Partnerships pave the way for industry-linked training and genuine employment options for Learners, additional training resources for teachers, and a pool of well-trained workers for industries. Schools and business and industry groups derive mutual benefits by strengthening links with each other. Partnerships pave the way for industry-linked training and genuine employment options for Learners, additional training resources for teachers, and a pool of well-trained workers for industry. (ALS-EST\_Handbook\_Chapter10.pdf (deped.gov.ph))

Republic Act no.8525 or other known as Adopt A School Law Section 1. It is the policy of the State to provide quality and relevant education to the Filipino youth and to encourage private initiative to support public education. Towards

this end, the State shall institute programs to encourage private companies and enterprises to help in the upgrading and modernization of public schools in the country, particularly those in poverty-stricken provinces. How important partnership in the school? School Partnerships play significant roles in the educational climate it supports major decision making to raise student/pupil success, it is also developing volunteerism and civil works. Partnership in the school should be intensify with mutual objectives that will alleviate the needs of the school children. Who are our partners? Parents, Alumni, NGO, LGU, Private Companies and Entities and Other Government Instrumentalities are our among partners in the community. They are the ones that will play big part in creating a holistic school-community in order to achieve our common goal which is the totality of each learners. They are our inevitable links in our learning institutions because they will provide a strong educational set up by sharing their knowledge and resources so that they can provide a better opportunity to all the learners. Setting up a partnership is a mutual relationship because of each one will benefit to the partnership.

## Addressing Learning Gaps: Effectiveness of Fuller Method to Improve Reading Comprehension

By: BARBARA KATHRINA D. UY  
PACIANO RIZAL ES  
LOS BAÑOS SUB-OFFICE

Reading comprehension is a fundamental skill that students need to acquire to read and understand texts for academic and real-world purposes. With the COVID-19 pandemic, most schools have been forced to close due to lockdown measures in many countries. While students are at home during these tough times, they are missing out on their lessons at school. Due to this, many learners struggled with reading comprehension and find it challenging to comprehend texts, due to various reasons including learning disabilities and poor English proficiency, thus learning gaps.

With this, educators find ways to help and support students who struggle with comprehension and help them overcome these obstacles so that they can achieve academic success. As a grade 5 teacher, the use of the Fuller Method in improving the reading comprehension of our learners has been assessed and is very effective in addressing the learning gaps due to the COVID-19 pandemic. Fuller Method is the research-based intervention used to assist students with improving their reading comprehension through improving metacognition skills.

The approach focuses on supporting students' thinking processes to help them improve their ability in comprehending their reading materials. The Fuller technique is a strategy for teaching learners to recognize and manipulate phonemes to teach the correlation between these sounds and spelling patterns while reading and writing the English language. With this method, learners can become more aware of their reading habits and develop strategies to improve reading comprehension.

Teachers can introduce a variety of activities that students will enjoy doing to help them build their vocabulary and gain better mastery of the English language. Different methods can be used to teach the words to students and encourage them to learn and memorize them for future use in the learning process. With grade 5 learners, teachers can incorporate word games as a fun way to enhance their vocabulary and help learners master these words while having fun at the same time. One example of a game that can be used to help students improve their knowledge of words is crossword puzzles which are commonly used by teachers

to assess student understanding and provide meaningful feedback about their progress. The game engages students and helps them develop critical thinking skills as they puzzle their way to the solution by connecting the clues to find the answers they need to complete the puzzle.

Another fun activity is through reading a story. The wider approach to reading is currently the most popular method. It combines the alphabet, phonics, and other techniques of teaching word recognition. It is necessary for the reader to first learn the names and sounds of the letters in the alphabet. Once the learner masters these basic elements, he/she is then introduced to the combinations that make up different words and sounds. As the student progresses in acquiring new knowledge, his/her comprehension skills are strengthened, and able to acquire a deeper understanding of what he is reading and absorb more information from the text.

Flash cards can be a useful tool also for helping students learn new words by providing them with a visual image of the words and a verbal presentation of the meaning and use of each word. When using this method, the teacher is to select a list of words that are important for the learner to complete the specific assignment that he/she is expected to complete at the end of a class. The teacher should also ensure that these words are not too difficult for our pupils to understand or that they have trouble pronouncing them correctly to ensure that the lesson is not frustrating for them and that they retain the information that they are being presented with. It is also important that the words should be relevant to the topic since we do not want our pupils to lose interest halfway through learning new concepts because the words that they were studying were not relevant to what they were expected to learn in that particular lesson.

With the use of the Fuller Method, there has been enough evidence and research that shows children can improve their reading comprehension as opposed to traditional methods that focus on memory memorization of vocabulary. According to studies, students that used these techniques were reported to have better reading comprehension abilities than learners who had traditional learning methods. Through this, teaching and improving reading comprehension, and bridging the learning gaps will give our learners more opportunities to succeed and excel in their studies in the future and gives them the skills and knowledge required to compete in an increasingly globalized world.

## Shaping Future Generations through Instilling DepEd Core Values in our Young Children

By: PELAGIA A. ARRIOLA, HEAD TEACHER III  
QUILO ELEMENTARY SCHOOL  
SDO: BATANGAS PROVINCE

Education is the building block of any society. To develop successful, peaceful, and harmonious citizens of the future, schools must provide learners with a strong foundation in the values of respect, dignity, and peace. These values are the foundation of a healthy and resilient community, and they are essential to creating responsible citizens who will contribute to the greater good of society. Thus, Republic Act No. 8491, through the Department of Education, adopted the four core values which are: Maka-Diyos, Maka-Tao, Makakalikasan, at Makabansa.

As the sector of education is playing a vital role in shaping future generations, school leadership is essential to fostering a culture of learning that celebrates diversity and promotes academic excellence and character development. By embracing these values, school leaders can foster a positive learning environment and promote a better understanding of human rights for all stakeholders in society. It is with utmost importance to promote and develop these core values in our schools since they can help us grow as a nation and lead to a more prosperous society.

The first core value is Maka-Diyos. Learners must respect the spiritual views of others while expressing one's spiritual convictions and upholding the truth while demonstrating loyalty to ethical standards. This value highlights the need for us to cherish our differences and celebrate diversity in our schools and our society. It encourages us to appreciate the differences that we have with our fellow Filipinos and other countries. Schools should be safe places for students to practice and celebrate their religious beliefs. Through the implementation of a holistic approach to instruction, schools can foster a sense of unity among learners from different faiths and ethnic backgrounds. A holistic approach means we must promote diversity through a more inclusive educational experience that embraces all aspects of students' development.

The Second is Maka-Tao. Learners must become aware of personal, societal, and cultural distinctions and contribute to the cause of solidarity. Learners must develop the ability to critically analyze the dynamics of social and political issues and demonstrate respect for the rights and responsibilities of others. Through education, school leaders can instill in their students the need to be responsible citizens of the world by cultivating a culture of honesty, respect, and toler-

ance in the school. These values should be reinforced in the school through teaching and discussions on topics such as cultural preservation, international relations, social justice, civic responsibility, and other topics related to the fostering of social justice and solidarity.

Third is Makakalikasan. Learners must be able to protect the environment and use resources wisely, prudently, and economically to ensure the sustainability of the planet for future generations. This involves the students being eco-friendly in their everyday lives through sustainable living and reducing waste. Teachers can encourage their students to practice these values by teaching them how to recycle their waste and promote eco-friendly activities in school. By letting our learners become aware of the consequences of misuse of resources and misconduct on the environment, they would learn how to responsibly use and protect natural resources to conserve the earth for future generations.

Last, but not least, is Makabayan. Our learners must be able to show pride in being Filipino; exercise their Filipino citizenship rights and obligations; and demonstrate acceptable conduct in school, neighborhood, and national activities. Schools should prepare their learners for an active role in society and strengthen their understanding of their rights and obligations as Filipinos by developing a sense of civic responsibility and solidarity among their students. This means that students should be taught about the importance of upholding the laws of the country and displaying appropriate behaviors and attitudes in the community. Conducting patriotic activities and exhibiting mutual appreciation for the greatness of our nation is a valuable lesson for our students to learn in the classroom.

Having a clear understanding of these core values is vital in developing a positive image for the school community and creating a sense of belonging among its members. As school leaders, we must ensure that these values are translated into tangible actions that foster the learning environment and strengthen the relationships between school staff and learners. This can only be achieved through effective communication and cooperative work between the school, learners, parents, and the community at large. Being able to identify the characteristics of a positive and productive school culture is essential in building the confidence of students and improving their learning experiences. Let us foster and develop our human resources in our present and the future which will help us in realizing the potential of the education system and achieving the vision of the country.

## Intrams is Back... Go Gesinians!

By: DARLENE D. BANDO, TEACHER II  
GUERRILLA ELEMENTARY SCHOOL

Intramurals encourage school-wide involvement of all students in physical activity during non-instructional times that occur during the school day. Quality intramurals are student-focused, inclusive, fun events or activities that maximize physical activity participation for all learners.

To strengthen said School Sports program and promote Resilience and Well Being, Guerrilla Elementary School conducted the 2023 School Intramurals two years after the pandemic. It aims to gear holistic development and build camaraderie; promote value of sportsmanship; teamwork; cooperation; and, self-discipline.

Because of the school's small area, the School Intramurals were held for only two days. The opening day began on February 2, 2023 at 7:30am which was participated by key stage 1 learners (Kinder - grade 3). The place of assembly was the school's covered court. Each grade level was well presented, wearing the assigned color of their shirt and their demonstration props as well.

To represent their grade and section, muse and escort were chosen. Ms. Rebekah S. Abairo, a first-grade teacher, served as the master of ceremony. The National Anthem was sung at the beginning of the event headed by Mrs. Theresa A. Crudo, a Grade 2 MAPEH teacher which was immediately

followed by a prayer rendered by Mrs. Cristina A. Borela, EPP Coordinator. Our diligent school principal, Mrs. Aileen Bernadette L. Almendras, gave an opening remark.

To showcase the beauty and confidence of each section's muse and escort, they introduced themselves, wearing sports attire. Various awards were given which are as follows: Mr. & Mrs. Intrams 2023 and Face of the Day - Ivan Matteo Dones, Grade 3-Rose, Breeana Ballesteros, 3-Tulips, and Mr. Intrams - JC Akihiro Flores, Ms. Intrams-Jhalyne Faye Mesinas of Grade 3-Santana.

Field demonstrations were executed by each grade level right after the selection of Mr and Ms Intrams 2023. The demonstrated presentations were based from the most essential competencies in Physical Education. Mga Laro ng Lahi were also introduced and played by the learners with their advisers.

On the second day of the school's intrams, it was participated by the key stage 2 learners. The assembly was also done at the covered court. Introduction of muse and escorts per section were executed. After announcing the winners for the Face of the Day and Muse & Escort 2023, selected intermediate students then performed an elegant dance called Wellness and Galaw Pilipinas.

Field demonstrations were also displayed by each grade level according to the most essential competencies of Physical Education. The program went smoothly and closing remarks was rendered by Teacher Mrs. Marites B. Escondo.



# MATATAG – From a School Head's Point of View

By: LOREVIE K. RIVERA, P2  
SANTO ANGEL SUR ES  
SANTA CRUZ SUB OFFICE, SDO LAGUNA

When employed as an adjective, the Filipino word "matatag" can mean stable or unchanging, calm or settled, secured or steadfast, or committed. It can be thought of as a team when used as a noun. It can be used as a verb to establish, team up, or join forces. Whatever the case, it is the phrase that best describes Vice President Sara Z. Duterte's plans for the Department of Education (DepEd) over the next six years.

Being firm in our goals, acts, and decisions is the precise definition of the word "matatag" in people's life. VP Duterte recently unveiled the Matatag: Bansang Makabata, Batang Makabansa (A nation for children, children for the nation) plan while serving as concurrent secretary of education.

The acronym Matatag stands for the four main initiatives that VP Sara announced during the Basic Education Report. The implementation of robust reforms in the curriculum, education services, and provision of facilities, learner wellness, and teacher support programs are all part of Vice President Duterte's governance strategy for DepEd. Hence, the term "matatag."

The acronym stands for  
MAKE the curriculum relevant to produce competent, job-ready, active, and responsive citizens,

TAKE steps to accelerate the delivery of basic education services and provision of facilities,

TAke good care of learners by promoting learner well-being, inclusive education, and a positive learning environment, and

Give support to teachers to teach better.  
All of theSE encompass all of DepEd's primary programs, with an emphasis on each student's holistic development, an updated curriculum that allows all significant lessons to be applied in real-world settings, and a supportive and encouraging learning environment for students. All of these are focused on the learner because education affects how well each person lives. Our knowledge, skills, attitudes, and values all grow as a result of education.

We develop our students' capacity for critical thought when we educate them early. They are able to solve both simple and complicated problems, make intelligent judgments, and pick up knowledge and skills that will allow them to reach their full potential and contribute positively to society. Education is not only provided in a classroom setting. It could appear at any moment or anywhere. The process does not finish when we have our diploma.

Each of us is a perpetual learner. We experiment with fresh findings and let our experiences come full circle. We acknowledge our interests and objectives while also enhancing our abilities on the personal and professional levels. We engage into improving ourselves to the fullest. As we grow, we take on the identity of matatag.

So, with Vice President Duterte's Matatag program, we guarantee a happier future for our kids. We all play crucial roles in their development.

# Developing Love for Science and Technology in our Young Learners: Vital to the Advancement of Society

By: ALTHEA A. SANTONIA, TEACHER I  
SAN PEDRO CENTRAL ELEMENTARY SCHOOL

As an academic population of knowledge seekers, we as educators along with our learners, need to accept the importance of integrating science and technology into the advancement of society. We need to be mindful that the integration of science and technology is a vital part of life and education, without which, society would not be able to achieve the desired level of progress of the majority would be at the back.

Science and technology are the studies of the processes and phenomena that occur in the natural world, while technology refers to the application of scientific knowledge and findings. It is the field of study that our young learners need to be exposed to so that they can acquire the knowledge needed to become productive members of society. That being said, it is important that they do not become overwhelmed by the amount of information available to them and they be provided with adequate guidance to assist them in their learning processes and enable them to understand the concepts in a way that makes sense to them. There are several ways in which we can achieve this.

We as educators can integrate science and technology into the education of our students by introducing them to the concepts behind these disciplines and allowing them to explore them and apply their knowledge to real-life situations. By exposing our young learners to various scenarios and practical experiences, we can help them develop a critical-thinking mindset and become more independent thinkers. This would provide them with the opportunity to acquire the knowledge they need to be productive members of society.

Promoting and fostering scientific investigation among young learners is a process that involves teaching them the concepts behind the practice of scientific investigation. Through science and technology integration in our teaching and learning process, we can enable them to become more independent thinkers and improve their critical-thinking

skills. By learning about the process of scientific investigation and becoming exposed to different practices and methods, we can enhance their scientific literacy and prepare them for the future.

Providing our young learners with the appropriate tools and equipment is a key aspect of achieving the desired learning outcomes in this field. Our learners, as young as they are, are already equipped with the necessary knowledge and skills to explore and learn about the application of science and technology in their everyday life. What they need to do is to be allowed to use this knowledge and expertise to make a difference in the world by using it to create invaluable contributions to the science and technology field.

Teaching them to develop their scientific and technological literacy skills can be made a lot easier if we provide them with the opportunity to interact with peers and other experts in the field. Encouraging them to interact with each other, share ideas, and work collaboratively with other individuals from the same background will greatly improve their ability to develop their knowledge and skills in a meaningful and productive way. Furthermore, exposing them to different and innovative teaching methods and technologies can give them the confidence and drive to pursue their goals. This will in turn help them develop the necessary skills and competencies required to succeed in their career and become useful contributors to society.

Science and technology are closely related fields of study and are both essential to the development of society and the advancement of knowledge. Therefore, the education system should ensure that all its young learners are exposed to a variety of educational approaches that will help them develop the necessary skills to thrive in an ever-changing world. Nowadays, we are witnessing rapid advances in science and technology that have enabled us to gain a better understanding of our environment. It is a must for us to develop love for these fields in our young learners as it is vital to the advancement of our society.

# Creating a Bright Future through Special Science Curriculum

By: ROCHELLE G. MILLAMENA, TEACHER III  
SAN PEDRO CENTRAL ELEMENTARY SCHOOL

Science is a field of study that has a wide variety of applications in our society today. One of the most important applications of science is its contribution to our understanding of the world around us. With this, our society can advance at a much faster pace and create more prosperous lives for ourselves and future generations to come. Therefore, it is a must that we emphasized inculcating scientific literacy among our children and one can see the overwhelming contribution of our special science curricula to this.

The Special Science curriculum is a framework of educational experience that aims to develop scientific literacy in our children through which they can actively engage in discussions and research to promote innovation in this increasingly dynamic and diverse world. It is a comprehensive framework to produce more creative scientists to solve real-world problems facing our society today by exploring the world through the lens of science and technology. The Department of Education aims to instill and foster the spirit of innovation among our children through the special science curriculum as it will equip them with the skills needed to become tomorrow's scientists who can play a vital role in shaping our future. Several benefits can be attributed to the special science curriculum in our country.

One benefit of implementing special science curriculum in schools is that it will help to develop and nurture scientific and technological talents of students at an early age in our country. It will give them a broad perspective about the world around us as they learn about scientific principles and develop their critical thinking skills through hands-on experiments conducted in classrooms and research projects. This will help them gain a deeper understanding of science-related issues that will play an important role in shaping the future of our nation.

Another is that the special science curriculum will help to transform education in the country and improve the

quality of education provided in our schools. These young learners will learn about the exciting and challenging field of science by becoming part of various activities conducted in the school environment. Through this, they will know how to communicate their ideas and opinions with others in a scientific manner which will help them develop good teamwork skills and work as part of a team to solve various problems facing our society today.

Finally, the special science curriculum will enhance scientific literacy among the nation's youth and encourage them to be more involved in research activities in schools to discover the latest innovations in technology that will be transforming our daily lives in the future. We cannot expect our children to create a better future for our country unless we develop a better understanding of the scientific principles behind them and equip them with the necessary skills to be innovative in our everyday lives.

Being part of the special science curriculum in elementary makes a significant contribution to the development of a generation of well-informed and empowered citizens who are equipped with knowledge and skills that will help shape our future and lead us to a brighter and more prosperous tomorrow. As educators, we need to become more actively involved in developing this critical skill in our young learners as a means to better prepare them for a successful and fulfilling life in the future.

Special Science curriculum in elementary schools will help learners to develop their scientific and technological skills and equip them with the knowledge and experience that they need address current and future global concerns. These young pupils will be exposed to real-world application -- building a strong foundation -- and scientific inquiry-based projects that will help them to develop their creativity and problem-solving abilities while also strengthening their communication and teamwork skills. Let us continue to work hard and pave the way for our nation's bright future by strengthening our education system and empowering our children to be leaders of tomorrow.

# Victory and Defeat: Insight on Various Perspectives in School Sports

By: ROSELYN G. DELA CRUZ, TEACHER III  
SAN VICENTE ELEMENTARY SCHOOL

In every competition there's always a winner and there's always a loser. There's always a victory and there's always a defeat. But the one who can really identify who won and who loses is not perhaps the score, nor the umpire and even nor the committee but it is really the athlete who can dictate whether he wins or loses.

Winning rewards, you with physical recognition like certificates, medals, and trophies. These tangible materials identify your victory, but it doesn't represent how you personally recognize yourself. For other winners, these awards are not enough compared to the hard work you put into training and preparation because you still want to achieve higher. Maybe for some, it is not worth it because you won by luck, and you didn't give your best. Also, your winning behavior might not be appropriate to the eyes of the people who witness your match.

Medals doesn't define your success not it doesn't identify how good or bad you are in various sports. But on how you value the story behind that piece of medal matters on the everyone who know your struggles, hardships and the number of mountains you climbed before you reached the victory.

Having no appearance in podium stage, on the other hand, doesn't mean you are not good enough. Remember it's you who define whether you lose or not, based on how to put your full effort during your fight. Your level of enjoyment you experienced during your match can also add meaning of the definition of you self-within winning.

In general, there are different faces on every sports competition, but the highlight of the event is the one who wears the victory mask and the mask of defeat. Hidden in those masks are the real identification of who really wins and who really loses. Since they are wearing those masks, at the end of the day athletes really can differentiate their own victory and defeat.

# Pagbasa: Susi sa Kaunlaran ng ating Bansa

Ni: ARGENTINA E. ORAJAY, TEACHER III  
SAN PEDRO CENTRAL ELEMENTARY SCHOOL

Nasa pagbasa ang pag-asa. At ito ay 100% tumpak. Bilang isang guro, nasa ating mga kamay - kasama ang kanilang mga magulang - ang pagkatuto ng ating mga mag-aaral sa kasanayang ito. Ang pagbasa ay isa sa pinakamahalagang kasayan na kailangan nilang matutuhan dahil ito ay nakakatulong sa atin sa paghahanap at paghahatid ng impormasyon. Ito ay isang mahalagang kasayan na kailangang simulan mula sa pagkabata hanggang sa kanilang pagtanda. Ang kahalagahan ng mga kasayan sa pagbabasa ay hindi maaring bigyang-diin nang sapat. Kung kaya kapag ang isang guro ay nagpapakita ng pag-aalala sa lugar na ito, ito ay may angkop na dahilan.

Sa pagbasa, karaniwang nauuna ang pagkatuto sa pagkabasa sa Filipino bago matutong magbasa sa Ingles. Ito ay dahil mas madaling matutunan ang mga tunog ng titik at mga pangunahing pantig. Karanihan sa mga guro ay sumasag-ayon na ang pagtuturo sa mga mag-aaral sa pagbasa sa Filipino ay mas mabilis kaysa sa pagtuturo sa kanila sa Ingles. Ang mga mag-aaral na nagiging independiyenteng magbasa sa Filipino ay madalas na nauudyok sa pag-aaral na magbasa sa Ingles at malinaw naman, natututo sila kung paano ito gawin nang napakahusay.

Ano pa man ang una nilang matutuhang basahin, hindi maikakailang ang pagbabasa ay maraming pakinabang. Ito ay isang kasayan na kahit na maraming matatanda ay hindi nagagamit nang sapat. Bukod sa pangangailangan ng pagbabasa upang makayanan ang mundo ngayon, napakaraming benepisyo ang maari nitong maihatid sa ating mga mag-aaral - mula sa kanilang pagsisimula sa pagkatuto hanggang sa positibo na pag-unlad ng ating mga mag-aaral.

Isa sa mga benepisyoning hatid nito ay ang pagkaunawa hindi lamang sa isang asignatura kung hindi sa lahat na kanilang kinakailangang maintindihan. Tinutulungan din nito ang ating mga mag-aaral na tumuklas ng mga bagong bagay at turuan ang kanilang mga sarili sa anumang larangan ng buhay na interesado sila. Ang palagiang pagbabasa ng aklat sa halos anumang paksa ay malaki ang maitutulong upang maging mas mayaman ang pagkaunawa ng ating mga estudyante sa isang paksa. Sa pamamagitan nito, malalaman ng ating mga mag-aaral ang tungkol sa kanilang mga interes sa pamamagitan ng pagbabasa ng mga bagay na kinagigiliwan nila.

Bilang karagdagan, hindi maikakaila na ang pagbasa ay napakahalaga sa ating mga mag-aaral dahil ito ay isang kasayan na palaging nating ginagawa, hindi lamang sa paaralan, kung hindi sa iba pa nilang mga gawain o pinagkakalibangan. Kapag nanonood ng telebisyon o pelikula, lahat ng impormasyon ay ibinibigay sa atin sa screen ay maari nating basahin. Kung tayo ay marunong magbasa - wala tayong dapat isipin. Ito ay maging isang natural na proseso nang pagkakatindin. Sa pamamagitan ng pagbasa ng mga salita lamang sa screen ng telebisyon, maiintindihan ng ating mga mag-aaral ang isang mensahe at ito ay nagkakaroon ng buhay sa kanilang mga isipan. Ang pagbabasa ay gumagawa ng mga iba't ibang nakakamanghang bagay upang mapaunlad ang ating pagkamalikhaan at imahinasyon.

Ang pagkatuto sa pagbasa ay nagbibigay ng hindi mabilang na oportunidad sa paglawak ng kaalaman ng ating mga mag-aaral. Ito ay magbibigay ng access sa mundo ng mga salita kung saan ito ay isa sa mga pinakamahasuy na paraan upang mapabuti ang kanilang bokabularyo at mapahusay ang kanilang mga kasayan sa pagbabaybay. Ang mga bagong kaalaman na nakukuha sa pamamagitan ng kasayan sa pagbasa ay kailangang mapanatili upang parehong mapabuti ang kanilang pagsulat at pasalitang kakayahan sa komunikasyon sa pamamagitan ng regular na pagbabasa.

Ang pagtuturo ng pagbasa sa murang edad na ang mga bata ay pinakamadaling maimpluwensyahan ang isa sa mga pinakamainam na paraan upang maging isang positibong kaaranan ang kanilang pagbabasa. Ito ay upang matulong silang bumuo ng isang positibong pang-unawa sa kanilang sarili. Isang paraan para rito ay ang pagtalakayin ang mga bata ng mga kuwento sa kanilang kapwa mag-aaral upang makapagbahagi ng kanilang pagbabasa. Ito ay upang ang mga bagong konsepto, pagtuklas ng mga kapana-panabik na lugar at pag-unawa sa mga pananaw ng iba'y maging susi sa pagbuo ng isang mahusay na imahang kanilang mga sarili.

Ang pagbasa ang isa sa mga pinakamahalagang kasayan na nararapat nating malinang - bilang mga guro - sa ating mga mag-aaral. Kailangan nating itanim sa ating mga mag-aaral na ang pagbabasa ay isang bagay na kasiya-siya at ito ay magagawang pagyamanin ang pagkamausisa at pag-unawa nila sa lahat ng bagay. Maging dalubhasa at aktibong mambabasa sila sa lalong madaling panahon kung ating maipapaunawa na ang pagbabasa ay mahalaga dahil ang mga salita ang bumubuo sa ating buhay upang sila mismo ang maging susi sa pagiging maunlad ng ating sintang bayan.

# Pagpapalakas ng Kasanayan sa Pagbasa sa Unang Baitang

Ni: RODORA R. MANABAT, TEACHER III  
SAN PEDRO CENTRAL ELEMENTARY SCHOOL

Ang pagtuturo sa mga unang baitang na magbasa ay isang kapaki-pakinabang na gawain na napakahalaga sa kanilang edukasyon. Ang pagbabasa ay isang hakbang-hakbang na proseso, na nagsisimula sa pag-aaral ng phonemic awareness at kalaunan ay nagtatapos sa mga bata na hindi lamang nakakabasa ng mga salita ngunit naiintindihan ang kahulugan nito. Ang pagsasanay sa mga bagay tulad ng mga salita sa paningin at mga panuntunan sa palabigkasan ay magbibigay sa iyong mga unang baitang na mag-aaral ng mga kasayanang kailangan nila upang makapagbasa bilang grupo at nang nakapag-isa.

Sa unang baitang karanihan natutukoy ang mga mag-aaral kung sila ay magaling o mahirap na mambabasa. Sa kasamaang-palad, nasa unang baitang din kung saan ang mga karaniwang kasayan sa pagtuturo na hindi naaayon sa mga natuklasan sa pananaliksik. Ang puwang na ito ay makikita sa mga basal na programa na pinakakaraniwang nagagamit sa mga silid-aralan sa unang baitang. Dahil dito, iba't ibang programa sa pagbasa na naka-pokus sa mga bata sa unang baitang ang ginagawa upang lalong mapaghusay ang kanilang kasayan sa larangang ito.

Kaugnay nito, walang kapalit ang isang mahusay na guro sa pagbasa na lubos na nakakaalam kung paano natututo ang kanilang mga batang mag-aaral. Nararapat na malaman ng mga guro kung ano ang ipinapakita ng ebidensya sa loob ng klasrum na pinakamadalas na gagana sa karanihan ng mga bata at kung ano ang nakakatulong sa mga partikular na grupo ng mga bata.

Upang malinang ang kasayan sa pagbasa ng mga bata sa unang baitang, dapat magkaroon ng kakayahan ang mga bata kung paano ihalo ang mga nakahiwalay na tunog sa mga salita; upang magsulat, kailangan nilang malaman kung paano hatiin ang mga salita sa kanilang mga sangkap na tunog. Ang mga mag-aaral sa unang baitang na hindi pa nakakaalam ng kanilang mga titik at tunog ay mangangailangan ng espesyal na pagtuturo ng catch-up.

Bilang karagdagan sa naturang phonemic na kama-layan, ang mga nagsisimulang mambabasa ay dapat na alam ang kanilang mga titik at magkaroon ng isang pangunahing pag-unawa kung paano ang mga titik ng mga salita, mula kalilaw hanggang kanan, ay kumakatawan sa kanilang mga tunog. Ang mga silid-aralan sa unang baitang ay dapat na idinisenyo

upang matiyak na ang lahat ng mga bata ay may matatag na pagkaunawa sa mga pangunahing kaalaman katulad ng mga alpabeto, ABAKADA, sight words, atbp. bago magsimula ang pormal na pagtuturo sa pagbasa at pagbabaybay.

Sa unang bahagi ng unang baitang, ang mga materyales sa pagbabasa ng isang bata ay dapat na nagtatampok ng mataas na proporsyon ng mga bagong salita na gumagamit ng mga ugnayang tunog ng titik na itinuro sa kanila. Walang saysay na magturo ng mga diskarte sa pag-decode at pagkatapos ay ipabasa sa mga bata ang mga materyal kung saan hindi gagana ang mga diskarteng ito. Bagama't hindi tinukoy ng pananaliksik ang eksaktong porsyento ng mga salitang dapat matukoy o matutugunan ng mga bata, malinaw na ang karanihan sa mga bata ay matututong magbasa nang mas epektibo sa mga aklat kung saan mataas ang porsyentong ito.

Ang mga tekstong binabasa ng mga bata ay kailangang maging kasing interesante at makabuluhan hangga't maaari. Gayunpaman, sa mga unang yugto, ito ay mahirap. Imposibleng magsulat ng nakakaakit na kathang-isip na may limang titik na tunog lamang. Ngunit ang isang makabuluhang konteksto ay maaaring malikha sa pamamagitan ng pag-embed ng decodable na teksto sa mga kuwento na nagbibigay ng iba pang mga suporta upang bumuo ng kahulugan at kasiyahan.

Halimbawa, ang ilang mga teksto sa unang bahagi ng unang baitang ay gumagamit ng mga larawan upang kumatawan sa mga salita na hindi pa ma-decode ng mga mag-aaral. Ang iba ay may kasamang teksto ng guro sa bawat pahina, na binabasa ng guro, magulang, o iba pang mambabasa, na nagsasabi ng bahagi ng kuwento. Sa pagitan ng dalawang uri ng teksto, masasabi ang isang makabuluhan at kawili-wiling kwento.

Ngunit gaya ng nabanggit kanina, kailangang hasain ang wika at kahusayan sa pagbasa sa isang kaukulang lebel upang magamit ito nang maayos. Ang pagtuturo ng pagbasa sa unang baitang ay isang krusyal na proseso na tutukoy sa magiging kalinangan ng kahusayan ng isang mag-aaral sa kanilang mga susunod pa na gawain. May matibay na relasyon ang pagbabasa at pagsusulat, sapagkat hindi maaaring umiral ang isa kung wala ang isa pa. Habang umuunlad ang ating kakayahan sa pagbabasa ay inaasahang umuunlad din ang ating kakayahan sa pagsusulat. Bilang mga guro ng pagbasa sa unang baitang, ating patuloy na linangin at patibayin ang pundasyon ng kanilang pagbasa upang patuloy ang kanilang pag-unlad patungo sa kinabukasang may pag-asa.

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Hospitalization!!

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# Paalaala kaugnay ng nalalapit na 2023 Barangay Elections

NI RUBEN E. TANINGCO

SAN PABLO CITY, Laguna – Kaugnay ng nalalapit na Barangay and Sangguniang Kabataan Elections (BSKE) na nakatakdang sa Oktubre 30, 2023, sa tagunilin ni Alkalde Vicente B. Amante, ay pinasisimulan na ni Executive Assistant Kristine Anne A. Picazo ang masiglang pagpapalaganap ng mahahalagang impormasyon ukol rito.

Ipinapalaala ni Picazo na batay sa Resolution No. 10899 ng Commission on Elections, ang Election Period ay simula sa Hulyo 3 hanggang Nobyembre 14; ang paglalagay ng kandidatura o filing of certificate of candidacy ay sa Hulyo 3 - 7; ang panahon ng hayagang kampanyahan o campaign period ay sa Oktubre 19 - 28; at ang Araw ng Botohan ay sa Oktubre 30, 2023, simula sa ika-7:00 ng umaga hanggang ika-3:00 ng hapon.

Bawal ang hayagang pangangampanya sa Oktubre 29 na araw ng Linggo.

Ang mga magsisipagwagi sa halalan ay magsisimulang manungkulan sa Nobyembre 30, 2023, gaya ng nakatahdana sa Republic Act No. 11935.

Dagdag pa ni Picazo, ang isa sa mahalagang dapat maunawaan ng mga nagnanais magkandidato upang maging Chairperson o Member ng Sangguniang Kabataan, na binabawalang magkandidato ang may kamag-anak na humahawak ng tungkuling halal (o incumbent elected official) sa lahat ng antas ng pamahalaan, kaya hindi pahihintulutan magkandidato ang mga kabataang malapit na kamag-anak o within second civil degree of consanguinity or affinity ng isang senador, o ng isang

kongresista, o ng isang gobernador, o ng isang bokal, o ng isang alkalde, o ng isang konsehal, o ng isang punong barangay, o ng isang kagawad ng sangguniang barangay.

Ang itinuturing na malapit na kamag-anak ay anak o manugang; kapatid o bayaw/hipag; at apo ng isang pinunong halal, paalaala ni Picazo.

Ang may karapatang magkandidato para sa posisyon sa Sangguniang Kabataan ay isang rehistradong botante ng Katipunan ng Kabataan na may gulang na 18, subalit hindi lalampas sa gulang na 24 taon sa Oktubre 30, 2023.

Ipinapansin ni Picazo sa mga magsisipagkandidato ang paalaalang payo ni dating COMELEC Spokeperson James Jimenez na ang sampong-araw na kampanyahan ay hindi dapat gawaing magugol o expensive, at hindi dapat haluan ng inuman, sa halip, ang ipabatid sa mga manghahalal ay ang mga palatuntunang pangkaunlaran na kanyang binabalak para sa pamayanan.

Ang dapat lamang gugulin ng isang kandidato ay hindi dapat hihigit sa Ph5.00 para sa bawat botante, kaya kung sa barangay ay mayroong 2,500 rehistradong botante, ang magugugol sa siyam na araw na kampanyahan ay hindi dapat humigit sa Ph12,500.00, at sa halagang ito ay kasama ang gugol sa pagpapalimbag ng mga campaign material. At ang huling araw para sa paglalagay ng "Statement of Contribution and Expenditures (SOCE)" ay sa Nobyembre 29, 2023.



PICAZO

## Selected NCAA players to be part of GMA TV series "LUV IS: Love at First Read"

GMA 7's upcoming tv series "LUV IS: Love At First Read" which stars Sparkle love team Kylene Alcantara and Mavy Legaspi will be joined by several NCAA heartthrobs with the likes of Kyle Tolentino, Prince Carlos, and Danielle Mallari. Kyle Dominic P. Tolentino is the son of former basketball player for CSB Blazers and MPBL head coach Marikina Councilor Elvis Tolentino. He is also the grandson of PBA legend Loreto "Ato" Tolentino who earned his moniker Mr. Hotshot during his PBA days. Being a basketball player and playing for the NCAA and the son of a City Councilor and basketball coach, the expectations for a young lad are genuinely there. That is why by no means, this heart-throb athlete from Letran Knights is doing his best to meet everyone's expectations with his stature.

Born Kyle Dominic P. Tolentino on September 25, 2001 in New York, USA to Marikina City Councilor Mr. Elvis Tolentino and Ms. Aileen Tolentino, the 6-foot-3 cager is currently playing for Colegio de San Juan de Letran as a college student. He won as back-to-back champions for the Letran Knights in seasons 97 and 98. He also plays for the Marikina Shoe-



### MOMENT OF TRUTH

-- Paolo Manuel C. Fule --

landers for BallOut Founder's Cup which is also an NCR Division Champion this year.

Born Ray Rogil Benedict Carlos on June 13, 2000 in San Juan City to Mr. Roel Carlos and Ms. Olive Carlos, the 5-foot-11 combo guard is currently playing for the CSB Blazers in NCAA season 98. Prince Carlos can also be remembered as the young kid in a television commercial for Milo alongside Kiefer Ravena and Chris Tiu. Asked how he manages his studies and sports, "As much as possible, I make sure that I do all my school works at school, so that when I go home after practice, I don't have to do anything else but eat and rest", quipped the handsome cager from Benilde.

Prince loves playing sports and aside from basketball, he is also into swimming, football, volleyball and a lot more. His idols in the PBA are Jayson Castro and Alex Cabagnot while in the NBA, he likes Kyrie Irving and Ste-

phen Curry because of their capabilities of making plays for their teammates and at the same time they are also able to make plays for themselves. He also idolizes Chris Ross and John Wall for their defense.

Born Danielle Kelsey Mallari on January 7, 1998 to Mr. Henry Mallari and Ms. Rachel Mallari, the 6-foot-3 cager plays for the Arellano University Chiefs and is taking up BSESM. He plays the shooting guard/small forward positions. He came from Sydney, Australia. Aside from basketball, he is also into other kinds of sports like Oztag and soccer. Dani, as he is fondly called, showed his mettle inside the hard court in his season debut for the Arellano Chiefs in NCAA season 98.

Photos courtesy of Angela Davocol and Teddy Mansala.

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## CORAMBLAN FESTIVAL NG ALAMINOS ILALAHOK SA ANILAG FESTIVAL



Nagsagawa ng pagpupulong noong Huwebes ng hapon ang Municipal Tourism, Culture and Arts Council (MTCAC) na pinangasiwaan ni Municipal Government Environment and Natural Resources Officer Ariane N. Avenido-Torres, na designated na Municipal Tourism Officer, kung kailan pinagtibay ang "music and dance" na ilalahok ng bayan ng Alaminos sa ANILAG Festival na muling itataguyod ng Provincial Government of Laguna sa Marso 11 - 18, 2023 sa Santa Cruz. Hindi kaagad napaghandan ito dahil sa ng ganapin ang CORAMBLAN Festival noong nakaraang Oktubre ay mga "economics and arts exhibits" lamang ang itinampok, at walang "Mardi Gras-Style Music and Dance" bilang pagsasaalang-alang sa health protocol na ipinatutupad noon ng Inter-Agency Task Force (IATF), na ngayon ay pinahihintulutan ng itampok o maging bahagi ng pestibal. (RUBEN E. TANINGCO)

## Bagong Los Baños Awarding Ceremony of Starter Kits for Newly Graduated Skilled Workers



Isinagawa ang Awarding Ceremony of Starter Kits ng Pamahalaang Bayan ng Los Baños, sa pangunguna ni Mayor Anthony "Ton" F. Genuino, para sa newly graduated skilled workers ng Public Employment Services Office o PESO. Kabilang rito ang:

- 28 welders sa ilalim ng Shielded Metal Arc Welding (SMAW),
- 22 IT students sa Computer System Servicing (CSS),
- 22 tailors sa Garment Training, at 17 therapists sa Hilot Program. Ginawaran din sila ng Starter

Kits na makatutulong sa kanilang bagong larangan. Sa mga Welder ito ay naglalaman ng welding machine na may kumpletong peripherals at protective goggles, welding apron, welding gloves, at safety shoes. Para naman mga IT students, ito ay may computer programming tools at repair tools. Ang skilled workers ng garments ay nakatanggap ng portable sewing machines at dress making tools. At para sa therapist graduates, nakakuha naman sila ng hilot wellness status cope, virgin coconut oil at cotton.

Sa kanilang pagtatapos ay nag-iwan ng mahalagang mensahe ang butihing Alkalde sa mga Ka-LB skilled workers. Ayon kay Mayor Anthony "Ton" F. Genuino, ang totoong pagsubok ay hindi natatapos sa pag-aaral; magpapatuloy ang hamon sa kung ano ang gagawin nila sa skill na natutunan dahil ito ang magdidikta ng kanilang tadhana.

Samantala, dinaluhan din ng nasabing programa ni Vice Mayor Josephine "Baby" Sumangil-Evangelista at ng iba pang Sangguniang Bayan Members bilang pagsuporta.

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